Lifespan Respite Grantee and Partner Learning Symposium
DAY 1, June 16, 2020

Chat Transcript and Resource Links

13:04:56 From Jill McCormick Lifespan Respite Washington: The ARCH monthly calls WA

13:05:29 From Cheryl Dinnell: Great ideas on how to strengthen programs and coalition in Nevada!

13:05:32 From Carly Endres: North Dakota-hope to get some good ideas from other states!

13:05:33 From Spencer Blalock: Mississippi - Energy for pushing forward, Ideas, Network

13:05:48 From Pam Oliason: Pam Oliason in Idaho is looking forward from everyone as usual :)

13:05:54 From Joe Ward-South Carolina Respite Coalition: South Carolina Respite Coalition: Ideas, ideas, ideas to help us better serve caregivers.

13:05:55 From Nick Slentz: VA: I would like to get some ideas how to approve our grant program for the future and have better outreach to caregivers in remote rural areas

13:06:05 From Casandra Firman: Ideas for keeping respite available to caregivers during times of crisis

13:06:24 From Tracy Kahlo (she/her) WA: Share, connect and support one another and all in our states and renew our spirits in these times.

13:06:24 From Marilyn Sword: Outreach to employers and the medical community. Thanks for this opportunity.

13:06:25 From Jutta Ulrich: more tips on outreach and convincing caregivers to use the respite

13:06:29 From Peggy Spaulding: Colorado - Bring, Brag and Borrow to learn all the great ideas of different states

13:06:33 From Jill McCormick Lifespan Respite Washington: WA; networking, learning new ideas, shared wisdom
From Meghan Kluth: The Colorado team is excited to hear about how other states are finding ways to continue to support caregivers during the pandemic and moving forward.

From Lisa Hoskins: NC - ideas for additional ways to provide respite as well as marketing this resource

From Kathryn Sims: Kathryn Sims - Colorado Respite Coalition...learn new approaches to respite during COVID and how different states run voucher programs

From Alicia Blater: North Carolina -- Ideas and motivation to keep moving onward and upward! You all are fantastic and encouraging peers and we look forward to the interaction with each of you.

From Carley Frensley: AL: New approaches to respite

From Jennifer Rosenbaum: Greetings. - looking forward to further learnings- to strengthen programs, learn new innovative ideas for delivery of respite, using volunteers, working with different systems, etc.

From Mary Weltz: North Dakota--innovative ideas for providing respite, especially in rural communities.

From MaryJo Caruso: ways to measure the impact of the respite provided during the pandemic

From Jim Holben: What each state is doing and any new ideas for providing Respite. ND

From Patrick Kelley: Montana - Looking forward to hearing how different programs are rolled out.

From Kathy Mayfield-Smith: Update from ACL and to learn what other states are doing. To get ideas to use in SC that keep us moving forward and improving respite systems and delivery. Also, how to enhance what we are doing with employers and how to better engage them.

From Lita Nelson: Best Practices for innovative respite care services and services evaluation

From Deana Prest: New York - I hope to get ideas!

From Aietah Stephens, Oklahoma: Oklahoma- look forward to learning from everyone!
From Deana Prest: If you need a no cost ext. on original YR 3 and on an Administrative supplement award in YR 3, do we need to send separate requests? I believe they may need to be separate since the grant numbers are different but thought it’s best to ask.

From Peggy Spaulding: Question for Lori. Do adaptations and alternative supports caused by COVID need to be approved prior to making the change in the grant workplan? Such as robotic pets, when not in the original grant?

From Deana Prest: Great, thank you!

From Peggy Spaulding: Thank you

From Peggy Spaulding: Yes, I understand

From Pam Oliason: How are the AZ adult day centers funded?

From Pam Oliason: Thanks!

From Cory Lutz: I would like to have a copy of the manual. Thank you!!

From Tracy Kahlo (she/her) WA: Pam, yes please share the manual!

From Pam Oliason: Got it Cory--thanks from Pam.

From Mike Hirschi: Looking forward to starting the consumer directed respite program here in SE Idaho. Thanks Pam!

From Cheryl Dinnell: I am also interested in Idaho's caregiver manual!

From Marilyn Sword: I would be interested in the list of referral resources from Vicki in MT

From Jill Kagan: To download PPTs, letters, documents, visit https://lifespanrespite.wildapricot.org/2020-Learning-Symposium

From Tracy Kahlo (she/her) WA: Tracy in WA - Alicia if we can borrow your brag, respite worksheet to plan their break please!

From Cheryl Dinnell: I’d be interested in seeing the planning sheet you have caregivers use!

From Marisa Bueno: Would love to see survey instrument and report!

From Cheryl Dinnell: Thank you were sent directly to caregivers and respite workers? How did Coalition develop such a list?

From Jill Kagan: Love Aietah's T-shirt!

From Cheryl Dinnell: What will the Caregiver event look like in 2020?
From Cheryl Dinnell: 60% of clients said what?

From Aietah Stephens, Oklahoma: Good question, on what will caregiver event look like, we are discussing virtual options.

From Nancy Ranalli: We are doing our annual Caregiver Conference typically held in August as a virtual caregiver week this year.

From Aietah Stephens, Oklahoma: Thanks Jill, t-shirt was from our Caregivers are Super Heroes event. Word cloud with words describing caregivers.

From Cory Lutz: Megan, what age are your caregivers? How many are typically on a call/ Zoom? I would love to start something like that in Southern Nevada.

From Marisa Bueno: Agreed! Those resources would be great!

From Linda Hickman: That would be great!

From Marilyn Sword: Thank you Megan!

From Cory Lutz: Thank you everyone!!

From Jill McCormick Lifespan Respite Washington: WA Utilizing what is being discussed on updating and enhancing supports and alternative respite ideas for caregivers.

From Spencer Blalock: I like the tech ideas

From Tracy Kahlo (she/her) WA: There are so many things I am learning that is sparking ideas to fuel current and future plans! The team and I are emailing while we listen and engage. Like any good process we'll connect, sift, thrash and see what rises for current and new funding ideas!

From Aietah Stephens, Oklahoma: Oklahoma- Love the innovative ways to reach family caregivers. Our team will further discuss ways we can incorporate. Thank you everyone for sharing!

From Alicia Blater: We will use these ideas and examples to help us reach out to new audiences. Meetings like this are great reminders about connections we can start or grow.

From James Davis: Mississippi- Being new to the program and hearing different ideas and strategies will help us connect with others to enhance our program. Thanks for sharing.

From Marilyn Sword: How are any of the programs supporting/informing caregivers, especially in rural areas, who do not have access to the internet?
From Deana Prest: Thank you for clarifying.

From Cory Lutz: Great question, Jutta!! My thought was the same.

From Cheryl Dinnell: We saw that caregivers who pulled back during COVID-19 pandemic could hold out for about 2 months alone. Then they needed a break desperately! We had caregivers having heart attacks, panic attacks, and other health/mental health issues. Was that the experience others had?

From Pam Oliason: FYI: End Loneliness Course (6 modules) Idaho Commission on Aging website. Free, online, not Idaho specific. Have at it :) 

From Pam Oliason: Forgot link: https://aging.idaho.gov/stay-educated/lets-end-loneliness-an-idaho-campaign/

From Jill Kagan: Making Respite more effective with Dr. Dale Lund. ARCH Webinar link at https://archrespite.org/webinars-and-teleconferences/making-respite-more-effective

From Kathy Mayfield-Smith: For Jutta with the ADCs, have you tried to negotiate rates with ADCs to get more hours of respite for the vouchers. In a previous lifespan grant, SC was able to negotiate with some ADCs based on the number of referrals and that they could bill us directly and got paid pretty quickly.

From Jennifer Rosenbaum: Thank you for all the sharing!

From Jutta Ulrich: Kathy, we use AAA rates.

From Cheryl Dinnell: Thank you all! I look forward to tomorrow!

From Marilyn Sword: Thank you! Good work!

From Geene Delaplane: thank you all ......I learned so much today!

From Kathy Mayfield-Smith: Thanks

From Patrick Kelley: Thank you

From Lori Stalbaum: Thank you everyone! See you tomorrow. Lori

From Patti Sele: Thank you so much - this was wonderful!

From Deana Prest: All the information was terrific! Thank you to everyone.

From Carolyn McGlamry: Thanks so much, great info, Carolyn