The dream provides direction. Ideals, values, orientation.

Unrealistic? Listen for what is under the words. Powerful, identity, what is important.

Planning the Next 6 Months:

1. Committing to the First Step
2. Building Strength
3. Enrolling People to Enlist
4. Identifying Ways to Enroll
5. Verifying What is to Be Done
6. Commanding to Compel
7. Planning the Next 6 Months
8. Following the Dream

The energy to follow a path comes from the tension between where you are now and where you want to be in the future. Focus the process on action. What will you have to do? By what day? Who does what, when?

Describe where you are now. What is the present like? “Now” versus the image of success in the future.

Negotiate an exchange with those who will not enroll or… find a way around them! Be specific!

What skills do you need to develop? What relationships do you need to maintain?

To succeed, you must have the strength to endure the wait, the disappointments and to regroup & redirect.

Who will support you in this step? How will you ask for their support?

Check for blocks. To accomplish what you want in the next three months, you will have to take action now—what will you have to do?

Use the dream to sense the goal. Imagine that you have worked toward your dream. Describe the changes that have resulted as if they are real. What has happened? What have you done? What does your life look like? How does it feel?

Possible & Positive Sensing the Goal

Take action toward what you want to create.

What steps do you have to take over the next six months? Who will do them?

Moving from THINKING to ACTION requires commitment to a clear 1st step. What is the biggest barrier to taking the step?

Now, how do you feel? Use pictures and words to describe the "Now". How are you feeling now? What reactions do you have when you are in the future you are creating?

Feelings that describe your reactions when you are in the future of success. What is the present when you are in the present of success? How does it feel? What do you need to do? What can you do to make it happen? What will you need to accomplish?

Focus the process on action. Who do you need to talk to? How do you need to organize your work? What do you need to prepare? What do you need to research? What do you need to create? What will you need to do?

Who controls the resources necessary for success? Who do you need to help you?

Talk about the differences between how you feel today and one year from now. Feelings that describe your reactions when you are in the future of success.