Adult Day Health Center Respite

245 families
15,000 hours of ADHC respite
13 Centers, most in one county
Win-win for caregiver and care receiver
Conversion to private pay challenging
Less suitable for younger care receivers
Lifespan Respite - POST Caregiver Assessment

Overall how much do you think you benefited from receiving respite services (note you may need to describe the services)

How much did receiving respite services help you feel more confident in providing care for (CR)

How much did receiving respite services help to keep (CR) living at home with you

How much did receiving respite services help make your life easier

How much did receiving respite services help improve (CR’s) life

How much did receiving respite services help enhance your ability to care for (CR)

Caregiver POST CAT Responses

- Refused
- Unknown
- Some
- A great deal
Program Highlights

**DAY CENTER**

44% of caregivers are over 70

Only 10% Latin – despite outreach

86% urban

54% caregivers live with spouse

High number of caregivers with college degree

**VOUCHER**

Target originally rural areas without day center

Also educational respite

With COVID-19, allow ADHC enrollees to get voucher

Gap group: DD members not getting respite from State

Latin/Native population hard to reach