

Lifespan Respite Grantee and Partner Learning Symposium

DAY 2 | July 15, 2021

CHAT TRANSCRIPT

Tell us about something you learned yesterday that surprised or excited you and why.

12:28:41 From Tracy (she/her) Lifespan Respite WA:

Good morning all! Looking forward to today! Really appreciated yesterday and all that goes into planning and hosting these 2 days! Thank you!

12:29:17 From Lori Stalbaum:

Good morning/afternoon everyone!

12:29:44 From Cory Lutz:

Good morning!! Can't wait to learn more today!

12:30:12 From James Davis:

Good Morning!

12:33:44 From Vicki Clear:

Very interested in mental health help for caregivers.

12:34:04 From James Davis:

The robotic pets were a great idea! very interested.

12:34:09 From Peggy Spaulding:

Alabama's mental health program was great!

12:34:29 From Casandra Firman:

So pleased that many are thinking about continuing on with some of the positive adaptations made during the pandemic.

12:34:32 From Nick Slentz:

CO's videos for caregivers. VA has talked about doing something similar so its nice to see another state doing the same.

12:34:36 From Alicia Blater:

I enjoyed "seeing" old friends. This network is a great one! I was excited about all the optimism for the future.

12:35:09 From Nick Slentz:

Also, AL's use of stipends for counselling

12:35:28 From Barb Koumjian:

Looking forward to exploring the OAEC Resource Library and today learning more on culturally appropriate practices. I too applaud AL's mental health care for caregivers===TOTALLY awesome.

12:35:35 From Tina Yurik:

GM, I was really impressed with AL and their great mental health voucher program. I will also be contacting ID regarding their SWOT, and so much more. Thanks!

12:36:51 From Marcia O'Malley:

All materials can be found here:

<https://lifespanspitem.wildapricot.org/2021-Grantee-Learning-Symposium/>

12:46:07 From Doris Green:

We printed these documents and shared them with all our faith-based respite programs in the state. Thank you for this great resource

12:46:39 From Tracy (she/her) Lifespan Respite WA:

@ James Davis...we bought a robotic cat for my mother-in-law and opening the box was precious! She peered in and exclaimed "Ooooh she's cute!" and then looked up and said "She's not real..." and ever since talks, loves on, and enjoys the cat. The whole purring is sooooooo relaxing. Love the multiple settings so the meowing can be silenced not to bother others.

12:50:58 From Ronelle Baker:

I would like to be a part of the Faith-based collaborative. Thank you.

12:51:04 From Deana Prest:

I think the volunteer and faith-based learning collaborative is an excellent idea!

12:51:18 From Nancy Ranalli:

I would be interested in the volunteer collaborative as Delaware begins to look at opportunities for that. Thanks.

12:53:24 From Lita Nelson:

Arizona would be interested in both the volunteer and faith-based collaborative as we begin to develop our statewide respite infrastructure

12:54:34 From James Davis:

@Tracy That is awesome. Before my grandmother passed the family brought her a small cat and she really adored that cat. The bond they shared was special. After my grandmother passed the cat was

never the same. I truly believe the cat kept my grandmother going for as long as she could. I feel the robotic pets could provide a sense of peace to caregivers and their loved ones.

13:06:43 From Jill Kagan:

We don't have the federal funding guide in hard copy. you can find it on the ARCH website. There is a summary table of all the programs there as well. See <https://archrespite.org/productspublications#RespiteFunding>

13:14:21 From Sharon Groh:

This is wonderful!

13:14:43 From Barb Koumjian:

Yes I am psyched to share this!

13:16:24 From Ronelle Baker:

Amazing information!!

13:16:53 From James Davis:

Great Information!

13:17:42 From James Davis:

Great Video!

13:17:50 From Deana Prest:

awesome video!

13:17:51 From Alicia Blater:

Really impressive South Dakota!

13:17:53 From Vicki Clear:

I like that

13:18:26 From Megan Bettinger:

Great information!

13:18:33 From Tricia Lazare:

Wonderful video!

13:38:02 From Dana Allard-Webb to Everyone:

The Mississippi Family Caregiver Coalition logo is so appropriate and eye-catching. All of those strings connected as a piece of art is such a beautiful way to represent social services and connection.

13:38:04 From Sharon Groh:

Thank you, James for sharing your personal story to reinforce the importance of outreach to caregivers.

13:38:15 From Tracy (she/her) Lifespan Respite WA:

@ Lita so great to hear all that is happening in AZ! I used to live and work in social services in AZ. All of us in Lifespan Respite WA are happy to lend our support to you and all in our network.

13:39:11 From James Davis:

@ Dana Thank You!

13:39:13 From Jill Kagan:

Here is a helpful infographic to guide your thinking about who should be in your network as you build or strengthen your statewide respite system.

https://archrespite.org/images/2016_Sustainability/Checklist_infographic_web.pdf

13:39:46 From James Davis:

@ Sharon You're Welcome.

13:39:59 From Lita Nelson:

@Tracy that would be great! Let's connect!

13:43:55 From Jill Kagan:

@Val --Love to hear that you referred to the Innovative and Exemplary Respite services on the ARCH website!

13:44:02 From Lisa Schneider:

Woo-Hoo Val!

13:46:49 From Tina Yurik:

Wow Val and Lisa!!!

13:47:13 From Barb Koumjian:

Ditto WOW!

13:48:36 From Tricia Lazare:

Wonderful work, Val and Lisa!!!

13:51:11 From Tracy (she/her) Lifespan Respite WA:

@ Alicia....totally borrowing this resource! <https://www.jfcsboston.org/Our-Services/Older-Adults/Alzheimers-Related-Disorders-Family-Support/Memory-Caf%C3%A9-Toolkit> Thank you! And offering HeyPeers.com for online support groups, meetings, etc. etc.

13:57:26 From Alicia Blater:

Thanks for offering your HeyPeers.com idea. I'll have to look into them, Tracy.

14:07:49 From Nancy Ranalli:

Thank you

14:08:01 From Doris Green:

That is true. We are very proud of them!

14:10:50 From Jill Kagan:

ARCH held a webinar a few years ago with Kristin Litzelman at the University of WI Extension Service who makes the WI employer survey available. You can access the webinar and the survey here: Tools for Employer Engagement in Respite and Caregiving Support at <https://archrespice.org/webinars-and-teleconferences/2017-05-19-18-17-05/tools-for-employer-engagement-in-respice>

14:13:02 From Nicholas Julian:

For the surveys: a great way to boost participation is offer all survey completions to be entered into a raffle. It's amazing how much more data you can get with a \$300 flat screen TV 😊

14:13:37 From Deana Prest:

Great idea Nicholas!

14:15:46 From Liza Gundell:

Does anyone know when the National Caregiver Plan is scheduled to be provided to Congress? Alison Barkoff spoke about it in her remarks yesterday but I don't remember if she said when that would be happening. Thanks! Liza

What is one specific new idea, activity or resource that you learned about during the Bring, Brag and Borrow sessions over the last two days that you might use in your work?

14:16:04 From Peggy Spaulding:

North Dakota's Native Elder Caregiver Curriculum

14:16:40 From Sarah Schmidt:

I agree. North Dakota's Native Elder Caregiver Curriculum!

14:17:09 From Tina Yurik:

Learned so much and IL plans to conduct a statewide survey with our partners and we look forward to reaching out to others who have conducted statewide surveys for additional lessons learned.

14:17:24 From Tracy Cieniewicz:

Arizona's offering of event respite care to organization is a great idea and something I would like to explore for our program!

14:23:28 From Lita Nelson to Everyone:

North Dakota's Native Elder Caregiver Curriculum would be an excellent addition to our respite toolkit. I'd also like to learn more about NY's working family caregiver project.

14:24:01 From Tracy (she/her) Lifespan Respite WA:

@ Liza thanks for reflecting a question on my mind too!!! I am curious to learn what's in the final....and possibly watch online if the hearing is available.

14:24:04 From Jill Kagan:

If you want to connect with someone, participant list and all PPTs can be found at <https://lifespanrespite.wildapricot.org/2021-Grantee-Learning-Symposium>

14:25:27 From Jill Kagan:

RAISE National Strategy will probably be released in about a year.

14:30:10 From Megan Bettinger:

So many great projects! Interested in nursing student project and caregiver guides for business for starters

14:37:16 From Barb Koumjian:

ND's Native American Elder Curriculum

14:54:29 From Jill Kagan:

Many of the studies on the Adult Day Plus programs that Dr. Lauren Parker is discussing, can be found in the ARCH Annotated Bibliography at

https://archrespite.org/images/docs/Bibliographies/Annotated_Bibliography_Web_2020_FINAL.pdf

14:59:41 From Marilyn Sword:

In Idaho, the Family Caregiver Navigator Project is beginning the second year of a two-year pilot to provide high-touch personalized navigator services, with care plans, focusing on Spanish-speaking caregivers, in southwest Idaho. Our success to date has been the result of providing all materials in Spanish (translation done by local individuals to make sure it reflects appropriate cultural context), hire two Spanish-speaking navigators who are part of the Hispanic community, and meeting caregivers where they are - going to them and not asking that they come to us. Thank you for your info.

15:27:25 From Lauren Parker to Everyone:

BOLD Public Health Center of Excellence on Dementia Caregiving at the University of MN
<https://bolddementiacaregiving.org/technical-assistance/>

15:27:48 From Patrick Kelley:

Thank you

15:52:56 From Megan Bettinger:

Thank you, Susan

15:59:04 From Marilyn Sword:

Thanks, Casandra and group!

16:01:20 From Barb Koumjian:

Thanks back atcha, Marilyn!

16:05:32 From Tracy (she/her) Lifespan Respite WA:

Great symposium!!! Thanks everyone for sharing your wisdom, talents, ideas, and experience!!!! We use Language Line (national for calls, translation)

16:10:08 From Susan Larsen:

I have to jump off, but want to relay this Symposium has been great! Thanks to everyone for sharing your expertise!

16:10:23 From Tina Yurik:

Great two days learned so much from the groups and all of the presentations!!! I will email you Jill, thanks for all that you do!

16:10:23 From Tracy Cieniewicz:

Thanks for a great symposium!

16:10:38 From Ronelle Baker:

Thank you for another great symposium!

16:10:51 From Lita Nelson:

Very informative and useful information! Thank you all and the organizers!

16:10:56 From Sharon Groh:

Thank you ARCH & ACL leaders for an informative two days.

16:10:59 From Lori Stalbaum:

Another great meeting. Thank you to everyone!

16:11:08 From Mary Weltz:

Thank you! Great use of our time.

16:11:14 From Nancy Ranalli:

Great job!

16:11:20 From Cory Lutz:

Thank you everyone!!!

16:11:20 From Barb Koumjian:

Great to have met everyone, I learned so much!

16:11:22 From Anya Taylor:

Thank you!!!!

16:11:24 From James Davis:

Thank you!!!!!!!

16:11:29 From Megan Bettinger:

Thanks!