Lifespan Respite Track
At the National Lifespan Respite Conference

Wednesday Afternoon, May 1, 2019

2:15 – 3:30  Breakout Session A

A-2 Bringing Emergency Respite Care to Maryland: Lessons Learned and Early Findings

Room:  Richardson
Tracks:  Service Delivery and Lifespan Respite

Naomi Duffort, Program Specialist, Respite Care and Project Home, Office of Adult Services, Social Services Administration, Maryland Department of Human Services, Baltimore, MD

Christine Schoenberger, MHS, Business Manager, Maryland Center for Developmental Disabilities at Kennedy Krieger and Maryland Respite Care Coalition, Baltimore, MD

While Maryland has offered respite services across the lifespan for a number of years, it has only recently implemented an emergency respite program through its Lifespan Respite grant. Emergency respite is intended for use when the absence of the primary caregiver is unavoidable and all other options have been exhausted. There are unique challenges implementing a new emergency service such as this. This session describes these challenges and offers guidance for other states that might be interested in offering emergency respite.

A-4 Respite in Washington: A Beacon of Hope in the Storms of Life

Room:  Sullivan
Track:  New Partnerships and Lifespan Respite

Linda J. Porter, Program Coordinator, Lifespan Respite Washington/PAVE, Tacoma, WA

Dana Allard-Webb, Family Caregiver Support Program Manager, Home & Community Services, Aging & Long-Term Support Administration, Washington State Department of Social and Health Services, Lacey, WA

Amy Knapton Vega, Executive Director, Vanessa Behan Crisis Nursery, Spokane, WA

This dynamic workshop will provide an historical context plus practical considerations while developing respite programming for a variety of population needs. Participants can ask questions and offer suggestions. Providing respite in Washington with a Lifespan Respite approach involves a vital matrix of programs, funding sources, and partners; e.g., state, private, non-profit groups, tribal, brain injury, military, etc. It will show how a program can unfold to become an important community service model.
3:45 – 5:00 PM  Breakout Session B

B-4  A Case Study in Organizational Change with Co-Occurring Statewide Long-Term Care Systems Change

Room: Grand Ballroom E
Tracks: New Partnerships and Lifespan Respite

Lisa Schneider, Executive Director, Respite Care Association of Wisconsin, Portage, WI
Tricia Lazare, Board President, Respite Care Association of Wisconsin, Portage, WI
Susan Larsen, Chief, Program Integrity and Compliance Section, Bureau of Children’s Services, Division of Medicaid Services, Wisconsin Department of Health Services, Madison, WI

The Respite Care Association of Wisconsin (RCAW) and its partners will provide a brief history of the organization and the state Lifespan Respite Program, and how taking a hard look back helped determine how to move forward. A fresh set of eyes and a new perspective set against the backdrop of changes in the long-term care (LTC) delivery system enabled RCAW to make difficult decisions & implement changes with the goal of meeting the needs of family caregivers while adding value, impact, and increasing our sustainability - with a very limited budget.

B-6 Shared Session

Room: Grand Ballroom D
Track: New Partnerships and Lifespan Respite

Bringing Nursing Programs and State Agencies Together to Provide Respite for Family Caregivers

Christine McGrane, MS, RN, CNE, RICSNT, Assistant Clinical Professor, College of Nursing, University of Rhode Island, Kingston, RI
Diane C. Martins, PhD, RN, Professor, College of Nursing, University of Rhode Island, Kingston, RI
Lynn P. Blanchette, PhD, RN, PHNA-BC, Associate Dean, Assistant Professor, School of Nursing, Rhode Island College, Providence, RI

The collaboration of multiple agencies and academic partnerships brought forth the creation of a student nurse experience that meets the needs of families in Rhode Island who are caring for loved ones at home and have little opportunity to relinquish their caregiver responsibilities. The families are encouraged to use the provided respite time for self-care activities, which will help them remain energized and able to sustain caring for their loved one at home.

AND
Helping Those Who Care: Partnering to Create an Assistive Technology as Respite Education Training for Family Caregivers

Tracy Cieniewicz, Sustainability Director, UCP of Huntsville and Alabama Respite, Huntsville, AL

Helping Those Who Care (HTWC) is a respite education training developed by the Alabama Lifespan Respite Resource Network in conjunction with Alabama’s AT Act program that introduces aging caregivers to simple assistive technology (AT) solutions for daily living activities as a form of respite. Respite professionals and stakeholders will receive tools to replicate HTWC, including the identification of states’ AT Act programs and benefits of partnership.

Thursday, May 1, 2019

9:45 – 11:00 Breakout Session C

C-6 Innovative Outreach Methods to Reach Family Caregivers

Room: Grand Ballroom E
Tracks: New Partnerships and Lifespan Respite

Meghan Kluth, Director of Respite Initiatives, Easterseals Colorado, Lakewood, CO
Elle Billman, Colorado Respite Care Program Coordinator, Easterseals Colorado, Lakewood, CO

Reaching family caregivers through community outreach is difficult. Caregivers come from all walks of life and there is no single outreach strategy that reaches all effectively. Easterseals Colorado and the Colorado Respite Coalition have developed innovative outreach strategies to help connect families and professionals with needed resources. Explore opportunities for your outreach efforts and the lessons learned from our experience, including adaptable models and creative partnerships.

11:15 – 12:30 Breakout Session D

D-6 Shared Session

Room: Grand Ballroom B

Variety! The Spice of Life: How to Engage a Variety of Non-Profit Organizations in Respite

Track: New Partnerships and Lifespan Respite

Pam Oliason, Program Specialist, Idaho Commission on Aging, Boise, ID

Non-profit organizations offer niches of respite if given funding and technical assistance. Locating organizations with the capacity to imagine offering respite was hard, but we succeeded and funded them with Lifespan Respite grant funds. Examples of respite experiences provided by the funded non-profits include: backpacking trips for caregivers of
cancer survivors; five-hour recreation events for families of children with intellectual disabilities--all family members enjoy time with peers; in-home services for caregivers of children with significant medical complications; and respite to lifespan caregivers attending Powerful Tools for Caregivers classes.

AND

Break Rooms Illuminate Respite for Faith Communities

Track: Service Delivery and Lifespan Respite

Kathy Mayfield-Smith, Research Associate Professor and Associate Director, Institute for Families in Society, University of South Carolina, Columbia, SC

“Break Room” is South Carolina’s new Lifespan Respite grant initiative encouraging faith communities to provide respite to family caregivers during religious services/events by giving care recipients onsite care/activities while caregivers attend congregational activities. It is a simple concept that normalizes respite making it manageable for even small houses of worship. Workshop covers the steps from idea development to implementation, tools used to create the structure (e.g., mini-grant application/instructions, training handbook for grantees), and challenges and successes during this inaugural year.