ARCH Voucher Learning Collaborative

Respite Rx: What Caregivers Need Now *with Cheryl Dinnell, Program Coordinator, Nevada Aging & Disability Services Division*

October 27, 2020

Welcome to the Voucher Learning Collaborative

Learning Collaborative Leaders:

Nadine Walter, Lifespan Respite Grant Manager, Aging Services, OKDHS

Robyn Boswell and Aietah Stephens, Sooner SUCCESS, OK

Tracy Kahlo, PAVE and Lifespan Respite Washington

Voucher Learning Collaborative Archived Calls, Webinars and Resources

https://lifespanrespite.wildapricot.org/Voucher-Learning-Collaborative

2018 Voucher Survey Results

https://lifespanrespite.wildapricot.org/resources/Documents/Voucher_Learning_Collaborative/National%20Respite%20Survey%20Report.pdf

Agenda

- Introductions and Polling Questions
- Organizational Meeting
  - Collaborative leaders
  - Discussion on future focus areas
- Presentation by Cheryl Dinnell, Nevada Respite Rx Program Coordinator
- Q&A and Member Updates

Steve Sisolak
Governor

Richard Whitley
Director

State of Nevada

Department of Health and Human Services

Respite Rx: What Caregivers Need Now

Nevada Aging & Disability Services Division

Cheryl Dinnell, Program Coordinator

10/26/2020

Helping people. It's who we are and what we do.

Purpose of Respite Rx

- Self-Directed, Flexible, Person-Centered
- Regular Dosage of Respite (2-4 hours per week on average)
- Effective Respite (realize benefits from respite)

Experience of Implementation

Would Caregivers Accept Respite, Use it, Value it?

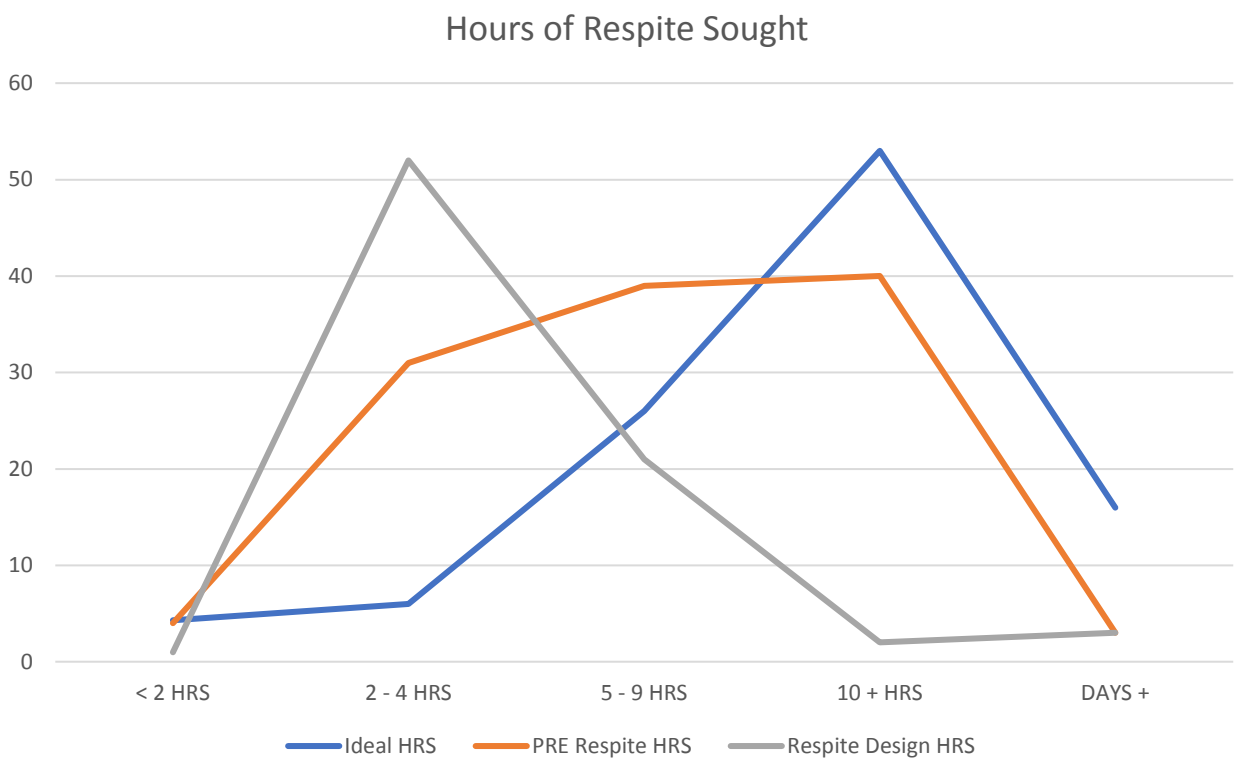
Whom Do We Serve?

- Eligibility based on CARE RECIPIENT?
- "DOUBLE-DIPPING" Respite?
- CHOSE between Respite and other services?

"It was nice to have someone ask about me. I don't think anyone has ever asked before."

Respite Hours

Demand for respite hours changes from application to tailored respite planning.

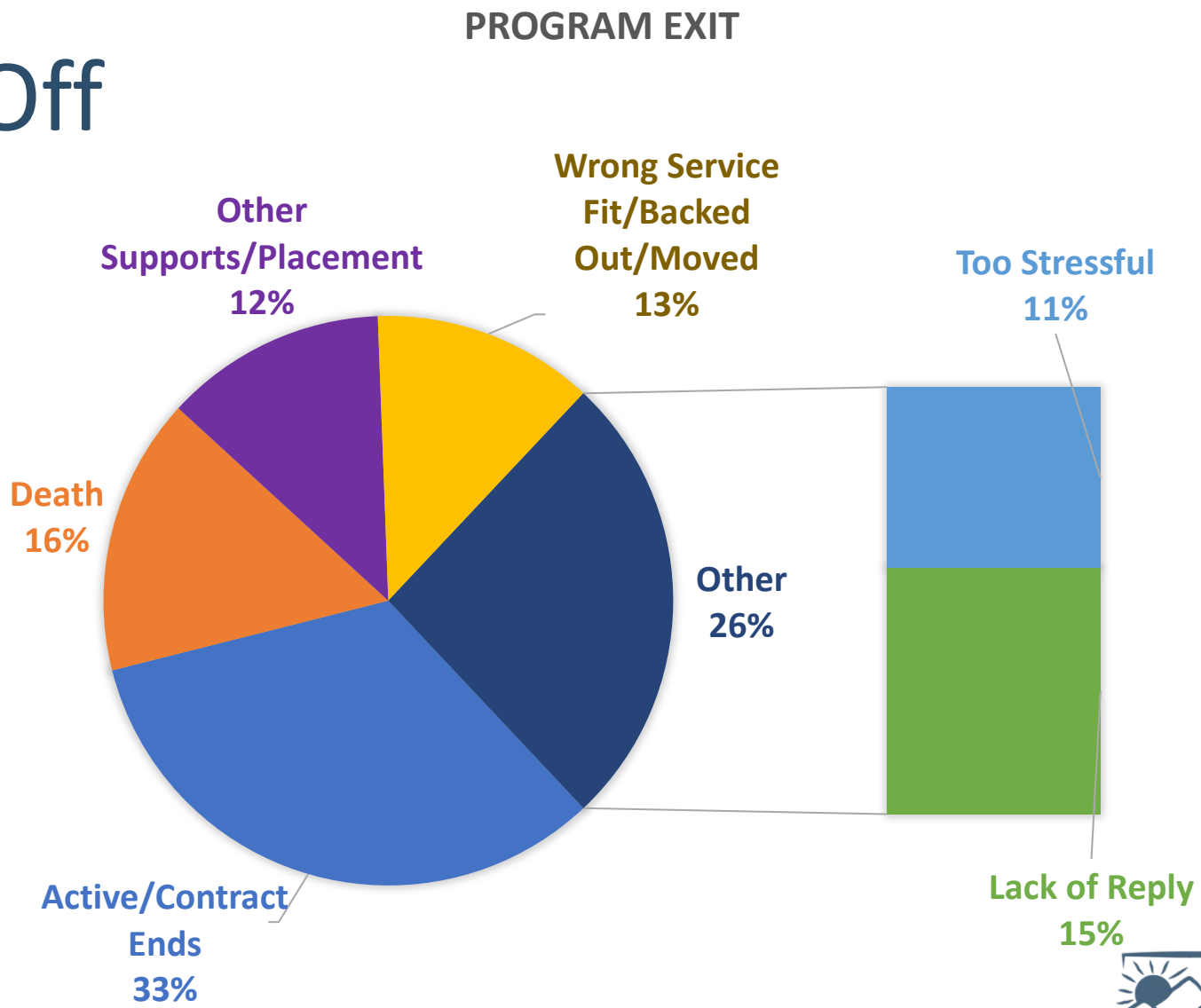


Negotiated Rate of Pay

Drop-Off Rate

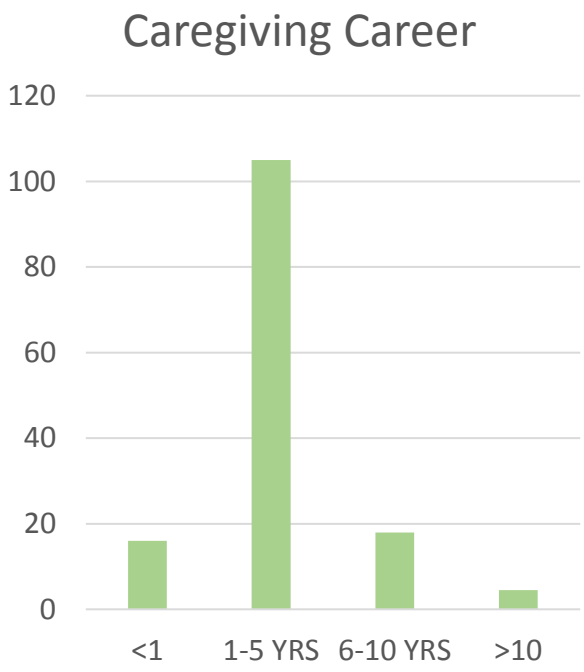
What Drives Drop-Off Rate?

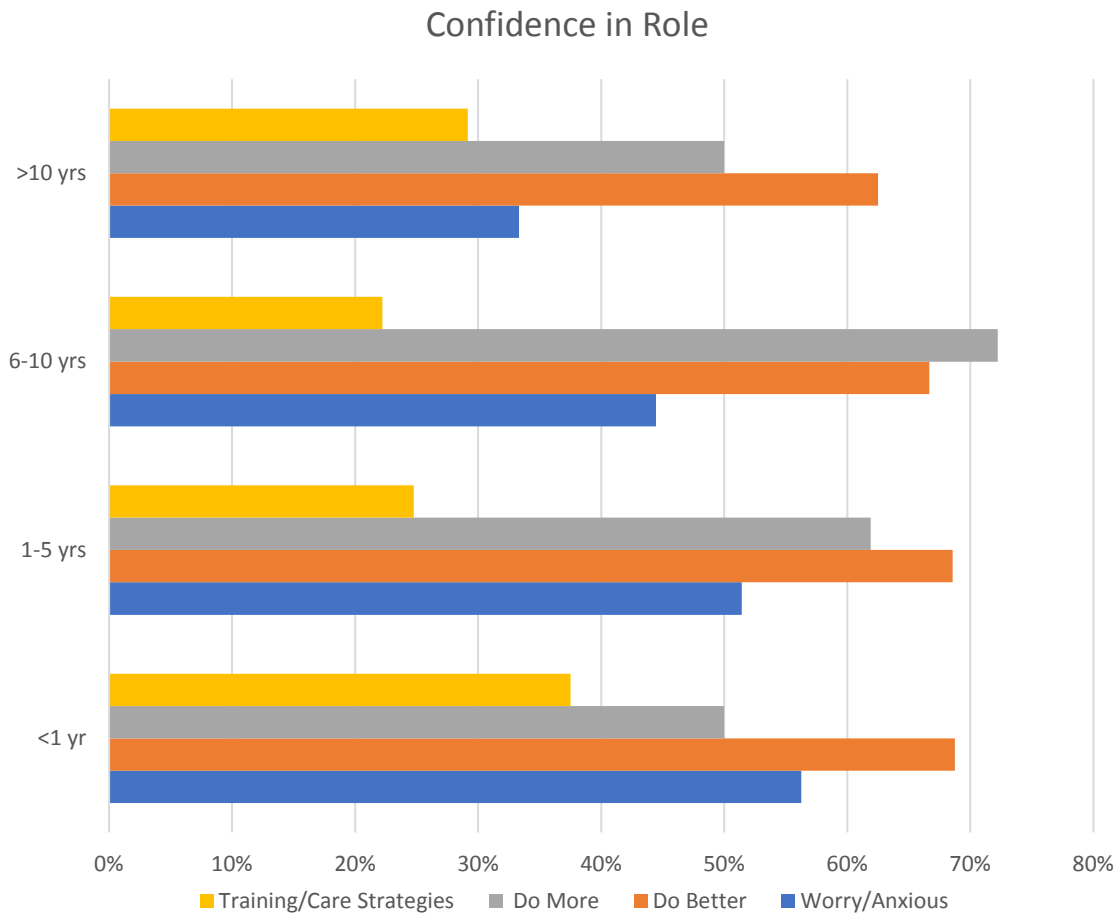
How Do We Address It?



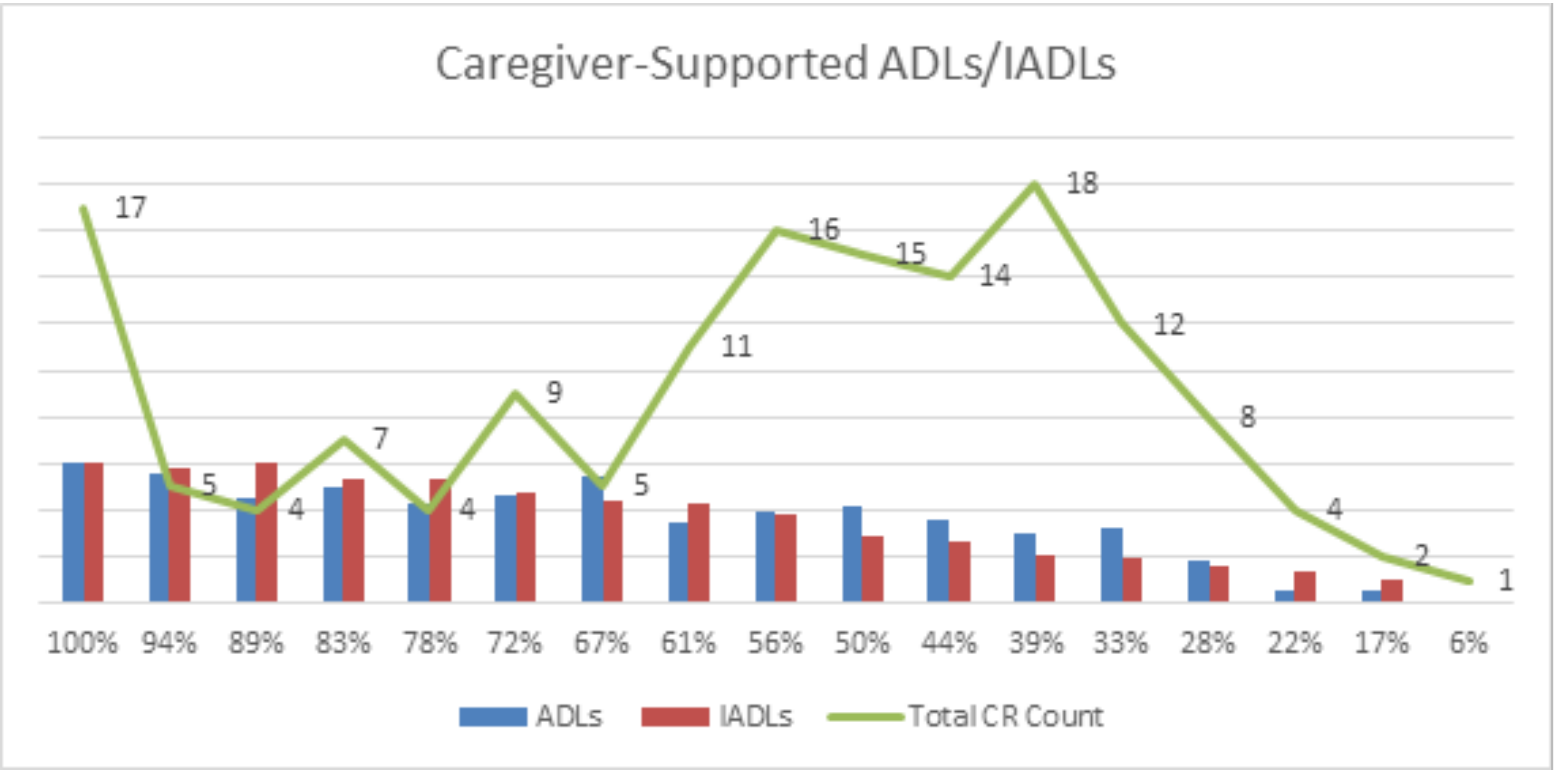
Committed to Caregiving

64% of participants have been caregiving long-term.

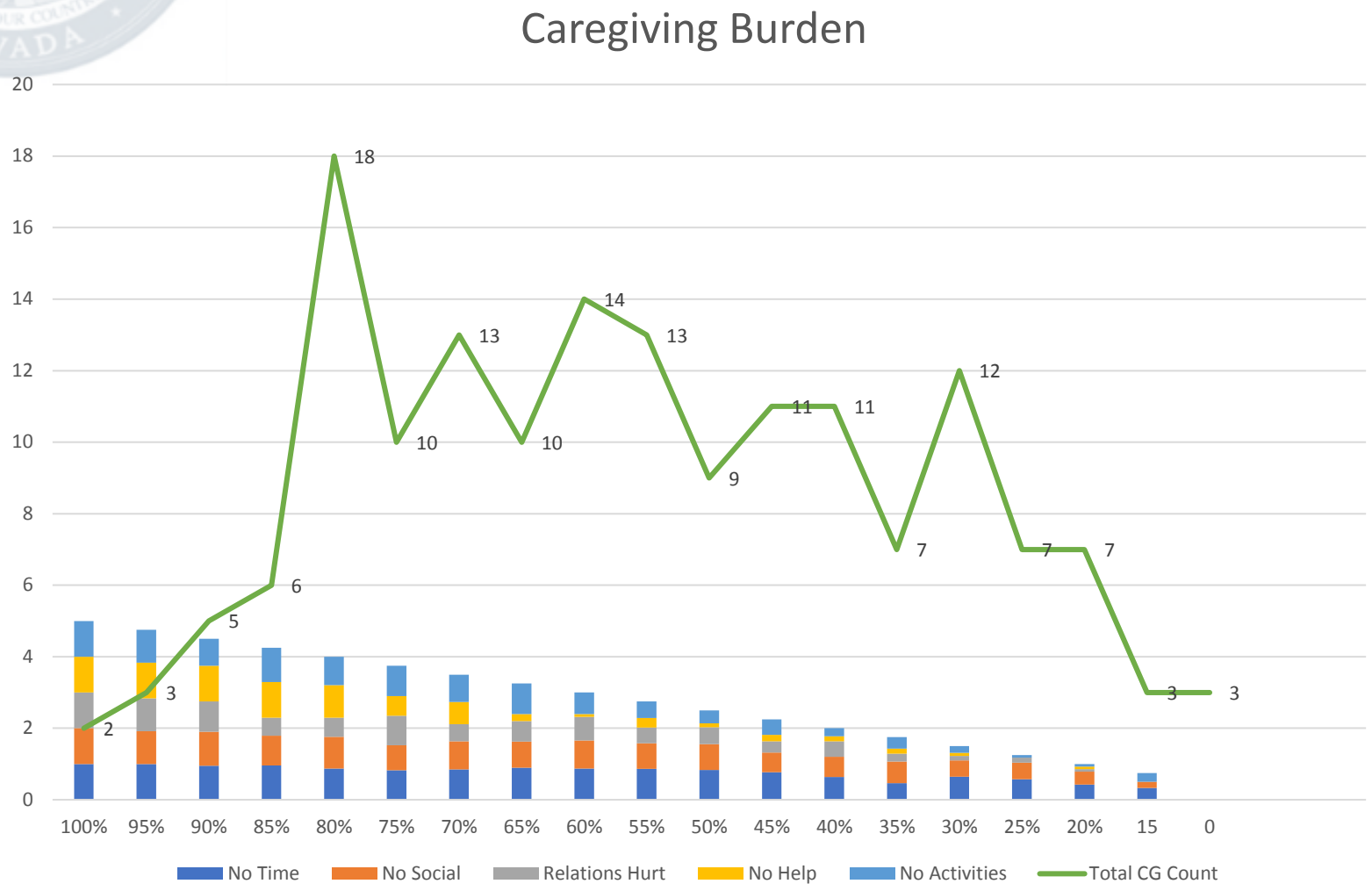




Levels of Care



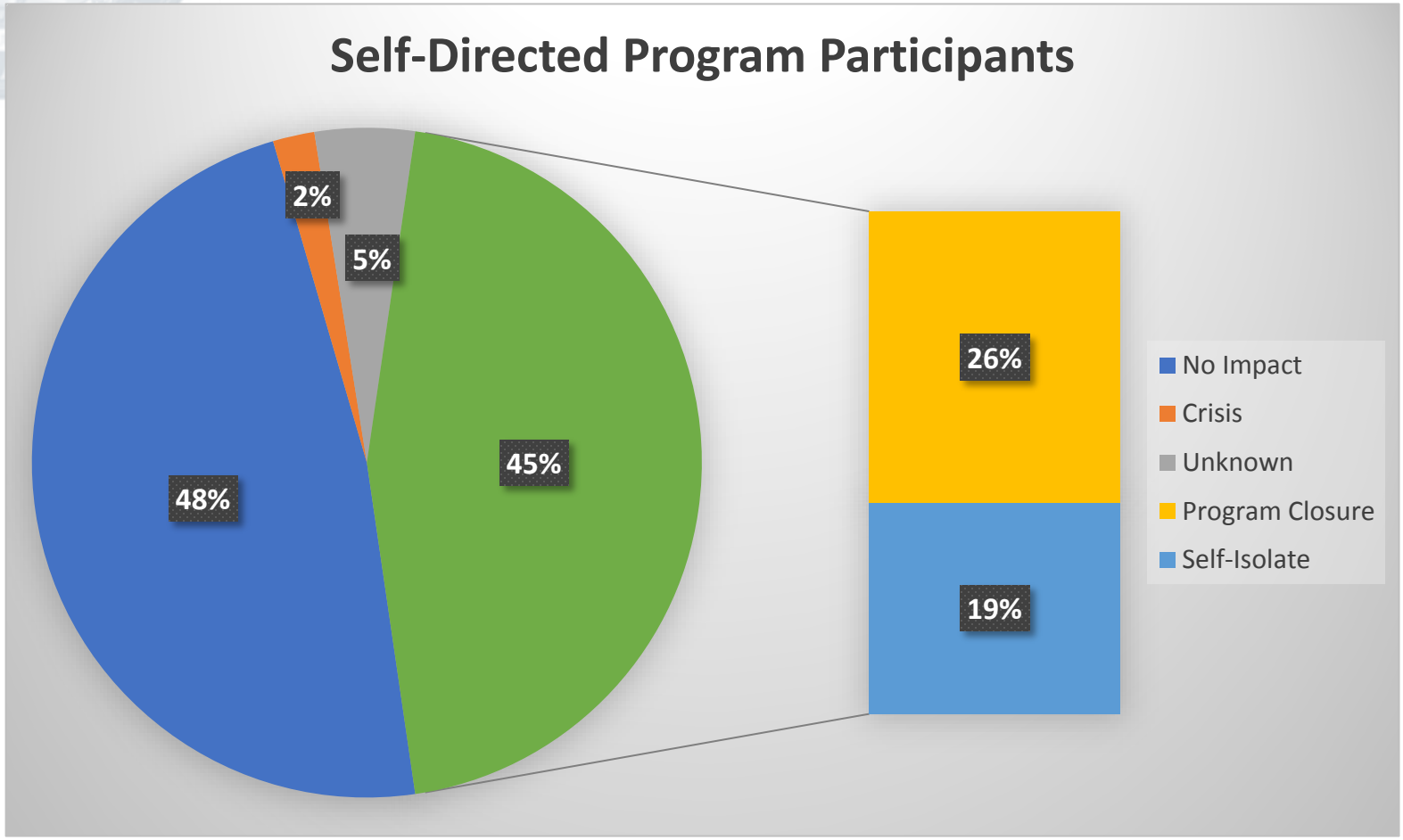
“Longing with Sadness”



Loneliness

Respite creates opportunities to fight loneliness.

COVID-19 Impacts



Loneliness, the Shadow Pandemic

"Loneliness grows in the gap between the social life you want and the social life you actually have."

Health Literacy

Capacity of Individuals to obtain, process, and understand basic health information and services needed to make appropriate health decisions.

Contact Information

Jamie Ahumada

No Wrong Door Coordinator

JAhumada@adsd.nv.gov

775-684-5881

Cheryl Dinnell

Respite Rx Program Coordinator

CDinnell.contractor@adsd.nv.gov

775-401-4163

www.NevadaCareConnection.org