Montana Lifespan Respite Caregiver Survey Overview

- Why we did phone interviews
  - Program evaluation – evaluator doing the survey
    - Gain insight into the benefits of respite
    - Understand why respite is needed
    - Gauge how respite is being used
    - Learn what other support would be most helpful for caregivers
  - Program and policy design

- Recruitment of participants
  - Postcards – opt-in
  - Current caregivers
Montana Lifespan Respite Caregiver Survey Overview

Nine Categories of Questions

- Introductory
- The nature of caregiving
- Respite providers
- Other forms of support
- Vouchers
- Respite use – satisfaction and dosing
- Respite dollars
- How respite has helped
- Additional respite items
Montana Lifespan Respite Caregiver Survey Overview

- What have we learned thus far:
  - Caregiving is a unique experience in its benefits and strains
  - Getting a break from caregiving has innumerable benefits – health, relationships, psychological and emotional – and what those benefits are specifically
  - Applying and getting reimbursed through Lifespan Respite is easy but finding providers can be challenging
  - Hiring process, pay and how time is spent varies but falls into common categories
  - Building a community of support is something that many would like help with
  - Being asked for their feedback and input has been valuable to the caregivers