Lifespan Respite Grantee and Partner Learning Symposium
DAY 2, June 17, 2020

Chat Transcript and Resource Links

13:05:24 From Cory Lutz: I am excited to possibly start using the Zoom meetings for my caregivers.

13:05:40 From Kathryn Sims: As a “new(ish) comer” it was helpful learning about the rollovers and extensions for funds not used!

13:05:41 From Joe Ward: South Caroline: Excited by all the ways to "do" respite

13:05:48 From Curtis Nielsen: Kristen Smith and Curtis Nielsen, Nebraska DHHS - We enjoyed Megan's presentation and idea for mini grants for the caregivers for self-care! Great idea!

13:05:58 From Jutta Ulrich: I liked the Tennessee idea to provide tablets and mini grants for caregivers to purchase things like exercise equipment.

13:06:03 From Patti Sele: ND -- I was excited to learn about the surveys and would like to utilize them

13:06:05 From Deana Prest: New York - I loved the idea of a thank you letter to referral sources.

13:06:09 From Jill McCormick: Washington the different tool kits

13:06:11 From Brooke Bartholomew: Montana: Different ideas of how to provide services and fund them!

13:06:15 From Spencer Blalock: Mississippi - Zoom supports, medical equipment

13:06:21 From Pam Oliason: Pam in Idaho liked Montana's letter to referral agents.

13:06:26 From Alicia Blater: Opportunity to hear that we could use Lifespan Respite funding for "virtual" respite ideas and hearing about what some other states are doing in this area.
From Meghan Kluth: Colorado, the creative referral letter and ways to thank caregivers. It’s easy to forget to do that simple act.

From Carly Endres: I plan to "steal" the self-care ideas that were given to caregivers-we have a "Caregiver Corner" on our website and I plan to put an area for Self-Care on that Caregiver Corner. I love the Royalty for a Day idea as well.

From Doris Green: NY - looking forward to the written resources about Vouchers from ID, MT and NC

From Lisa Hoskins: NC - Loved the e-care package idea from TN and hearing all the ways states are reaching out to caregivers

From Cheryl Dinnell: Converting events to virtual formats. Ideas for caregiver packages. We will use information in upcoming summit and caregiver recognition activities in future months.

From James Davis: Mississippi - I love the Zoom ideas with caregivers and rollovers.

From Mike Hirschi: Idaho--Different ways to offer supports to caregivers including virtually

From Abbey Lavazzo: NY- Learning about creative ways to provide respite care

From Geene Delaplane: All presenters gave us wonderful information. But I enjoyed the virtual platform discussion.

From Lita Nelson: Lita Nelson, Arizona Department of Economic Security - Division of Aging and Adult Services. What was exciting was the Lifespan Respite program development in other States.

From Traci Lunzman: South Dakota - I appreciated the Carryover Request & No-Cost Extension information.

From Nick Slentz: VA- I was excited to learn about the respite planning tool NC uses as it may be “borrowed” for our state. Also, I really like the way MT uses their referral letter, as our state has also had trouble with applications being sent in completely.
From Ray Kirk: Pleased to see the number of folks who are inquiring about how caregivers are using their respite time. Also, the creativity of maintaining respite services during the period of Covid-19.

From Megan Schwalm: Megan from Tennessee here! I enjoyed hearing about different ways to provide respite.

From Carley Frensley: AL: I enjoyed hearing about the creative ways of respite each state is providing through the pandemic.

From Mary Weltz: North Dakota--looking forward to viewing the webinar and seeing the respite planning tool.

From Brittany Huey: Alabama: Interested in mini grants for caregivers to purchase items to aid in self-care (TN), as well as the Caregiver Mentorship Program.

From Jim Holben: North Dakota: use of Day Center to provide respite.

From Marilyn Sword: Marilyn in Idaho - Appreciated learning how NC uses the info from Dr. Lund on how caregivers can use their time off; look forward to the list of referral resources that MT has.

From Vicki Clear: MT- The on the road conferences in OK was interesting and offering coupons to restaurants, books, etc. was a great idea.

From Arleen Evans O’Reilly: Virgin Islands- don’t have the lifespan in place as yet but we have a Caregiver Prog, and am excited about Virginia’s best practices with their respite program!

From Lisa Schneider: Don't forget to like or follow The BREAK Exchange at https://www.facebook.com/ExchangeBREAK/ (here's hoping I did this correctly:))

From Jill McCormick: I like that idea. Jill M

From Alicia Blater: I would like to have those too. Maybe a roundtable on virtual respite ideas and another one on caregiver self-help ideas?
From Alicia Blater: Way to go Jill and team! This is an impressive list of resources and body of work.

From Marilyn Sword: Round table discussions around specific topics is a great idea!

From Spencer Blalock - Mississippi: Welcome!

From Lisa Schneider: Yay Wisconsin!!

From Alicia Blater (for Lance Robertson): How will the national plan be incorporated with other federal initiatives such as the family caregiver support program, lifespan respite, the BOLD act within the CDC, etc.?

From Jill Kagan: ARCH Link to Download PPTs, shared documents and links to videos. https://lifespanrespite.wildapricot.org/2020-Learning-Symposium/

From Doris Green: Alabama Rocks! Such great ideas....love following your footsteps!

From Rachel Watkins-Petersen: That is EXCELLENT, Colorado!!!!! Thank you

From Doris Green: Awesome, can't wait to get my hands on the Guide!

From Marilyn Sword: Great work, Meghan! I'd like to get a copy of your tool kit.

From Cory Lutz: I agree - Meghan, that is awesome!!


From Rachel Watkins-Petersen: just downloaded it. Thanks a mill!

From Marilyn Sword: Thanks!

From Jill Kagan: Deana's loneliness tool is on the ARCH website following ND Video:

From Lisa Schneider: OMG this is awesome!!

From Cory Lutz: Bravo ND - Great video!! I love it. Nevada has been trying to do something similar!!

From Nancy Ranalli: Love that!!

From Aietah Stephens: Love this video!

From Alicia Blater: Really Nice!

From Lori Stalbaum: Fantastic

From Pam Oliason: Beautiful Mary!

From Rachel Watkins-Petersen: I LOVED that Mary! Let's walk to Canada and talk about it:) Miss you!

From Spencer Blalock - Mississippi: I'm jealous

From Kathy Mayfield-Smith: Great video!!!!!

From Aietah Stephens: Can we borrow?:)

From Vicki Clear: Love the video!!

From Peggy Spaulding: Great video and message!

From Jennifer Rosenbaum: Terrific video!

From Joe Ward: and the Emmy goes to...ND!

From Meghan Kluth: Agreed, excellent video! Well done!

From Mary Weltz: Oh, my goodness.....thank you from ND for all the kind words!
From Cory Lutz: Yes, Mary - can it be borrowed?
From James Davis: love the video!
From Jill McCormick: beautifully done video.
From Spencer Blalock: nice job on the brochure
From Lori Stalbaum: Very nice brochure.
From Traci Lunzman: Thank you!
From Traci Lunzman: https://dhs.sd.gov/formsandpubs.aspx
From Brooke Bartholomew: What makes them eligible to be on the website?
From Cory Lutz: Traci, how do you get someone to agree to be on your website? What are the requirements?
From Cheryl Dinnell: So did you find a way to get paperwork done online without anyone needing scanner/printers? We are trying to find an alternative as technology access is an issue.
From Tracy Kahlo: Lifespan WA Respite Eligibility: https://www.lifespanrespitewa.org/service-providers/
From Doris Green: From Doris: Yes- does this include private people that want to provide respite in their homes, I get those calls all the time.
From Tracy Kahlo: Lifespan WA - our applications for respite and to give respite can upload files directly in the application. Both applications are in the "grey boxes" on most pages.
From Jill Kagan: WA only links to vetted licensed providers.
Following RI’s video on student nurses as respite providers:
From Aietah Stephens: Love this video! Very well done!
From Doris Green: From Doris: Can you share a link to the video please. It's great!
14:34:59 From Jill Kagan: All links to videos and shared materials are on the ARCH website at https://lifespanrespite.wildapricot.org/2020-Learning-Symposium/

14:36:18 From Spencer Blalock: nice video

14:36:45 From Lori Stalbaum: RI - great video. Just love it.

14:39:27 From Traci Lunzman: Cory, for providers to be included on our Resource Directory, they are required to fill out an Inclusion form. Information can be found at the following link. https://dhs.sd.gov/ltss/providers.aspx

14:39:49 From Cory Lutz: Thank you.

14:39:57 From Rachal Hatton: Hi!

14:40:27 From Rachal Hatton: We're really excited about the trainings, and are so grateful for the work of Wisconsin.

14:41:34 From Joe Ward: Lori--on behalf of SCRC, we don't want to share you guys with others!:

14:46:19 From Brooke Bartholomew: Trainings for respite providers

14:46:44 From Nancy Ranalli: Yes, respite provider trainings


14:47:15 From Kathy Mayfield-Smith: I am very interested in Colorado's Employer Toolkit and learning what strategies have been most successful in getting employers to use it.

14:47:28 From Cheryl Dinnell: NV - So many ideas and activities! I will be sharing so many and following up with various states on implementing some of their ideas. Workforce development/Awareness/Outreach to rural areas continues to be needed in our state.

14:47:40 From Carley Frensley: I love the robotic pets and I would love to see a public awareness video in AL like North Dakota’s!
14:47:46 From Deana Prest: So many great things - NY is interested in implementing something similar to Rhode Island's Care Breaks program so I really loved seeing their video that highlights the effectiveness.

14:48:08 From Brittany Huey: Alabama: Interested in learning more about the RCCP Program-we’ve been in the process of trying to find someone to hold a list individual respite providers in our state (like to hear more about that from WI also)

14:48:20 From Spencer Blalock: Robotic pets

14:48:23 From Jill McCormick: talking with the nursing programs in the state about the volunteer respite idea. Jill M Washington

14:48:37 From Lisa Schneider: I liked the term "Carebreaks" as some people view the term 'respite' negatively.

14:48:52 From Spencer Blalock: virtual respite for students

14:49:18 From Geene Delaplane: Using the experiential learning idea of - in the client’s shoes - is an excellent way to bring awareness of our families’ real issues.

14:50:47 From Kathy Mayfield-Smith: Rhode Island’s program engaging nursing students and programs to provide respite.

14:52:03 From Rachal Hatton: I really love what Rhode Island is doing with nursing students and group respite--and I am excited about the CO Caregiving Friendly Workplace toolkit.

14:57:46 From Arleen Evans O’Reilly: I would consider adapting some of Virginia’s ideas namely reimbursement of hotel stays for family to assist with respite!

15:00:02 From Aietah Stephens: Oklahoma Team- we are excited about utilizing videos to increase awareness as well as learning about working with nursing students as respite providers
From Cory Lutz: I think we are going to look at the videos and use them in Nevada. As well as my voucher program I want to see about doing what Washington has done with the application and agencies.

From Pam Oliason: No camera on my work computer.

From Brooke Bartholomew: I would like to know more about the requirements and liabilities considered to post respite providers on a website? Are you endorsing them?

From Jim Holben: The coordination and use of students in your respite program.

From Tracy Kahlo, WA: Hi Brooke in Lifespan WA these are our registered providers who have to register for our voucher/grant recipients to use. There are specific requirements for providing respite in WA. https://www.lifespanrespitewa.org/voucher-program/current-registered-providers/

From Brooke Bartholomew: Thanks!

From Tracy Kahlo, WA: For Lifespan WA we also will contact respite providers requested by our care givers. They still must "register" and meet the requirements.

From Joe Ward: Society for Human Resource Management (SHRM) groups can be a way to connect with businesses.

From Meghan Kluth: Great idea, Joe!

From Mike Hirschi: Such great ideas and opportunities....hate to have to leave but teaching a Powerful Tools for Caregivers Class in 15 minutes. Thanks for this Symposium.

From Tracy Kahlo, WA: What about large Employee Assistance Programs (EAP)? I am going to connect with ours - Magellan.

From Meghan Kluth: Yes, absolutely. We looked at that and ended up going more the HR group route, but I think EAPs are very valuable resources.
15:19:18 From Alicia Blater: Good to hear Wisconsin is still doing this survey. Is it still offered without cost so long as the user allows them to collect the aggregate data?


15:22:49 From FranSha Anderson: This has been a very resourceful event. I have to go now to pick my kiddos up from summer the program. Will stand by for next steps. Thank you!

15:27:13 From Pam Oliason: Jill you are muted.

15:31:40 From Lisa Schneider: This was also a good resource we looked at in Wisconsin. https://www.johnahartford.org/dissemination-center/view/toolkit--supporting--caregivers-in-the--workplace--a--practical--guide-for--empl (maybe everyone already has this info as it is from 2017)

15:45:30 From Rachal Hatton: In SC, since our Breakrooms are temporarily closed due to C19, we engaged volunteers from each in additional training over the last couple months that could benefit them when they reopen.

15:56:35 From Jennifer Rosenbaum: It may be helpful to consider the public health model that this fits within and how further relate respite and its benefits — just a thought!

15:57:56 From Joe Ward: Regarding measuring cost-benefits of respite, perhaps these comments from RFK re GDP are relevant:

15:58:04 From Joe Ward: [Gross domestic product] does not allow for the health of our children, the quality of their education, or the joy of their play. It does not include the beauty of our poetry or the strength of our marriages, the intelligence of our public debate or the integrity of our public officials. It measures neither our courage, nor our wisdom, nor our devotion to our country. It measures everything,
in short, except that which makes life worthwhile, and it can tell us everything about America except why we are proud that we are Americans.

15:58:14 From Spencer Blalock: thank you for holding this forum
15:58:49 From Cheryl Dinnell: Great quote! Thanks!
15:59:12 From Jennifer Rosenbaum: Thank you for a wonderful 2 days - great facilitation, Jill, and many thanks to Lori and others at ACL.
15:59:29 From Mary Weltz: Thanks everyone!
15:59:30 From Meghan Kluth: Thank you all! It was great to see and learn from you. Take care!
15:59:34 From Cheryl Dinnell: It was great! Thanks for making this happen!
15:59:38 From Tracy Kahlo, WA: Thank you so much!!!!!
15:59:45 From Deana Prest: Wonderful Symposium! Thank you.
15:59:45 From Joe Ward: Thanks to everyone for a great 2 days.
15:59:47 From Aietah Stephens: This was very helpful and thank you for ALL you do everyone!