



Arizona Caregiver Coalition
Collaboration - Advocacy - Resources - Education



Connecting the Dots:

Arizona's
Lifespan Respite Care Program
and other



Programs



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



OVERVIEW

- **Arizona LRCP History**
 - Prior to grant award
 - After grant award
- **State Unit on Aging: Hub for AoA Programs and Grants**
- **Connecting the Dots!**



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Arizona LRCP History (prior to LRCP grant award)

- Arizona passes Lifespan Respite legislation
- AZ statute modeled closely after Federal Lifespan Respite Care Act
- Provided \$500K and one FTE



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Arizona LRCP History (prior to LRCP grant award)

- Requirements of State Law:
 - Conduct a study on respite care across the lifespan
 - Coordinate and support Statewide coalition
 - Establish Respite Advisory Committee
 - Create Evaluation Tool to assure quality and outcomes
- Eligibility – Limited to caregiver not eligible for any other publically funded respite



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Arizona Respite Care
Throughout the Lifespan:
Characterizing Unmet Needs

Final Report
January 15, 2008

Available online @ www.azcaregiver.org



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Arizona LRCP History (prior to grant award)

- Anticipating coalition requirement, Governor's Advisory Council on Aging initiates a workgroup within the SHAC Committee to form a Statewide caregiver coalition
- VIP advocates approach DAAS re: respite coalition
- Arizona Caregiver Coalition launched in conjunction with the Lifespan Respite Care Network in May of 2008



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Caregiver Rally

Prizes!
Gift Bags!



Snacks!
Beverages!

Thursday, March 13th, 2008
9:30 – 12:30
Capitol Lawn
1700 W. Washington, Phoenix

Who - All Family Caregivers and the Networks that support them
Why - Learn about the new Arizona Caregivers Coalition and the
new Lifespan Respite Care Network!



Coming together to advocate for
Caregivers throughout Arizona !

Arizona Caregiver Coalition

C - Collaboration **A** - Advocacy **R** - Respite **E** - Education

www.azcaregiver.org



Coalition Structure

Arizona Caregiver Coalition

Sub-Committees

Sub-Committees

C
Collaboration

A
Advocacy

R
Respite

E
Education

Lifespan Respite Care Network

Work Groups

Work Groups

Marketing & Outreach

Education & Advocacy

Program Development



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Arizona LRCP History

(prior to grant award)

- Recommendations of RAC:
 - Develop and implement Caregiver Assessment Tool
 - Implement cost sharing starting from 250% over FPL
 - Conduct public awareness campaign

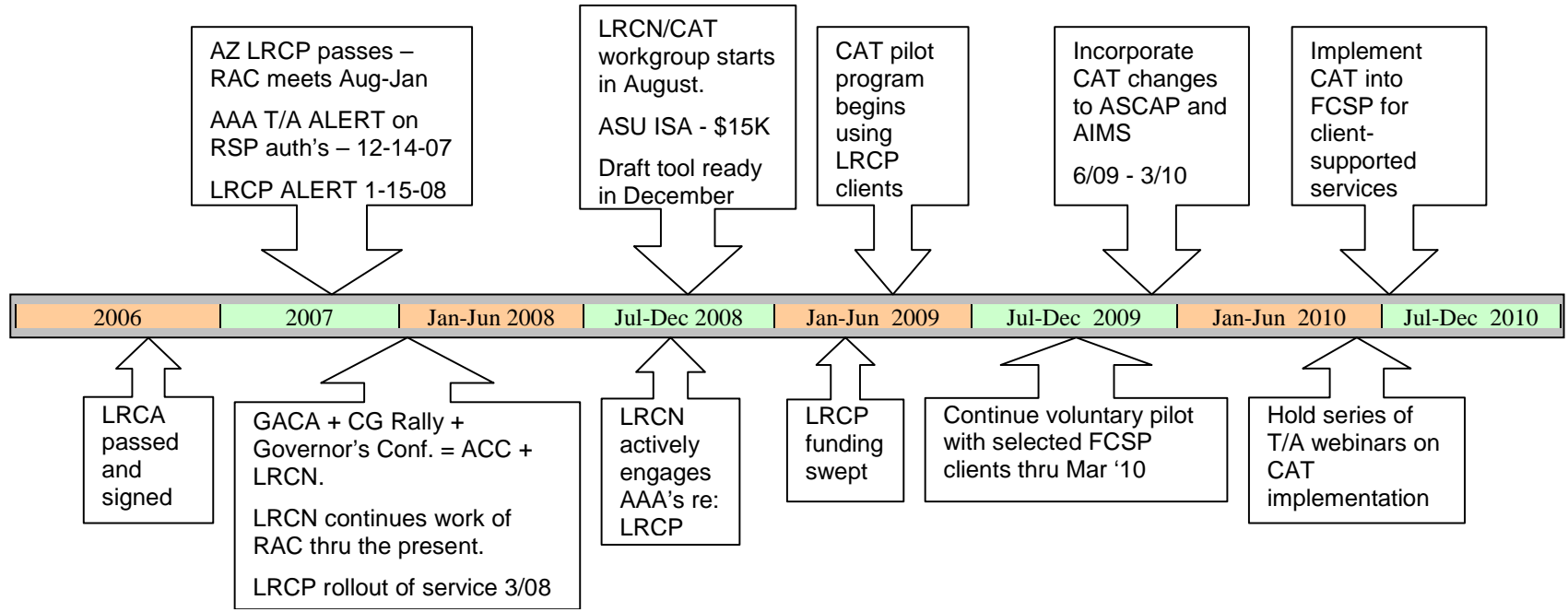
Caregivers-
many faces...
...one voice!

Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



LRCRP and CAT Timeline



Lifespan Respite Care Program 2009 Cost Sharing Chart

To assist in the implementation of the new Lifespan Respite Care Program (LRCP), this cost sharing chart has been developed based on the 2009 Federal Poverty Guidelines (FPG). Information and backup data related to FPG can be accessed at <http://aspe.hhs.gov/POVERTY/09poverty.shtml>.

The revised Respite Care Scope of Work includes the following language under 7.27.7, Service Requirements for the Lifespan Respite Care Program:

Apply a cost share for individuals above 250% of Federal Poverty Level (FPL) as indicated below. Each collected cost share payment shall be used to expand the service for which such payment was given.

- i. 251-299% over FPL - 25% cost share
- ii. 300-399% over FPL - 50% cost share
- iii. 400-499% over FPL - 75% cost share
- iv. 500% or more over FPL - 100% cost share

To apply the appropriate cost share for LRCP, please use the following chart:

Cost Share based on care recipient household annual income

# in Household	0% Cost Share	25% Cost Share	50% Cost Share	75% Cost Share	100% Cost Share
1	< \$27,075	\$27,075 - \$32,489	\$32,490 - \$43,319	\$43,320 - \$54,149	> \$54,150
2	< \$36,425	\$36,425 - \$43,709	\$43,710 - \$58,279	\$58,280 - \$72,849	> \$72,850
3	< \$45,775	\$45,775 - \$54,929	\$54,930 - \$73,239	\$73,240 - \$91,549	> \$91,550
4	< \$55,125	\$55,125 - \$66,149	\$66,150 - \$88,199	\$88,200 - \$110,249	> \$110,250
5	< \$64,475	\$64,475 - \$77,369	\$77,370 - \$103,159	\$103,160 - \$128,949	> \$128,950
6	< \$73,825	\$73,825 - \$88,589	\$88,590 - \$118,119	\$118,120 - \$147,649	> \$147,650
7	< \$83,175	\$83,175 - \$99,809	\$99,810 - \$133,079	\$133,080 - \$166,349	> \$166,350
8	< \$92,525	\$92,525 - \$111,029	\$111,030 - \$148,039	\$148,040 - \$185,049	> \$185,050

Example: Spouse caring for a disabled spouse in a two person household. They have a combined household income of \$39,500. Based on the chart, this household would be responsible for a 25% cost share of the services provided under the LRCP.



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Arizona LRCP History (prior to grant award)

- Awareness campaign couldn't happen with state funding as fiscal crisis hits
- LRCN continued development of campaign ideas and strategy



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Arizona LRCP History (prior to grant award)

- State funding of \$500K reduced in SFY-2009 by \$350K
- State funding eliminated for SFY-2010
 - Retained statute – looking at other funding sources
 - Will use in-kind if needed for match to federal \$\$



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Arizona LRCP History

- Grant opportunity was a lifeline
- Proposal easy to write – we wanted to finish what we started!
- Arizona awarded \$200K in first group of LRCP grantees!!



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Arizona LRCP History (after grant award)

LRCP Award:	\$199,128.00
Match:	<u>\$78,497.00</u>
Project Total Budget:	\$277,625.00

- Project partners that will work with DAAS include Arizona State University, Area Agencies on Aging, Centers for Independent Living, the Arizona Caregiver Coalition, and the Foundation for Senior Living. This grant will focus on three main activities:



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



LRCRP Grant Activities

- Completion and implementation of a caregiver assessment module developed in conjunction with Dr. David Coon from ASU to enhance the current DAAS client intake and assessment process
- A public awareness campaign targeted to caregivers needing respite, including development and implementation of a toll-free Respite Resource Line that will be part of AZ Links (Arizona's ADRC)
- Providing respite to caregivers who don't qualify for other respite programs, including those identified as being at-risk by APS, mitigating the possibility of future abuse

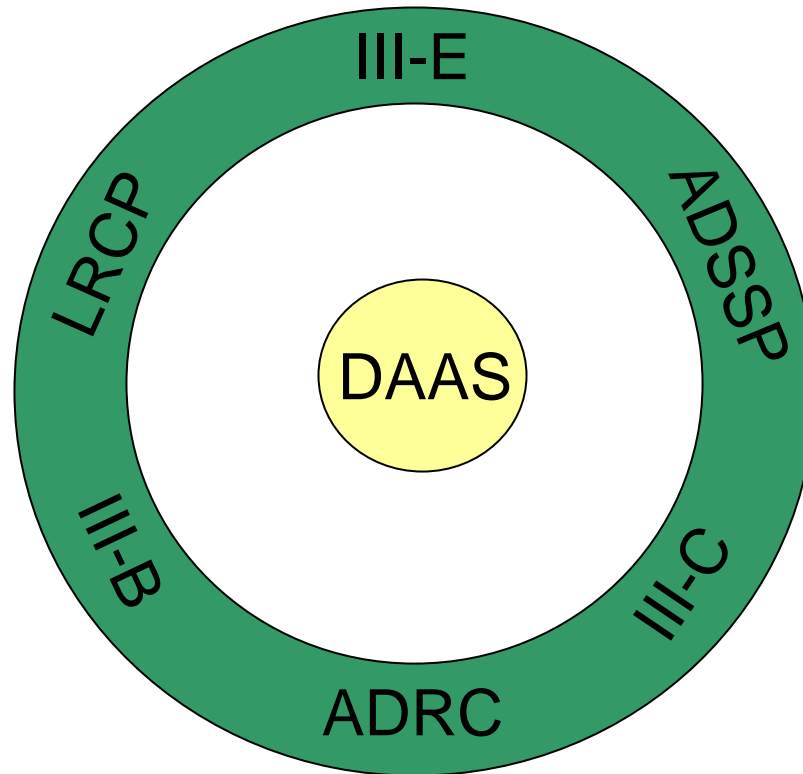


Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



State Unit on Aging: Hub for AoA Programs and Grants Supporting Caregivers





Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Connecting the Dots: The Arizona Caregiver Coalition

- Memorandum of Understanding between DAAS and ACC/LRCN
- New ACC/LRCN Advisory Board meeting to elect chairperson to sign MOU
- Fiscal partnership with Foundation for Senior Living and Caregiver House

MEMORANDUM OF UNDERSTANDING

Between the
Arizona Department of Economic Security
Division of Aging & Adult Services
1789 W. Jefferson Street - Site Code 950A
Phoenix, AZ 85007

and

Program Partner: Arizona Caregiver Coalition (ACC)
Address: c/o Foundation for Senior Living, Caregiver House
1201 East Thomas Road
City: Phoenix, Arizona 85014
Telephone: 602-285-1800, ext. 321
Fax: 602-285-1838

1.0 Background

The Family Caregiver Support Program (FCSP), established in Arizona in 2001, is a federally funded program that provides supports that assist family and informal caregivers to care for their loved ones at home for as long as possible. Families are a major provider of long term care, providing approximately 75 percent of all care provided in homes, but research has shown that caregiving exacts a heavy emotional, physical and financial toll. Many caregivers who work and provide care experience conflicts between these responsibilities. Some are caught in the middle, caring for an aging parent while still caring for family at home. Almost half of all caregivers are over age 50, making them more vulnerable to a decline in their own health, and one-third describe their own health as fair to poor.

The support services provided by the FCSP work in conjunction with other state and community-based services to provide a coordinated set of supports. Studies have shown that these services can reduce caregiver depression, anxiety, and stress and enable them to provide care longer, thereby avoiding or delaying the need for costly institutional care. Respite care is one of the core services of the FCSP and is a primary support service for caregivers. Respite provides temporary relief for caregivers from the ongoing responsibility of caring for an individual of any age with special needs. Respite strengthens the family system while protecting the health and well being of both caregiver and care recipient. Respite is a key component of family support and long term care services.

A.R.S. §46-172 provides for the establishment of the Arizona Lifespan Respite Care Program (LRCP) and also contains a provision calling on the Arizona Department of Economic Security, Division of Aging and Adult Services (ADES-DAAS) to “support the growth and maintenance of a statewide respite coalition.” The federal Lifespan Respite Care Act (LRCA) that was passed in 2006 contained similar language calling for the state entity administering the LRCP to “work in collaboration with a public or private nonprofit statewide respite care coalition or organization.” Earlier in 2006, the Social Health and Alzheimer’s Committee (SHAC) of the Governor’s Advisory Council on Aging (GACA) began a project to establish a community-based caregiver coalition to galvanize public support for family caregivers and to provide awareness of the value they bring to Arizona. As separate efforts began to gather support to create a respite coalition to satisfy the requirements of the LRCA and A.R.S. §46-172, it was decided to merge those efforts with what was being done in the SHAC committee.

After two years of development and consensus building, the Arizona Caregiver Coalition (ACC) was formed after hosting a major caregiver rally on the Capitol Lawn in March of 2008. As part of the Governor’s Conference on Aging in May of 2008, the ACC held its initial formational meeting, establishing basic membership tenets and formalizing the purpose of the coalition through the acronym C.A.R.E., for Collaboration, Advocacy, Respite, and Education. The respite component is now manifested as an embedded network within the ACC, known as the Lifespan Respite Care Network (LRCN).

One purpose of this Memorandum of Understanding (MOU) is to officially recognize the ACC as the “coalition” that fulfills the statutory obligations of both the state and federal versions of the LRCP legislation.



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Connecting the Dots: Memorandum of Understanding

The ADES-DAAS Family Caregiver Support Program shall:

1. Designate a staff member to serve as a member of the ACC and the LRCN.
2. Provide technical assistance to the ACC and LRCN related to the LRCP statutory requirements.
3. Facilitate training, as needed, for ACC and LRCN volunteers.



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Connecting the Dots: Memorandum of Understanding

The ADES-DAAS Family Caregiver Support Program shall:

4. Coordinate activities and goals of the Arizona Aging and Disability Resource Center (ADRC) to include information and referral capabilities relative to the LRCP, and by association, the ACC.
5. Facilitate coordination of outreach and education about support services for caregivers between the Area Agencies on Aging and the ACC.
6. Facilitate and coordinate a volunteer-based statewide referral system for caregivers of all ages to have easy access to respite care services.



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Connecting the Dots: Memorandum of Understanding

The ACC/LRCN shall:

1. Promote awareness of caregiving and its challenges.
2. Strengthen and unite existing resources and information supportive of caregivers and respite care.
3. Advocate for caregivers and their families relative to supportive programming.
4. Work to improve service delivery and reduce barriers to caregivers receiving supportive services.



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Connecting the Dots: Memorandum of Understanding

5. Facilitate the development of a system of easy access to respite care for caregivers.
6. Respond to community needs and provide for needs of caregivers now and in the future.
7. Improve public and private non-profit collaboration relative to caregiver support and respite care.
8. Support strategies and activities related to family caregivers included in the State Plan on Aging.
9. Recruit and supervise volunteers to staff a caregiver resource hotline.



Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Connecting the Dots: The Arizona Caregiver Coalition

- Statutory role for ACC/LRCN in Lifespan Respite
- Specific roles for ACC/LRCN in each ADSSP grant
- Crucial role for ACC/LRCN in AZ Links (ADRC)

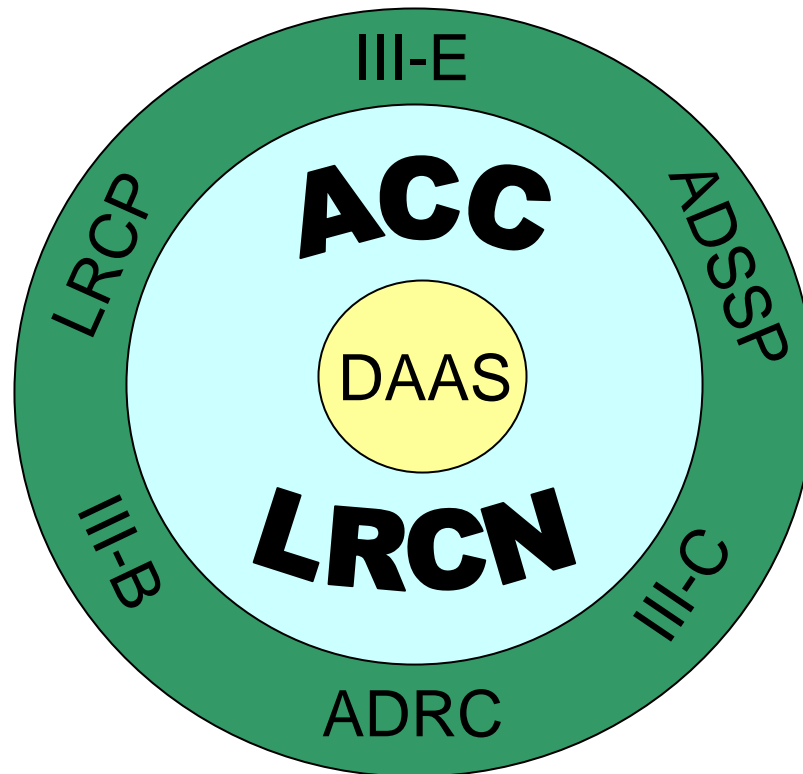


Arizona Caregiver Coalition

Collaboration - Advocacy - Resources - Education



Connecting the Dots: The Arizona Caregiver Coalition





Arizona Caregiver Coalition
Collaboration - Advocacy - Resources - Education



Thanks!

David Besst

Caregiver Support Specialist

Arizona Division of Aging & Adult Services

DBesst@azdes.gov