

ARCH Sustainability Planning Learning Collaborative

**Creating, Repairing, Reviving,
and Sustaining
Lifespan Respite Systems**
A Sustainability Planning Framework



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A Sustainability Planning Framework

7 Essential Elements

for

Creating, Repairing, Reviving, and Sustaining Lifespan Respite Systems



#1. Foundation of Sustainability Leadership

- Recruiting leaders
- Mentoring leaders
- Supporting leaders
- Sharing leadership
- Building teams
- Succession planning

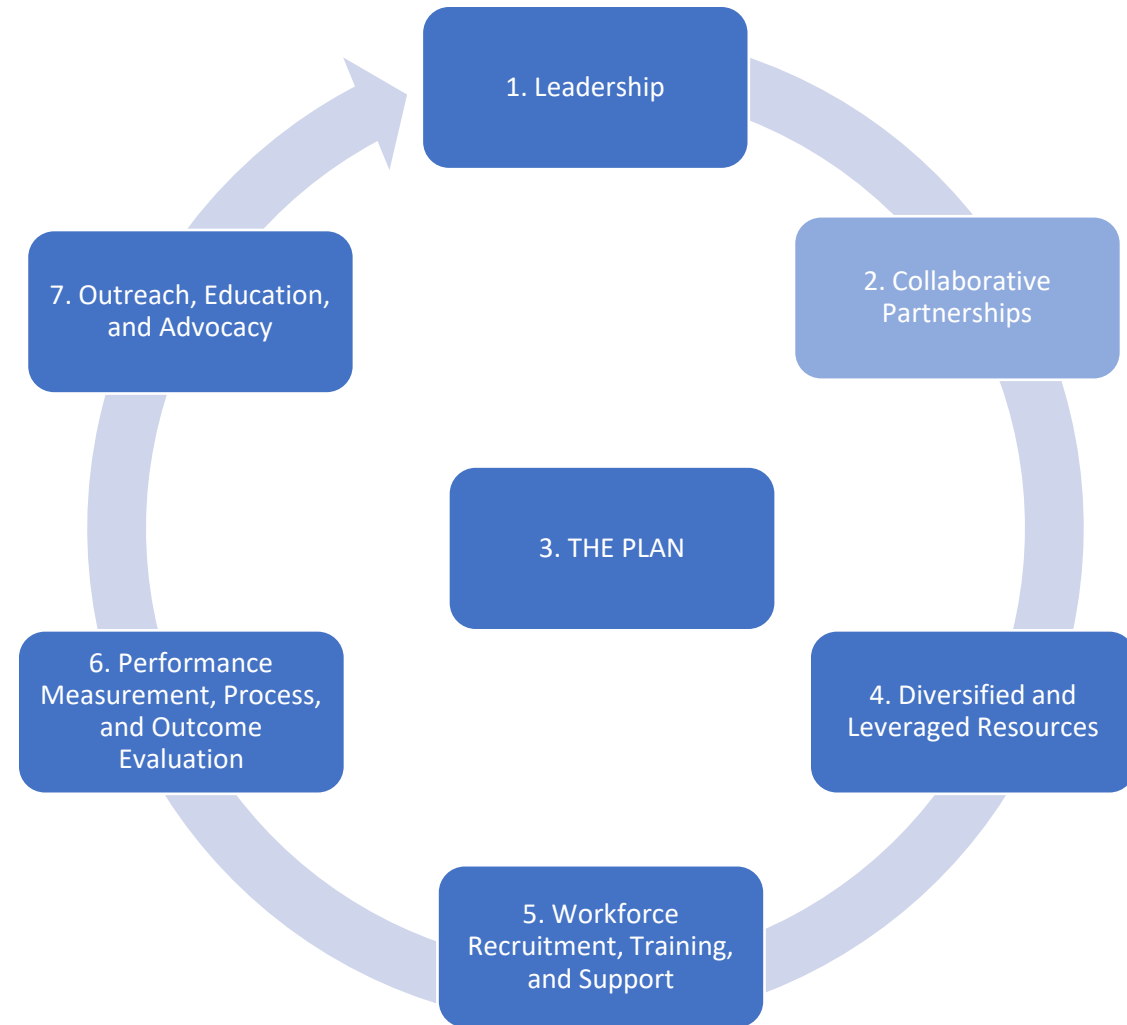


#2. Foundation of Sustainability

Collaborative Partnerships

- State Agencies/Systems Building and Repairing
- Formal partnerships (MOAs and MOUs)
- **State Coalitions***
- Grassroots Partnerships
- Leadership Teams
- Planning Groups
- Work Groups
- Evaluation Groups

* Grantees identified as top priority when surveyed



#3. THE PLAN

- Assessing needs and resources
- Committing to a collaborative, iterative*, and recursive** process
- Identifying and clarifying a shared vision and collective purposes
- Identifying what you wish to sustain
- Logic Modeling (including goals, strategies, and actions corresponding to shared vision and purpose)
- Facilitating *and* writing *and* revising the plan

*Iterative means to repeat steps of the process to help you get closer to useful solutions

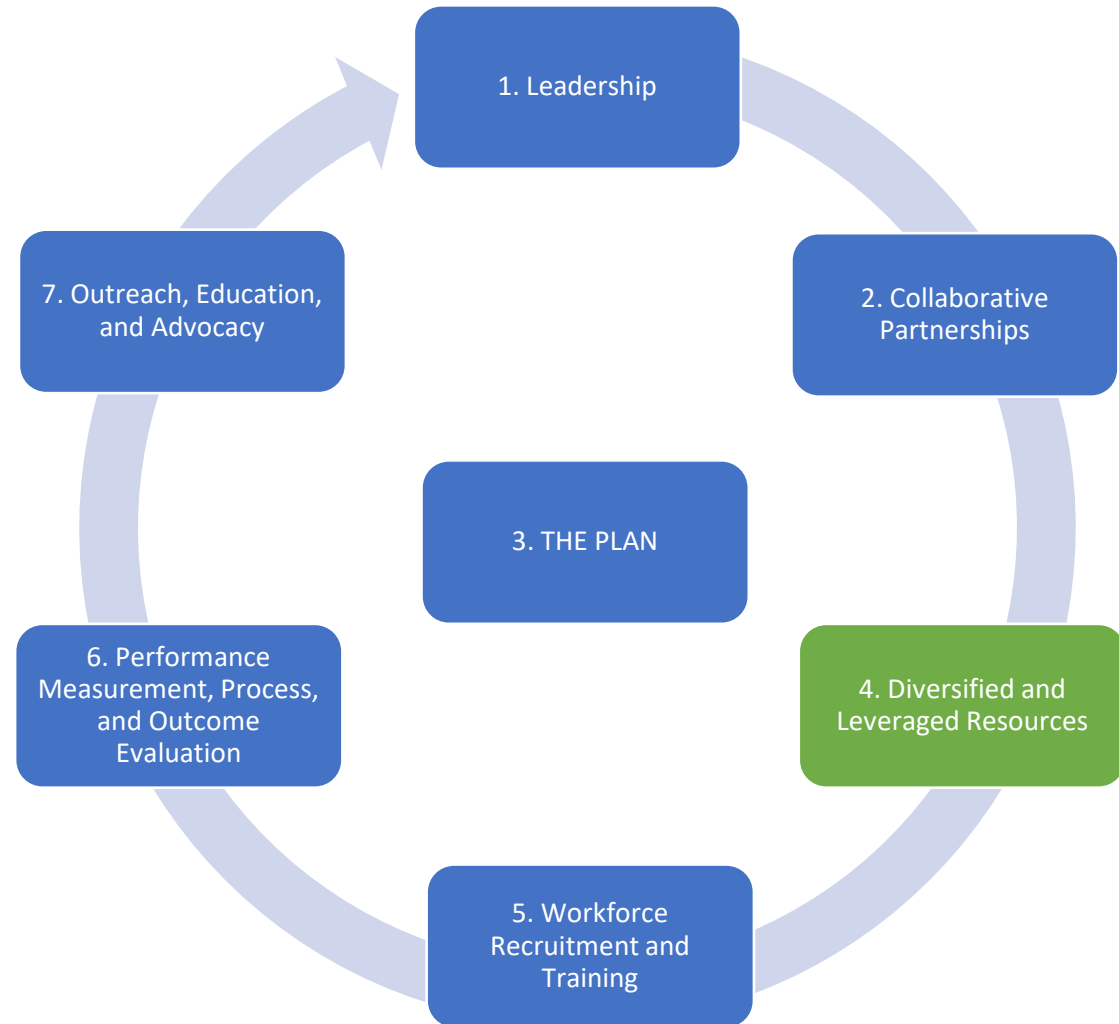
**Recursive means to keep circling back and make successive attempts to understand an issue, address it, and resolve it



#4. Elements of the Plan

Diversified and Leveraged Resources

- Multiple funding sources
- Shared time, space, personnel, material
- **Volunteer and Faith-Based respite service models***
- Innovative and Exemplary Programs and Services
- Local Funding Initiatives
- Permanent funding sources
- **Grantees identified as top priority when surveyed**



#5. Elements of the Plan

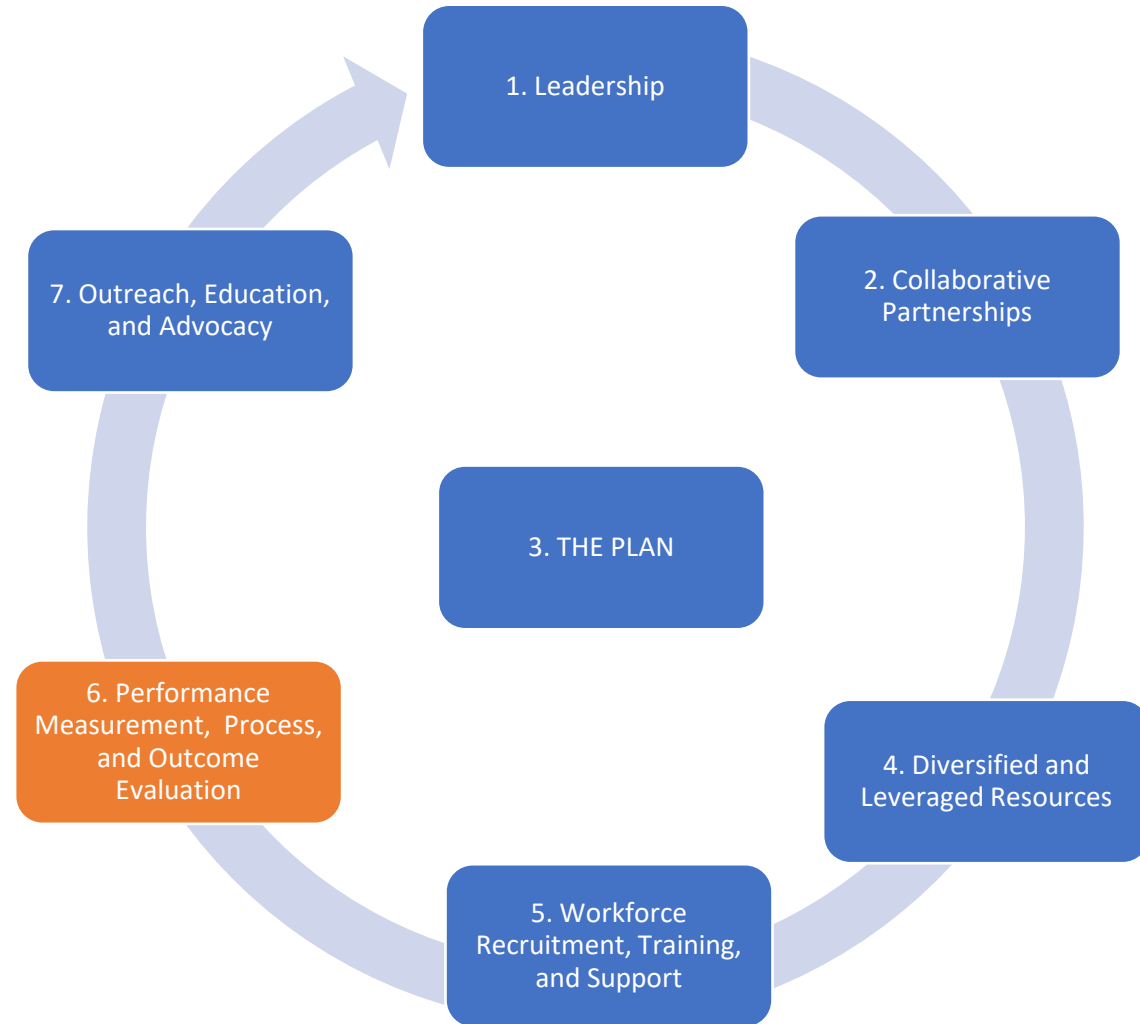
Workforce Recruitment, Training, and Support

- Evidence-based or -informed standards
- Innovative and Exemplary Practices
- Core competencies
- Training initiatives
- Models of recruitment, matching, supervision, and support
- College and university-based training programs



#6. Elements of the Plan *Performance Measurement, Process, and Outcome Evaluation*

- Formal Evaluation Plan, identifying clear purposes and audiences; and specifying mixed methods to measure performance, processes, and outcomes, corresponding to Sustainability Plan Logic Model
- Designated Evaluation Team
- Consider outside evaluator
- Regular data collection and dissemination
- Using data to inform change
- Focused studies



#7. Elements of the Plan *Outreach, Education, and Advocacy*

- Clear and effective messaging for multiple audiences
- Outreach and access: Technology reach (single access point)
- Outreach and access: Human reach (navigation, and warm handoffs)
- Data that show the progress, merits, and costs-benefits of respite programs and services
- Targeted white papers and policy initiatives
- Legislative change
- Strengthen advocacy network (Partners in Policymaking)



Take Aways for Sustainability*

- ❖ THE PLAN serves as a living guide, inspiration, and marker
- ❖ Before you can plan, you must make and keep friends within and outside your organization
- ❖ With those friends, plan on doing something meaningful, useful, and gratifying to all involved
- ❖ Among those friends, make sure caregivers fully belong and participate
- ❖ Be organized and transparent
- ❖ As you plan, and as you do meaningful and useful work, keep track of what you do, and share what you learn
- ❖ Keep circling back to make adjustments to your plan and to your work, and to celebrate your accomplishments

*Susan's observations



Questions for the Sustainability Planning Learning Collaborative:

- Are these categories the most important and useful distinctions to make to understand how to go about sustainability planning at the state level?
- Does this framework adequately address systems building, systems change, and systems coordination?
- How would you change this model to make it more understandable and accessible to colleagues at all levels of expertise and experience in the Lifespan Respite Network?
- What contributions could you make to colleagues through teaching (Webinars), sharing information, mentoring?
- What else should I ask you about sustainability and your work?

What are your key take-aways about sustainability given your experience and expertise?

❖ (Learning Collaborative members generate ideas)