**ICA Mission**: Advance the well-being of caregivers through collaboration that improves access to quality supports and resources including respite for family caregivers across the lifespan.

### Family Caregiver Navigation (FCN) Pilot Program
A project of the Idaho Caregiver Alliance (ICA)

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| • Family Caregivers  
  • Staff of the Family Caregiver Navigator (FCN) Pilot Program  
  • Members of FCN Advisory Committee (and organizations represented)  
  • ICA Leadership Team and membership  
  • ICA Website and Social Media  
  • Existing resource databases  
  • TCARE evidenced-based telephonic and web-based caregivers support intervention  
  • Community partners  
  • Funding from Money Follows the Person Grant 93.791 from the CMS (funding made possible by the IDHW Division of Medicaid, Bureau of Long-term Care)  
  • Funding from ICA | • Establish FCN leadership team and hire staff  
  • Establish Advisory Committee  
  • Develop and implement marketing and communication materials  
  • Conduct outreach to referral sources  
  • Identify and catalog available resources and services available to family caregivers  
  • Implement TCARE (train navigators, populate resource database, etc.)  
  • Develop and implement data management and quality assurance plan  
  • Develop and implement plan for sustainability (program and training documentation, funding, etc.)  
  • Develop and implement evaluation plan | • FCN leadership team and staff trained and functioning  
  • Advisory Committee established and members engaged in work groups  
  • Marketing and communication materials developed  
  • Outreach to referral sources and other community partners conducted  
  • Database of resources and services for caregivers available  
  • TCARE implemented  
  • Navigators equipped to assess needs of family caregivers and connect them with services and supports  
  • Sustainability plan implemented (program processes documented, funding partners secured, etc.)  
  • Evaluation Plan implemented | Change in awareness, knowledge, and attitudes among family caregivers:  
  • Self-care  
  • Resources and services  
  • Caregiver Navigator | Change in behaviors and systems:  
  • Family caregivers using TCARE and other resources and supports  
  • Work flows in healthcare systems, agencies, and other referral sources recognize and refer family caregivers to services/navigator  
  • Funding available from partners to continue caregiver navigator project in SW Idaho  
  • Funding available from State of Idaho and other sources to expand program statewide  
  • Statewide implementation of caregiver navigator and other supports | • Quality of life for family caregivers improved  
  • Quality of life for those being cared for by family caregivers enhanced  
  • Capacity of family caregivers to provide care extended  
  • Costs to Medicaid (and Idaho) related to institutional care reduced  
  • Quality metrics for patient care and satisfaction monitored by health care systems improved  
  • Quality metrics for member care and satisfaction monitored by payers improved  
  • Costs to health care systems and payers reduced |