Arkansas Lifespan Respite

Arkansas Lifespan Respite Summit
July 27-29, 2021
Virtual (via Whova)
Arkansas Lifespan Respite Summit
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• Began planning in late May
• Revamped our respite coalition logo, infographic and brochure in the process
• Schedule of 10 workshop meetings via Zoom to plan
  • Date- Theme; Agenda Topics and Speakers; Media Push for Registration; Pre-recordings and walk-through
• 3-day virtual conference using Whova Event Management Application
  • Tracks and analyzes participation in sessions
  • Exhibitor and Sponsor Options; Gamification/Leaderboards for Incentive
  • 90 day full-access to videos, files, etc. for all registered after event is over
  • Pre- and Post- surveys
• Arkansas Governor and DHS Secretary will both give Opening/Welcome Messages
• Expecting Governor to proclaim week July 26-30, 2021- Arkansas Caregivers Week
• 27 Speakers (including those in our Community Rooms)
• Current number registered: 56
### Day 1 - Caregiver Focused

- Understanding what is respite
- Caregiver Community Connections

**Breakout Sessions:**
- Informational/Self-Care Topics
  - Medicare Fraud
  - Smart911/Emergency Planning
  - Telehealth
  - Caregivers in the Workforce
  - ADA and Effective Communication
  - Meditation/Chair Yoga
  - Laughter on Call

### Day 2 - Provider Focused

- How to Identify a Caregiver Needs Respite
- Volunteer Respite Training

**Serving the Underserved - Rural, Minority, Language Barriers**
- Where to find Resources - Building a Statewide Network
- Providing Respite in a Creative/Innovative Way
Day 3- Collaboration

Morning: “Respite RX: A Panel Discussion on Surviving the Caregiver Experience”

Afternoon: “Sustainability: A Roundtable Discussion on Future State Efforts for Caregivers and Respite”

If you would like to register and attend:
https://whova.com/portal/registration/alrs_202106/

Event Webpage:
https://whova.com/web/alrs_202106/
We Care. We Act. We Change Lives.