

Nebraska Lifespan Respite Programs*

*funded with state and/or federal funds

(there are many more volunteer and special need-specific community programs available but not included in this document)

Respite is providing a short-term break to those caring for family members with special needs.

March 2018

Respite email: DHHS.Respite@Nebraska.gov

Website: <https://nrrs.ne.gov/respite>

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LIFESPAN RESPITE
NETWORK

1-866-RESPITE (737-7483)

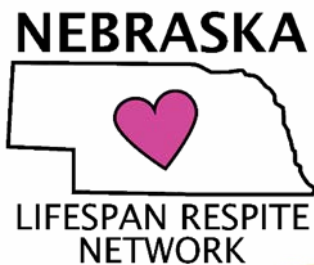
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| Name of Program | Eligibility | Contact Information | Website |
|---------------------------------------|--|---|--|
| Lifespan Respite Subsidy Program | <p>Individual of any age with a special need who lives with an unpaid family caregiver in a non-institutional setting, and meets financial criteria. Special needs include, but are not limited to, developmental disabilities, physical disabilities, chronic illness, physical, mental or emotional conditions, special health care needs, or cognitive impairments that require on-going supervision, or situations in which there is a high risk of abuse or neglect for the individual with special needs.</p> <p>Additional funding for exceptional circumstances respite available.</p> | <p>Jan Drewel Social Services Worker (402) 471-9188 dhhs.respite@nebraska.gov</p> <p>1-866-RESPITE (1-866-737-7483)</p> <p>Aging & Disability Resource Center Seniors and People with Disabilities 1-844-843-6364</p> | <p>http://dhhs.ne.gov/Pages/hcs_programs_lif espan-respite.aspx</p> <p>https://nrrs.ne.gov/respite</p> <p>http://nebraska.networkofcare.org/aging/OR ADRCNebraska.org</p> |
| SSI/DCP (Disabled Children's) Program | <p>Children age birth to 16 who receive SSI (Social Security Insurance) benefits.</p> <p>Referrals can be made to any of the workers closest to the area where the family lives.</p> | <p>Call a worker directly or contact DHHS.MHCP@nebraska.gov</p> <p>Jeanette Hastings (Norfolk) (402) 370-3131 Shannon Siebe (Omaha) (402) 595-2189 Jean Nolte (Lincoln) (402) 471-5379 Kathy Schweitzer (North Platte) (308) 535-8238</p> | <p>http://dhhs.ne.gov/Pages/hcs_programs_dc p.aspx</p> <p>https://nrrs.ne.gov/respite</p> |



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| <p>Subsidized Adoption</p> <p>Note: Private or out-of-state subsidized adoptions have unique considerations and may qualify for Lifespan Respite Subsidy.</p> | <p>Adoption subsidy approved by DHHS prior to the finalization of an adoption. Adoptive parent(s) may request an increase in the subsidy rate if your child encounters an unusual expense not generally incurred by a family and which is based on the child's special needs.</p> | <p>Adoption Program Specialist (402) 471-9254</p> <p>1-800-7PARENT (1-800-772-7368)</p> <p>Jan Drewel Social Services Worker Lifespan Respite Subsidy (402) 471-9188 dhhs.respite@nebraska.gov</p> <p>1-866-RESPITE (1-866-737-7483)</p> | <p>http://dhhs.ne.gov/children_family_services/Pages/adoption.aspx</p> <p>http://dhhs.ne.gov/Pages/hcs_programs/lifespan-respite.aspx</p> <p>https://nrrs.ne.gov/respite</p> |
| <p>Developmental Disabilities HCBS Medicaid Waivers</p> | <p>Individuals with intellectual and related developmental disabilities (DD). Respite included in available services. Income eligibility requirements.</p> | <p>Pam Hovis Waiver Manager, Division of Developmental Disabilities (402) 471-8717 pam.hovis@nebraska.gov</p> <p>877-667-6266 dhhs.ddcommunitybased@nebraska.gov</p> <p>Agging & Disability Resource Center Seniors and People with Disabilities 1-844-843-6364</p> <p>1-866-RESPITE (1-866-737-7483)</p> | <p>http://dhhs.ne.gov/developmental_disabilities/Pages/developmental_disabilities_index.aspx</p> <p>https://nrrs.ne.gov/respite</p> |

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| Aged & Disabled Medicaid Waiver | Individuals of all ages who are eligible for Medicaid and have needs at nursing facility level of care. Want to live at home rather than a nursing facility and can be served safely at home. | Children ages birth to three: Early Childhood Planning Regions Children ages 3 to 17: Local DHHS offices Adults 18-64: Independent Living Centers Adult over 65: Area Agencies on Aging 1-866-RESPITE (1-866-737-7483) | http://dhhs.ne.gov/Pages/hcs.aspx https://nrrs.ne.gov/respite |
| Title III of Older Americans Act (National Family Caregiver Support Program) | Provides support services to informal family caregivers of individuals 60 years of age and older. The Caregiver can receive support in the form of care management, respite, education and training, information and assistance and various supplemental services. A service can be approved if it allows the caregiver to successfully maintain their caregiving role. Another aspect of the NFCSP is support for grandparents or relative caregivers who are the primary caregiver for a grandchild who is eighteen years of age or younger. | Local Area Agency on Aging office Department of Health & Human Services State Unit on Aging (402) 471-2307 1-800-942-7830 (Nebraska only) DHHS.Aging@Nebraska.gov Aging & Disability Resource Center Seniors and People with Disabilities 1-844-843-6364 1-866-RESPITE (1-866-737-7483) | http://nebraska.networkofcare.org/aging/ https://nrrs.ne.gov/respite |

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| Adult Protective Services (Title XX) | Persons who are 18 years of age or older and have a substantial functional or mental impairment OR 18 years of age or older and have a guardian that was appointed by the Nebraska probate code AND there are allegations of abuse, neglect, or exploitation, including self-neglect. | Call the 24-hour toll-free Adult & Child Abuse & Neglect Hotline at 1-800-652-1999 OR local law enforcement Aging & Disability Resource Center Seniors and People with Disabilities 1-844-843-6364 | http://dhhs.ne.gov/children_family_services/Pages/nea_aps_apsindex.aspx#Eligibility |
| Alternative Response | Alternative Response is a new program & approach designed to partner with families to increase safety and lower the likelihood of future abuse or neglect to children while helping families and communities connect. Intake accepted for assessment per program guidelines. DHHS conducts family assessments to determine the family's strengths and needs as well as assess for child safety. Families are connected to the supports and services they need. | DHHS.AlternativeResponse@nebraska.gov Call the 24-hour toll-free Adult & Child Abuse & Neglect Hotline at 1-800-652-1999 | http://dhhs.ne.gov/children_family_services/Pages/children_family_services_alternative-response.aspx |

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| <p>Child Welfare & Juvenile Services</p> <p>Foster Care/Child Protective Services</p> | <p>Children who are unable to live safely at home. The Department provides the child with a substitute family approved or licensed by the Department. DHHS and a family team work with children and families to find solutions for needs, including respite.</p> <p>Licensed and kinship foster parents may pay for respite for themselves as caregivers. Option to use foster care maintenance funds for payment. Some families choose to share respite services on a voluntary basis.</p> | <p>(402) 471-9272 DHHS Division of Children and Family Services</p> <p>1-800-7PARENT (1-800-772-7368) NE Foster and Adoptive Parent Association</p> <p>OR</p> <p>Child Abuse and Neglect Hotline 1-800-652-1999</p> <p>OR</p> <p>1-866-RESPITE (1-866-737-7483)</p> | <p>http://dhhs.ne.gov/Pages/localoffices.aspx</p> <p>http://dhhs.ne.gov/children_family_services/Pages/jus_jusindex.aspx</p> <p>http://www.answers4families.org/family/foster-adoptive</p> <p>http://dhhs.ne.gov/children_family_services/Documents/CFSPSMap.pdf</p> <p>https://nrrs.ne.gov/respite</p> |
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| <p>Nebraska Western Iowa Veterans Administration Caregiver Support Program: General Caregiver Support Services and Comprehensive Assistance for Family Caregivers</p> | <p>If the veteran is not connected to the VA, visit their local county Veteran Service Officer If the veteran goes to the VA contact their PACT team social worker for services Caregiver may contact the Caregiver Support Coordinator</p> <p>Program specifically developed to support Caregivers of Veterans. Assists with accessing a wide range of services available to Veterans that may help ease Caregiver burden. Identifies and creates support resources to help educate Caregivers, alleviate Caregiver stress and improve wellness of Caregivers.</p> | <p>Caregiver Support Coordinator at each VA medical center 1-855-260-3274 to reach VA's Caregiver Support Line</p> <p>Joni S Morin MSW, LCSW Caregiver Support Coordinator Nebraska Western Iowa VA Health Care System 402-995-4618</p> <p>VA Caregiver Support Line 1-855-260-3274 Monday through Friday, 8:00 am – 11:00 pm ET Saturday, 10:30 am – 6:00 pm ET</p> <p>VA Caregiver Support website www.caregiver.va.gov</p> | <p>www.caregiver.va.gov</p> |

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| VetSet Nebraska | VetSET Nebraska is a rural Veteran Coordination Pilot project funded through a grant from the VA Office of Rural Health to the Nebraska Association of Local Health Directors (NAHLD). The US Department of Veterans Affairs (VA) created this grant program to support Veterans and their families who reside in rural or underserved areas. | <p>Contact a VETSET Coordinator at your local health department for more information</p> <p>Veterans Crisis Line 1-800-273-8255</p> <p>Network of Care for Veterans and their Families</p> | <p>https://nalhdorg.presencehost.net/our-work/vetset.html</p> <p>https://nalhdorg.presencehost.net/our-work/vetset.html</p> <p>http://networkofcare.org/splash.aspx?state=nebraska</p> |
| Network of Care for Veterans and their Families | The Network of Care for Service Members, Veterans & Their Families is a one-stop-shop for virtually all services, information, support, advocacy, and much more. This public service is an attempt to bring together critical information for all components of the veterans' community, including veterans, family members, active-duty personnel, reservists, members of the National Guard, employers, service providers, and the community at large. | Online contact only to identify local resources and phone numbers. | http://networkofcare.org/splash.aspx?state=nebraska Select "Service Members, Veterans & Their Families" |

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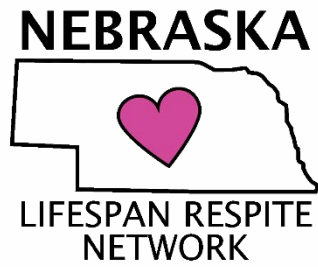
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| <p>U.S. Air Force (USAF) Exceptional Family Member Program (EFMP)</p>  | <p>The Exceptional Family Member Program (EFMP) supports military families with special medical and educational needs. The program has three components:</p> <ol style="list-style-type: none"> 1. Identification and Enrollment 2. Assignment Coordination 3. Family Support <p>A family member who has special needs is a:</p> <ol style="list-style-type: none"> 1. Spouse, child, or dependent adult who, regardless of age, has special medical needs and 2. Requires medical services for a chronic condition such as asthma, attention deficit disorder, diabetes, multiple sclerosis, etc.; 3. Receives ongoing services from a medical specialist; or 4. Has significant behavioral health concerns. <p>A child (birth through 21 years) with special educational needs who is eligible for, or receives,</p> <ol style="list-style-type: none"> 1. Special education services through an Individualized Education Program (IEP); or 2. Early Intervention Services (EIS) through an Individualized Family Service Plan (IFSP) | <p>For more information, or for assistance in finding services for a family member with special needs, please call 402-294-4329 or email 55FSS/FSFR@us.af.mil.</p> <p>EFMP Coordinator at the Airman & Family Readiness Center, (402) 294-4329 or visit Facebook page at: http://www.facebook.com/EFMP.Offutt</p> | <p>http://www.offuttafrfc.com/cms/index.php/programs/efmp</p> |



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