Overview of the New York State Lifespan Respite
Presenters

- Deana Prest, Program Director, Lifespan Respite, Aging Services Program Analyst 3, Division of Policy, Planning, Program, and Outcomes, New York State Office for the Aging, Albany, NY

- Jess Perk, Long Term Care Systems Specialist, Division of Policy, Planning, Program, and Outcomes, New York State Office for the Aging, Albany, NY

- Doris Green, Director, New York State Caregiving and Respite Coalition, Rochester, NY
History and Overview

Lifespan Respite Partnership
NYS Lifespan Respite: Background: 2010-present

Lifespan Respite Grants from ACL – achieving goals and objectives through strong partnership:

- Lifespan Respite Core Team -- the strength of partnership and important roles for each:
- NYS Office for the Aging
- Monroe County Office for the Aging
- NY Connects - NYS Aging and Disability Resource Center (ADRC)/No Wrong Door (NWD)
- Lifespan of Greater Rochester Inc
- New York State Caregiving and Respite Coalition (NYSCRC)
2010 Lifespan Respite Think Group

- People with Developmental Disabilities
- Mental Health
- Aging
- Children’s Cross-Systems Respite
- Health
- Veterans
- Hospice Respite
- Faith-based Respite services
Current Lifespan Respite Grant

2017-2020 Goal and Objectives

**Goal:** New York will build upon prior and current Lifespan Respite initiatives by engaging key stakeholders to increase and expand access to respite services statewide and enhance partnerships for education, outreach, and service provision to advance development of a Lifespan Respite Care System.

**Objectives:**
1. Increase number of respite volunteers through additional training and recruitment activities;
2. Expand available respite services statewide through formalizing a caregiver-directed respite model;
3. Expand access to caregiver services through improved respite listings in the NY Connects Resource Directory across age and disability types; and
4. Implement and continue to update the Statewide Action Plan for Lifespan Respite sustainability.
2018 Regional Caregiver Forums

Five Regional Caregiver Forums held in May 2018:

• Latham - Apr. 30
• Liverpool - May 3
• Buffalo - May 8
• Suffern - May 15
• Lake Placid - May 23
Intersects between NY Connects and Lifespan Respite in New York
The NY Connects System:

• Serves as the No Wrong Door (NWD) “Hub”, connecting with partner agencies to better serve individuals across service systems with long term services and support (LTSS) needs.

• Provides consistent, comprehensive, and locally based information on long term services and supports (including respite).
NY Connects Resource Directory

- Interagency effort - expand quantity and quality of listings
- Local NY Connects offices are responsible for inputting and maintaining provider information
- State Agency data feeds
- Website: https://www.nyconnects.ny.gov/
NY Connects Resource Directory - Respite

NY Connects
Tel: 1-800-342-9871 | Find Local Offices

Welcome
NY Connects is your trusted place to go for free, unbiased information about long term services and supports in New York State for people of all ages or with any type of disability.

LEARN MORE

Know what you need?
Click here for a keyword search

Need help finding the right services?
Click here for a self-guided search

Want to explore options?
Click here to browse by category
NY Connects Resource Directory - Respite
NY Connects Resource Directory - Respite

In Home Respite

Caring for an individual with disabilities requires an abundance of time and energy on the part of parents, siblings, or other caregivers who sometimes need a break. Our respite supports can provide the relief needed or help to cover vacations, illness, or an emergency. Respite is available for individuals with disabilities of any age.

Provider: Disabilities Services
Provider Address: 1 Park Place, Suite 200, Albany, Albany, NY, 12205
Telephone: (518)-783-1111
New York State Caregiving and Respite Coalition