Lifespan Respite: Engaging Collaborative Partners

Florida Lifespan Respite Summit
June 15, 2017
Lifespan Respite: Authorizing Statutes

- Older Americans Act of 1965 (as amended)
  - Provides assistance for supportive services, including "respite care" to provide temporary relief to caregivers of their responsibilities

- Title XXIX Public Health Service Act – (2006)
  "Lifespan Respite Care Act"
  - Purpose of Title XXIX:
    - to expand and enhance respite care services to family caregivers;
    - to improve the statewide dissemination and coordination of respite care; and
    - to provide, supplement, or improve access and quality of respite care services to family caregivers, thereby reducing family caregiver strain.
### Lifespan Respite: Federal Program History

**FY2009: New State Program Development Grants**
- **35 States & DC**
- **$200,000 for 3 years**

**Expansion Grants (FY2011, FY2012, FY2016)**
- **16 States**
- **1 Year Supplemental; Amount varies**

**Integration & Sustainability Grants (FY 2012-2014)**
- **31 States**
- **1.5 to 3-year grants; Amount varies**
Lifespan Respite: **Planned Outcomes**

**New State Grants**
- Basic infrastructure
- Capacity Building

**Expansion Grants**
- Service Delivery
- Consumer Impacts

**Integration & Sustainability**
- Systems-change reform efforts
- Supports for community living
- Focused outcomes on target populations
State Examples

**Expansion Grants:**
- **Delaware:** now offers an online caregiver class for agency staff
- **North Carolina:** implemented a new initiative with the state's *Money Follows the Person* demonstration project

**Integration and Sustainability Grants:**
- **Texas:** ADRCs conducted multiple caregiver training sessions regarding various subject matters for caregivers across the lifespan
- **Alabama:** includes Lifespan Respite as a screen and referral box for services on the *ADRC Universal Intake Form* utilized for all ADRC screenings for services and benefits.
Looking Ahead

**Performance Measurement**
- Need to demonstrate program success and progress
- Determine appropriate measures
  - Systems Change
  - Consumer Outcomes
- New reporting framework (future initiative)
- Ongoing Technical Assistance

**Program Sustainability**
- Engage grassroots/community
- Embed grant activities into ongoing state efforts
- Grow and support State Respite Coalition to focus on sustainability
- Assess Resource Gaps
- Long-term strategic planning
- Supported through current TA efforts
Contact Information

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