

Respite LTCC Northern Work Group
November 17th, 2016
11:30-12:00
Norfolk, Nebraska

Attendees: Peg Jensen, Sheri Mostek, Margaret Jensen, Ruth Matthews, Angie Rodman, Ladonna Mead, Deb Hammer, Ashley Saunders.

Peg Jensen began the discussion and asked if everyone had a chance to view the Long Term Care Services and Supports Power Point.

1. What issues do you see when it comes to using respite?

Issues mentioned are difficulty in finding providers, possibly using the same provider for all programs. There needs to be an increase in funding to access respite care. There is too much confusion in finding resources. We need one place for resource information.

There is a shortage of providers providing care for people with children with behaviors. We need more places for behaviors and mental illness as facilities do not have openings. The Brain Injury Group struggled looking for providers with people with explosive behaviors.

2. What needs do you see in improving the navigation of the respite system?

It is hard to find resources, caregivers struggle, and possible referrals to ARDC, a new pilot project covering 22 counties and 211 statewide website. There is a push for everything on line but we need face to face. This can be very intimidating to caregivers.

3. What ways do you see in connecting to programs that best fit the clients respite needs?

We need to have more respite information on television, smart phone, and on radio ads to help caregiver learn about respite care. The Answers 4 Families website is hard to navigate. Respite is the best kept secret, as you do not seek help until you are in the caregiver position. Not everyone has a computer but they have television. Respite Brochures

4. How do we need to streamline LTSS so they are easily accessible?

We need designated funding. All new staff hired need to become aware of information of all programs. A provider called in about the renewal process and was upset about the time it takes to get paid, if there are mistakes, the billing is sent back for corrections.

5. What would you like to see offered regarding respite?

Easier access to respite care providers, group providers getting caregiver and providers together. Holding more activities at Senior Centers for caregivers and inviting respite providers coming together as a group providing respite and caregivers getting to know providers. Respite Information should be included in Church Newsletters.

We also did a survey and a few of their results are:

What do you *think of Long Term care Redesign?*

- *It* needs to be done
- I think the program could use some improvements, but there are concerns of going to managed care for the waiver programs.
- I would need more information

- Despite DHHS' extensive efforts to educate the public about the goals and opportunities, many people who are directly and indirectly impacted by the decisions do not understand its purpose.
- I already have fears the needs of the consumers will not be considered as highly as the profits to the providers.
- As a parent of a now adult child on the AD Waiver, it worries me greatly
- I do not know what it is.

Everyone is interested in attending a meeting and majority would do a conference call
During this survey we found out that some individuals feel they need more information and a few felt that the Redesign is needed.