Overview of Maryland’s Lifespan Emergency Respite Program

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Maryland Lifespan Emergency Respite Grant

- A Statewide survey conducted in 2014/2015 by the Maryland Caregiving Support Coordinating Council (now Maryland Commission on Caregiving) found:
  - That respite was an unmet need, despite available services
  - The outcome of the survey led to the application for the Lifespan Emergency Respite Grant in 2016
Emergency Respite Need Definition

• An *unplanned* event that requires
  - *unavoidable* absence of the care recipient’s primary informal caregiver
  - respite services needed within 72 hours of the request
  - Short term respite

Examples: Funeral, hospitalization, gaps of care
$225 Grant Guidelines

- Can be used all at once or;
- Can be used in segments, and bank the remained of unused funds for use later on within the 12 months.
- Cash is not utilized or given to the grantee.
- Funds will not rollover into the following 12 months for that family;
- Family can reapply in the next anniversary year for another $225 grant.
• Flexibility for payments include retroactive payments within 15 days, which requires supporting documents prior to grant release.
• Services may be denied if direct care recipient is experiencing a medical emergency, psychiatric crisis or other intervention
Program Guidelines

- 1 one request per 12 month period per family
- $225 maximum grant per family per 12 month period (does not have to be utilized all at once)
- Must be used within 72 hours-immediate care
Only Requirement

- Yes, must have a 72 hour need for care due to an unplanned & unavoidable event.

- *No income requirements*

- *No needs screening*

- *No age requirement*

- *No location requirement*

- *No gatekeeper required*
Service Options

- **3 Flexible Options**
  - **Home-Based** the agency sends a qualified Respite Care worker to your home
  - **Site-Based** the agency provides the respite at a site other than your home, out in the community, such as Adult Day Care or licensed Child Care Provider
  - **Respite Grant** you coordinate and select your own Respite Care worker* and the agency reimburses you for the expense

*note that the worker cannot be a family member who lives in the household
*must fill out paperwork as proof prior to grant release
Two Levels of Respite Care

1. **Level I**
   Oversight and support of the care recipient and personal care services

2. **Level II**
   Skilled care delivered by a health practitioner licensed by the Maryland Department of Health
Contact Info
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24-hour availability
Pre-registration options available
Services available across Maryland