



**Office for  
the Aging**

# **Sustainability Planning in New York State**

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**June 24, 2022**

# Sustainability Planning

*Sustainability planning is acknowledged to be a dynamic process, taking into consideration of an ongoing environmental scan to identify the current and future status of funding, policies, consumer needs, implementation barriers/challenges, and expansion opportunities.*

# Sustainability Planning: Goal and Purpose

## Goal

To connect statewide partners to exchange knowledge, expertise, and ideas; leading to the development of an initial statewide strategy for sustaining the respite care system in NYS.

## Purpose

Strengthen state and community partnerships to sustain Lifespan Respite activities; develop strategies to maximize the use of existing respite resources; identify and leverage new respite funds; engage in sustainability planning; and generate innovative activities for future development.

# Sustainability Retreats

- Formed sustainability planning workgroup
- New York State Lifespan Respite Core Team Members
  - NYS Office for Aging (NYSOFA)
  - Monroe County Office for Aging (MCOFA)
  - NYS Caregiving and Respite Coalition (NYSCRC)
- Core Team met annually beginning in 2018
- Used ARCH Toolkit to guide retreats

# Sustainability Retreat - Objectives

1. To examine the effort in coalition building through NYSCRC including opportunities for membership expansion and enhanced engagement.
2. To review sustainability self-assessment core elements and score the progress indicated in the self-assessment.
3. To discuss performance measures to evaluate progress in planning and implementation.
4. Develop action steps toward a statewide sustainability plan.
5. Identify state-level policy and program needs related to respite care services for children, adults, and an aging population to increase advocacy capacity.
6. Strengthen state and community partnerships for advocacy efforts for caregivers across the lifespan.
7. Identify potential challenges to sustainability.

# Sustainability Retreat - Outcomes and Deliverables

- Development of:
  - Sustainability roadmap
  - Sustainability logic model
  - Financing strategies logic model
  - Sustainability Summit advocacy priority areas

# Sustainability Summits

- Core Team held two statewide sustainability summits
- **Purpose:** to solicit feedback and establish advocacy priorities to guide future sustainability work

# Final Product:

## A Written Sustainability Report

- Reflective of work that has been accomplished
- Living, breathing document
- Resulted in another retreat
  - Focus on action planning for future and make additions to products developed at the previous retreats.



# Continuing the Sustainability Plan

# Retreat #4

- April 2022 – Rochester, NY
- Core Team members present
  - NYSOFA, MCOFA, NYSCRC
- **Goal:** Support ongoing development and implementation of a statewide action plan for sustaining the respite care system across the lifespan.

# Retreat #4 - Objectives

1. Review outcomes of sustainability summit of October 2021.
2. Examine the effort in ongoing coalition building.
3. Assess the impact of COVID-19 on current needs and activity planning.
4. Review and revise the lifespan respite sustainability planning components.
5. Develop next action steps toward ongoing sustainability plan implementation.

# Coalition Membership

- Discussion around membership
  - Mission, vision, and goals
  - Structure and fees
  - Resources needed

# Business Plan

- Discussed differences between:
  - Strategic plan
  - Sustainability plan
  - Business plan

# Future Funding Opportunities

- Significant progress since our first retreat where it was a struggle to think of funding opportunities
  - AmeriCorps Grants
  - Health Foundation of Western and Central New York; Wilson Foundation
- Brainstorming around future funding sources

# Sustainability Logic Model

- Revised existing logic model
  - Indicators Added
    - Caregiver Wellness and Respite Center (CWRC) Pilot Project
  - Activities Added
    - Respite Voucher Program Implementation
    - Employed Caregiver Survey
  - Performance Measures Added
    - NYSCRC membership fees
    - Post-training and post-respite survey data
    - Use of TCARE Assessment
    - Voucher utilization and follow-up survey data
    - Caregiver Simulation post-survey data

# Financing Strategies Logic Model

- Revised financing strategies logic model
  - Performance Measures Added
    - Voucher utilization and post-surveys
    - CWRC Pilot Project
    - NYSCRC Business Plan
  - Adjusted funding levels – removed lowest funding levels



# Next Steps

1. Coalition membership update
2. Committee restructuring
3. August Conference (2022) Planning
4. Sustainability Summit (2023) Planning
5. New Opportunities

# Any Questions?



