

Washington

Tides of Change - Lifespan Respite Summit

2018

With the Liberating Structures approach, our 2018 Lifespan Respite Summit attendees were able to participate on a completely new level and the result was new ideas for fundraising, sustainability, and partnerships.

Washington's 2018 Summit embraced the Liberating Structures of Celebrity Interview, Fish Bowl, Impromptu Networking and 25/10 Crowd Sourcing which allowed enhanced engagement and inclusion opportunities for our summit attendees. <http://www.liberatingstructures.com/>

The Washington Lifespan Respite Summit 2018 opened by performing a celebrity interview with Amy Knapton. Amy is the Director of the Vanessa Behan Crisis Nursery in Spokane Washington.

<https://www.vanessabehan.org/about/projecteverykid/>



The crisis nursery has served parents and children regardless of income in the Spokane area for the past 31 years. The attendees were surprised to learn that the nursery operates without any state or federal funding. The attendees watched a wonderful marketing video for the Vanessa Behan Crisis Nursery and Amy shared lessons about overcoming challenges and discussed sustainability efforts. Amy talked about their board of trustees' use of "outside the box" thinking for fund raising ideas. Spokane residents enjoy an annual golf tournament, a telethon and the Pumpkin Ball among other fundraising events.

Next on the agenda, attendees had a chance to ask questions and comment during the fish bowls. Respite options in Washington's current formal programs presented in a conversation style, gave attendees in the audience a chance to be part of the discussion. Representatives of formal and later, informal programs sat together and had conversations about existing respite options in Washington.



During lunchtime for our listening pleasure, harpist and Music Therapist, Daniella Clark entertained attendees.

<https://harpistforcompassion.org/about/daniella-clarkh>

Daniela is a Traumatic Brain Injury survivor who understands from her own experience how music can be therapeutic and healing. After she entertained the audience with her beautiful music, she talked about her mission to soothe people's suffering from pain with music in hospital and hospice situations.

The attendees participated in a 25/10 Crowd Sourcing activity. All participants jotted down bold ideas on index cards and then passed the cards around. After randomly passing ideas around the room and scoring the ideas, the ideas with the highest scores were presented to all as ideas to consider for the future of the Lifespan Respite program in Washington.

The Washington state Lifespan Respite website <https://www.lifespanrespitewa.org/> includes a list of all ideas that received high scores.

At the close of the Summit, in honor of the theme Tides of Change, a ceremonial seashell was passed from the hands of Homage Senior Services to the director of the new home of Lifespan Respite Washington; PAVE.

