The Future of Family Caregiving: LEADING THE CHANGE
80.6
LIFE EXPECTANCY IN NEW YORK
Encourage family caregivers to embrace their role and become advocates for what they need, especially in expanding home- and community-based services. They want and need support, education, hands-on training, and services that are affordable and easily adaptable.
2.6 MILLION = 2.4 BILLION
UNPAID CAREGIVERS IN NEW YORK
HOURS OF UNPAID CARE EACH YEAR
Help the medical community become more aware of and sensitive to the unique issues of older adults and their caregivers:

- Empower practitioners to provide more information about advance directives and end-of-life care options;
- Encourage practitioners to discuss and provide information about hospital-to-home care transitions; and
- Aid practitioners by creating a central repository of culturally appropriate statewide and local services.
Emerging Technologies can help caregivers
Create more flexible, affordable housing options for older adults and improve public, age-friendly transportation throughout the state, particularly in rural areas;

3.

Help families ease the financial strains of caregiving, whether through state payments, tax credits, expanding existing legislation that provides support for family caregivers, or other means. Employers must do more to support workers who care for an aging loved one.
$7,000
AVERAGE AMOUNT FAMILY CAREGIVERS SPEND PER YEAR ON CAREGIVING-RELATED COSTS

$11,000
AVERAGE AMOUNT LONG-DISTANCE FAMILY CAREGIVERS SPEND PER YEAR ON CAREGIVING-RELATED COSTS
Assess and adapt best practices from other states' efforts to address their aging populations and family caregivers.

4.

Create more flexible, affordable housing options for older adults and improve public, age-friendly transportation throughout the state, particularly in rural areas.
90% of older adults want to age in their homes

Emphasis on innovative housing models can help pave the way.
Develop viable career paths and expand scope of practice for paid caregivers to reduce high turnover and improve quality of care. Recruitment and retention efforts must address barriers that extend beyond low wages.
$31.3 BILLION
ANNUAL VALUE OF UNPAID CAREGIVING IN NEW YORK STATE
6.

Assess and adapt best practices from other states’ efforts to address their aging populations and family caregivers.