

# Lifespan Respite Grantee and Partner Learning Symposium

DAY 1 | July 14, 2021

## CHAT TRANSCRIPT

### *What do you hope to get out of the Learning Symposium?*

12:36:03 From Tina Yurik

Tina Yurik, Illinois Respite Coalition

12:36:04 From Sarah Schmidt

Hello from Arkansas!

12:36:08 From Tracy Cieniewicz

Hello from Alabama! Looking forward to gathering new ideas to support caregivers.

12:36:09 From Cory Lutz

Cory Lutz, Nevada - how to better reach our rural areas

12:36:09 From Brooke Bartholomew :

Brooke, Montana, new ideas for respite provision and recruiting respite providers

12:36:13 From Jack Read:

Hi! I'm with Tennessee Respite Coalition.

12:36:14 From Lisa Schneider:

Learn about new programs people are doing that are replicable!

12:36:18 From Lori Stalbaum

I can't wait to hear from everyone and engage in the small group discussion.

12:36:20 From Casandra Firman

I am looking forward to learning about how programs are measuring performance

12:36:24 From Jennifer Rosenbaum She/Her/Hers:

Hi - Jennifer Rosenbaum from NY. Learn about the great work across the country, learn new ideas.

12:36:27 From Lynn Fyanes:

Lynn Fyanes, Idaho Commission on Aging Hope to learn how other states are collaborating with other state systems.

12:36:27 From Abbey Lavazzo:

Abbey Lavazzo, New York State - hope to learn new and innovative ideas from others.

12:36:31 From Ronelle Baker:

Hello everyone, Ronelle Baker from Oklahoma. I look forward to hearing what other states are doing and how to strengthen our system.

12:36:34 From Nancy Ranalli:

Nancy Ranalli, Easterseals Delaware - learning what I can "borrow" from other states and use in Delaware!

12:36:37 From Deana Prest:

Deana Prest, New York State Office for the Aging. I always enjoy hearing what other states are doing.

12:36:38 From Patrick Kelley:

Patrick Kelley, Montana Looking forward to all the updates.

12:36:42 From Lita Nelson:

Good Morning from Arizona! Best practices for emergency respite care options and network building

12:36:43 From Peggy Spaulding:

Hello from Colorado, Peggy Spaulding. Love the Bring, Brag Borrow and look forward to it each year

12:36:44 From Megan Bettinger:

Hi, this is Megan Bettinger from Colorado. I am hoping to make connections with other coalitions and to learn what others are doing!

12:36:45 From Brandon Boe:

Brandon Boe from South Dakota! Excited to listen and learn from all of the FANTASTIC presenters!

12:36:46 From Liza Gundell:

Hello from NJ. Looking forward to hearing about what's happening in other states.

12:36:51 From Anya Taylor:

Hello from Delaware! I hope to learn some new ways to look at providing respite services to our caregivers

12:36:55 From Cheryl Dinnell:

Cheryl Dinnell, Executive Director, Nevada Lifespan Respite Care Coalition. I am looking for the best practices and new ideas from others!

12:36:57 From Kathy Mayfield-Smith:

South Carolina. Want to hear Federal perspective and learn about what is going on in other states.

12:37:02 From Rosalyn Alber:

Hello, this is Rosalyn Alber from DSHS in Washington State, I would like to connect with others working in respite programs.

12:37:05 From Josh Houben:

Josh- South Carolina Department on Aging. I'm interested in learning more about enhancing lifespan activities in rural areas.

12:37:07 From Megan Schwalm:

Hi! This is Megan from the TN Respite Coalition. Looking forward to hearing what new, cool things you all are doing!

12:37:15 From Mary Weltz:

Mary from North Dakota. Looking forward to learning what other states have accomplished to support caregivers.

12:37:17 From Nick Slentz:

Virginia here! I have myself Kathy Miller and Liza White in our conference room and we are hoping to get some new ideas to improve our program here in Virginia!

12:37:18 From James Davis:

Hello from Mississippi. Looking forward to finding new ideas.

12:37:25 From Dana McCants Derisier:

Dana McCants Derisier - Rhode Island Looking forward to learning about new innovative projects to hopefully implement in my state.

12:37:32 From Kerrie Reidelbach:

Kerrie - Montana - lots of great ideas, especially related to recruitment and training for individual respite workers.

12:37:34 From Leanne Winchester:

Hello, this is Leanne Winchester from Massachusetts. Looking to hearing from everyone!

12:37:42 From Alicia Blater:

Good Afternoon from North Carolina! This is Alicia Hess Blater from the NC Division of Aging and Adult Services. I oversee the Lifespan Respite Program, BOLD, and our State's Dementia Capable State Plan.

12:37:47 From Amy Nazaire:

Hi from Massachusetts, looking forward to hearing about all the great work being done across the country!

12:37:50 From Jutta Ulrich:

Jutta Ulrich, Arizona Caregiver Coalition, look forward to learning from others.

12:37:58 From Vicki Clear:

Good morning from Miles City, MT. Looking forward to "borrowing" new ideas.

12:38:00 From Susan Larsen:

Hi from Wisconsin DHS! Hoping to learn new ideas for addressing provider agency and workforce shortage concerns.

12:38:03 From Susan Reed:

Susan Reed. North Carolina. Interested in hearing what is new and different going on with other states.

12:38:13 From Y Orozco:

Hello everyone. Yazmin Orozco with Nevada lifespan respite project coordinator. Thank you for sharing your ideas.

12:38:20 From Barb Koumjian:

Hi from Lifespan Respite Washington (state). Looking forward to this time together!

12:38:32 From Marisa Bueno:

Marisa Bueno from Montana - what community-based program innovations have people found to be successful? How are people measuring the return on investment in respite?

12:38:37 From Maggie Lyons:

Maggie Lyons to see what other states are Bragging about and capture some of their ideas.  
Illinois Respite Coalition

12:38:57 From Marcia O'Malley:

All documents can be found here <https://lifespanrespite.wildapricot.org/2021-Grantee-Learning-Symposium/>

12:39:17 From Stephanie Red Elk:

Hi! I am Stephanie Red Elk with Sooner SUCCESS and the Lifespan Respite Voucher Program in Oklahoma! This is my first year and I am excited to be here

13:00:46 From Tracy (she/her) Lifespan Respite WA:

Thank you, Alison for all you do, know, and will work to make possible for all of us and America's caregivers. As we know everyday more are coming so investing in our future is awesome! Thank you! Congressional line item of funding please.

13:07:12 From Jill Kagan:

If you didn't have a chance to let us know what you hope to get out of the Lifespan Respite Learning Symposium, please feel free to let us know in the chat.

13:08:38 From Tina Yurik:

New ideas and always the updates.

13:14:45 From Tricia Lazare:

Some hopes from LRLS include; innovative ways to consider technology supporting respite, thoughts on how EVV may ultimately impact respite, ideas to market/hire/retain DSP's & opportunities to collaborate as we continue to move forth in our everchanging society.

13:16:19 From Marcia O'Malley:

[ACL.gov/RAISE](https://acl.gov/RAISE) [ACL.gov/SGRG](https://acl.gov/SGRG)

13:19:15 From Sharon Groh:

Remaining informed of programs being implemented and sustained that are demonstrating measurable, positive impacts for diverse caregivers.

13:24:34 From Lisa Schneider to Everyone:

Yes, feel free to contact me [lschneider@respitecarewi.org](mailto:lschneider@respitecarewi.org) regarding the State Pilot Project

13:24:41 From Jill Kagan to Everyone:

If you want to learn more about the training pilot, the application and the deadline, see <https://archrespite.org/respite-provider-recruitment-and-training-project>

13:24:52 From Sharon Groh:

I contacted Charlie Lewis, UNL Center on Children, Families and the Law with the information about the LRSP. She was unaware of the project.

13:28:40 From Susan Larsen:

Thank you for sharing your care, concern, expertise, and passion for achieving positive respite care outcomes across the lifespan, Lori and Sara!

13:29:56 From Marcia O'Malley:

BBB Schedule can be found here: <https://lifespanspите.wildapricot.org/2021-Grantee-Learning-Symposium/>

13:30:14 From James Davis:

A Carry Over request should come after September 30th correct? I could not clearly hear.

13:31:15 From Lori Stalbaum:

Yes, James - generally, carryover requests are submitted after the Sept 30 financial report is submitted through GrantSolutions. ACL's grant's office uses that information to confirm the carryover request amount.

13:32:17 From Amy Nazaire:

Lori, can you clarify this a bit more? Our current grant ends on August 31 so we planned to submit our request by the end of July. Should we wait until Sept 30?

13:32:55 From James Davis:

Thank you, Lori.

13:35:11 From Lori Stalbaum:

Amy: When a grant is ending, you do not submit a carryover request; you submit a request for a no-cost extension. When you are at the end of your funded project period, in your case, this Aug 31, then, yes, you do need to submit that request by the end of July. We must process the request for the no-cost extension before the project period ends. You can request a no-cost extension for up to 12 months. I will see if I can find the link to that information and post here in chat if I can figure it out or email to you, Amy, directly.

13:36:06 From Amy Nazaire:

Thank you so much Lori, it would be great if you could email that info to me.

13:36:16 From Lori Stalbaum:

Will do, Amy.

13:37:04 From Barb Koumjian:

Hey Sarah, great idea to have a time focused on collaborative efforts!

13:50:38 From Lynn Fyanes:

I'm curious who is creating the training modules?

13:53:14 From Lynn Fyanes:

I really like this. Thank you!

13:54:31 From Marcia O'Malley:

MT Lifespan Respite Interview Quotes at

[https://lifespanrespite.wildapricot.org/resources/Documents/Grantee\\_Symposium\\_Virtual\\_2021/BBB%20Handouts/MT\\_Lifespan%20Respite%20Interview%20Quotes.pdf](https://lifespanrespite.wildapricot.org/resources/Documents/Grantee_Symposium_Virtual_2021/BBB%20Handouts/MT_Lifespan%20Respite%20Interview%20Quotes.pdf)

14:00:09 From Jill Kagan to Everyone:

Just posted the participant list so you have everyone's email at your fingertips! You can find it here:

[https://lifespanrespite.wildapricot.org/resources/Documents/Grantee\\_Symposium\\_Virtual\\_2021/Participant%20List%202021.pdf](https://lifespanrespite.wildapricot.org/resources/Documents/Grantee_Symposium_Virtual_2021/Participant%20List%202021.pdf)

14:07:32 From Leanne Winchester:

I like this program!

14:11:05 From Lynn Fyanes:

me too!

14:12:03 From Peggy Spaulding:

Great program and such a need! Way to go Alabama!

14:13:13 From Tracy Cieniewicz to Everyone:

Thanks!

14:16:00 From Sharon Groh to Everyone:

Outstanding video!

14:17:28 From Leanne Winchester:

Can Nick share the link to the guide?

14:18:27 From Jill Kagan:

It is my understanding that the Virginia Guide to Caregiver Resources is not yet final, but when it is, they will share it with us.

14:30:13 From Megan Bettinger:

Here is the link for the first set of Transfer videos found on our website: Colorado Respite Coalition Video Resources

14:36:48 From Megan Bettinger:

These are great!

14:37:47 From Cory Lutz:

What a great idea!! Especially the tablet and the thermometer.

14:39:44 From Sharon Groh:

The reality of providing care is familiar to all of us. Lots of behind-the-scenes effort. Not all we do is "glamorous". Pass along thanks to helpful family members.

14:48:24 From Tricia Lazare:

Thank you for sharing everyone!

14:49:36 From Jill Kagan to Everyone:

Thank you all for such wonderful presentations. Next year we will have to schedule more time or do this more often!

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***How do you get your respite?***

14:49:51 From Cheryl Dinnell:

Ask a neighbor lady to help our son with pre-made cookie dough to make cookies while we have time to go on a walk together.

14:50:01 From Lynn Fyanes to Everyone:

Respite for self: walks, read, exercise, play guitar, listen to music. I've got a 1:00 (MST) presentation. Sorry to have to go...such great information and presentations.

14:52:44 From Leanne Winchester:

I need to schedule it into my calendar. Listen to music, sit on the beach, or go for a hike. Leave my phone at home!

14:52:58 From Cheryl Dinnell:

Ask a younger adult man to come to enjoy dinner and a movie with our son, while we go out to dinner.

14:56:21 From Jill Kagan to Everyone:

Feel free to post questions for your colleagues in the chat and we will make sure they see them following today's symposium.

15:01:32 From Ronelle Baker:

I go for walks, have at least one facetime call a week with my sister (my best friend) who lives in another state, color, play outside with my 5 & 6 y/o boys, and date night with the hubby.

15:02:56 From Lori Stalbaum:

I play games on my phone

15:03:08 From Tracy Cieniewicz:

Hired a housekeeper, purchase pre-made healthy lunches from a local meal service, read.



15:03:23 From Sharon Groh:

Kayak

15:03:29 From Cory Lutz:

Exercise and learning to do breathing exercises.

15:03:54 From Cheryl Dinnell:

Arrange to have my hairdresser daughter in law give our son a haircut at their house and invite him to have dinner and watch a movie while he's there. We can get about 3 hours for ourselves!

15:04:21 From Jack Read:

Lots of walks and lots of music! Time with my dog. I'm in the process of getting comfortable with driving and driving around suburbs has actually been relaxing.

15:05:15 From Deana Prest:

I like to walk the dogs, listen to music, and garden in the yard.

16:03:04 From Alicia Blater to Everyone:

CareYaya is the app in the Durham/Chapel Hill area of North Carolina at <https://www.careyaya.com/>

16:04:54 From Anya Taylor:

Thank you so much! Today was wonderful

16:05:09 From Lori Stalbaum:

Great day - thanks everyone!

16:05:16 From Tracy Cieniewicz:

Great day!

16:05:38 From Tina Yurik:

Thanks so much for the great info!

16:05:46 From James Davis:

Great Day!

16:05:49 From Kathy Mayfield-Smith:

Thanks for today. Great information!

16:06:10 From Ronelle Baker to Everyone:

Thank you! Great information and conversations.

16:06:26 From Susan Summers:

Thanks to all the BB&B presenters. You are wonderful and amazing.

16:06:27 From Maggie Lyons:

Enjoyed all the presentations!! Thank You!

16:06:43 From Nancy Ranalli:

Thank you - very informative!

16:06:45 From Cory Lutz:

Great information!! thank you everyone!

16:07:03 From Lita Nelson:

Thank you all!

16:07:21 From Tracy (she/her) Lifespan Respite WA:

Great first day!!!! Thanks everyone!!! Excellent sharing!