



## **Caregiver Resource Line at Toll-Free 1 (888) 737-7494** **Support is a Phone Call or Click Away!**

### **About the Respite Voucher Program:**

Family caregivers work tirelessly and selflessly – often to the detriment of their own health and emotional well-being – to provide assistance to loved ones who are living with disabilities. The Arizona Caregiver Coalition aims to give these family caregivers temporary respite (a break) from their fulltime roles as caregivers. The Respite Vouchers can be used by family caregivers to cover costs for in-home or community-based respite care services that they secure on their own, so they can relax and take a break from their caregiving duties.

### **How the Respite Vouchers work:**

Qualified caregivers who complete the application process are issued a voucher worth up to \$300, which are good for 90 days. Caregivers can apply for up to four vouchers per fiscal year, totaling no more than \$1200 a year.

- Caregivers can use the voucher to cover costs for in-home care by a respite service, or to hire an individual of their choice who is at least 18 years old and not living in the same house. Caregivers can also use the voucher to offset the costs for care in a community based respite service.
- The caregiver is reimbursed \$12 an hour for each hour invoiced by the respite provider. Caregivers are responsible for any fees that exceed the maximum hourly rate of \$12.
- Caregivers can use the [ArizonaRespiteLocator.org](http://ArizonaRespiteLocator.org) site to find experienced respite providers by using a free six month access code (444745).
- We also create economic opportunities for the work force of direct care and respite providers in order to meet the rising demand of locating professional respite and direct care workers.

### **Who is eligible?**

Family caregivers over the age of 18 who are not receiving respite from any local, state or federal funded program.

- Can be used by caregivers caring for a loved one that is 60 years old or older, or any age if they have Alzheimer's or other related dementia.
- Can be used by caregivers caring for a loved one who is disabled and between the ages of 18 – 59 years of age.
- Can be used by kinship caregivers/grandparents over the age of 55, caring for grandchild (ren) under between the ages of birth – 19 years of age.

### **Our goal:**

Respite has been shown in studies to improve the health of family caregivers, and as a result help keep the loved ones they care for living independently in their homes. Respite care helps to keep families healthy and remain living together. Call for a Respite Voucher application by calling the statewide **Caregiver Resource Line (888) 737-7494**.