

Appendix: Summary Table of Federal Programs That May Be Potentially Accessed by States, Local Agencies, or Individuals for Respite Services, Support, or Funding

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
Medicare and Medicaid Programs				
Medicare Hospice Benefit	Fee for service entitlement to individuals	Social Security Act, Title XVIII, Section 1861	Medicare-eligible aged and disabled individuals with terminal illnesses	Payments to hospice care facilities
Medicare Advantage Special Needs Plans	Managed care health insurance plan to individuals	Social Security Act, Title XVII, Section 1859; Medicare Modernization Act of 2003	Medicare-eligible individuals who are institutionalized, dually eligible, or have certain conditions	Payments to respite care providers
Medicaid Personal Care Benefit	Formula grant to states at state option	Social Security Act, Title XIX	Medicaid-eligible individuals in states including this option in their state plan	Payments to providers of services that result in “indirect” respite care
Self-Directed Assistance Services	Formula grant to states at state option	Social Security Act, Title XIX, Section 1915(j)	Frail elders, adults with disabilities, and some children with developmental disabilities	Consumer-directed budgets can be used to pay respite providers
Programs of All-Inclusive Care for the Elderly (PACE)	Capitated benefit with integrated Medicare and Medicaid financing	Balanced Budget Act of 1997	Individuals age 55 or older certified as eligible for nursing home care	Payments to providers of services that result in “indirect” respite care; payments to respite care providers
Early and Periodic Screening, Diagnosis, and Treatment (EPSDT)	Formula grant to states Entitlement	Social Security Act, Title XIX	Medicaid-eligible children	Payments to providers of services that result in “indirect” respite care
Medicaid Hospice Benefit	Formula grant to states State option	Social Security Act, Title XIX	Medicaid-eligible individuals with terminal illnesses	Payments to hospice care Facilities

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
Medicaid Waiver Programs				
Medicaid Research & Demonstration Projects	Discretionary grant to states	Social Security Act, Title XXI, Section 1115	Medicaid-eligible individuals	Payments to respite care providers or consumer-directed
Medicaid Managed Care/Freedom of Choice Waivers	Waiver of Medicaid regulations	Social Security Act, Title XIX, Section 1915(b)	Medicaid-eligible individuals	Payments to respite care providers or consumer-directed
Home and Community-Based Services Waivers	Waiver of Medicaid regulations	Social Security Act, Title XIX, Section 1915(c)	Medicaid-eligible individuals	Payments to respite care providers or consumer-directed
Combined Waivers	Waiver of Medicaid regulations	Social Security Act, Title XIX, Sections 1915(b) and (c)	Medicaid-eligible individuals	Payments to respite care providers or consumer-directed
Additional Medicaid and Children's Health Insurance Program Opportunities				
Community First Choice Option	Formula grant to states State option	Social Security Act, Section 1915(k)	Medicaid-eligible individuals requiring an institutional level of care	Payments to providers of services that result in "indirect" respite care
Medicaid State Plan Option for Home and Community-Based Services	Formula grant to states State option	Social Security Act, Title XIX, Section 1915(i)	Medicaid-eligible individuals	Payments to respite care providers or consumer-directed
Money Follows the Person	Discretionary grant to states	Deficit Reduction Act of 2005 and Affordable Care Act and Affordable Care Act	Medicaid-eligible individuals transitioning out of institutional settings	Payments to respite care providers or consumer directed
Children's Health Insurance Program (CHIP)	Formula grant to states	Social Security Act, Title XXI	Low-income children	Payments to respite care providers

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
Programs for Children Only: Child Welfare and Child Abuse Prevention Programs				
CAPTA Basic State Grants	Formula grant to states	Child Abuse Prevention and Treatment Act, Title I	Children identified as abused or neglected and their families	Support of community respite and crisis nursery programs
CAPTA Discretionary Activities	Discretionary grants or contracts to states, local government, tribes, tribal organizations, public or private agencies	Child Abuse Prevention and Treatment Act, Title I	Children identified as abused or neglected or at risk of abuse or neglect and their families	Support of community respite and crisis nursery programs
Child Abuse Community-Based Prevention Grants (CBCAP)	Formula grant to states	Child Abuse Prevention and Treatment Act, Title II	Children at risk of child abuse or neglect and their families	Support of community respite and crisis nursery programs
Stephanie Tubbs Jones Child Welfare_Services	Formula grant to states	Social Security Act, Title IV-B, Subpart 1	Families and children in need of child welfare benefits	Payments to respite care providers
Promoting Safe and Stable Families	Formula grant to states	Social Security Act, Title IV-B, Subpart 2	Families and children in need of child welfare and family strengthening services	Payments to respite care providers and crisis nursery programs

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
Targeted Grants to Increase Well-Being of, and to Improve Permanency Outcomes for, Children Affected by Substance Abuse	Competitive grant to state partnerships serving children at risk of out-of-home placement	Social Security Act, Title IV-B, Subpart 2	Children at risk of out-of-home placement due to parent or caregiver's substance abuse	Payments to providers of services that result in "indirect" respite care
Adoption Opportunities	Discretionary grant to projects	Child Abuse Prevention and Treatment and Adoption Reform Act	Children in foster care with a goal of adoption	Grants to programs that may be used to pay providers of respite care
Family Violence Prevention and Services Act	States, Tribal entities; State Domestic Violence Coalitions	Family Violence Prevention and Services Act	Victims of domestic violence, their children and other dependents, their families, and the public	Assistance in accessing and providing information and referral to respite services
Programs for Children Only: Child Education/Health/Mental Health				
Early Intervention for Infants and Toddlers	Formula grant to states	Individuals with Disabilities Education Act, Part C	Children ages 0 to 2 with developmental disabilities and their families	Payments to respite care providers
Special Education Preschool	Formula grant to states	Individuals with Disabilities Education Act, Part B	Children ages 3 to 5 with developmental disabilities	Payments to respite care providers

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
Maternal and Child Health Block Grant	Formula grant to states	Social Security Act, Title V, Section 501	Mothers, infants and children, including children with special health	Payments to respite care providers
Family to Family Health Information Centers	Discretionary grant to projects	Social Security Act, Title V, Section 501(c)(1)(A)	Children and families receiving services from organizations engaged in activities for children and youth with special health care needs	Funds information centers to connect families to respite. No direct funding for respite care
Child Mental Health Initiative	Discretionary grant to states	Public Health Service Act, Title V, Section 561	Children under age 22 with a diagnosed serious emotional disturbance, serious behavioral disorder, or serious mental disorder	Payments to respite care providers
Programs for Children Only: Child and Family Low-Income Assistance				
Temporary Assistance for Needy Families (TANF)	Formula grant to states	Social Security Act, Title IV-A	Low-income families with children	Payments to respite care providers or consumer directed
Child Care and Development Fund	Formula grant to states	Social Security Act, Title IV	Children under age 13 (option to 19 if disabled or under court supervision) with working parents under 85% of state median income, or receiving protective services	Payments to respite care providers if family receiving protective services; development and support of provider

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
Programs Serving Multiple Age Groups				
Community Development Block Grant	Entitlement grants to principal cities of Metropolitan Statistical Areas (MSAs) and qualified urban counties; Non-entitlement grants to states	Housing and Community Development Act of 1974, Title I	Low- and moderate-income persons	Grants to respite care providers
Social Services Block Grant	Formula grant to states	Social Security Act, Title XX	No restrictions	Grants to respite care providers
Community Mental Health Services Block Grant	Formula grant to states	Public Health Service Act, Title XIX, part B	Adults with serious mental illness; children with serious emotional disturbance	Payments to respite care providers
Developmental Disability Basic Support and Advocacy Grants	Formula grant to states	Developmental Disabilities Assistance and Bill of Rights Act	Individuals with developmental disabilities	Funds development and maintenance of provider networks. Limited payments to respite care providers
Lifespan Respite Care Program	Competitive grants to states	Public Health Service Act, Title XXIX	Family caregivers of children and adults with special needs	Payments to states for respite systems; provider training and recruitment; information for family caregivers; payments to respite providers and to individuals for planned and emergency respite.

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
Programs Serving Multiple Age Groups				
Centers for Independent Living	Discretionary grant to projects	Rehabilitation Act, Title VII, Part C; Recovery Act	Individuals with significant disabilities	Payments to respite care providers or linkages to respite using other funding sources for payment
HIV Care Formula Grants	Formula grant to states	Public Health Service Act, Title XXVI, Part B	Individuals with HIV/AIDS and their families	Payments to respite care providers
HIV Emergency Relief Project Grants	Formula grant to states	Public Health Service Act, Title XXVI, Part A	Individual with HIV/AIDS and their families	Payments to respite care providers
Supplemental Security Income	Entitlement to individuals	Social Security Act, Title XVI	Individuals who are disabled, blind, or over 64 and low income	Unrestricted payments to individuals; can be used for respite
National Senior Service Corps - Senior Companion	Discretionary grant to projects	Domestic Volunteer Service Act, Title II, Part B	Individuals age 21 and over with special needs; frail elderly	Payments in the form of stipends to volunteer companions who in turn provide no cost services to consumers
National Senior Service Corps – RSVP and Foster Grandparent Programs	Grants to national and local nonprofits, schools, government agencies, faith-based and other community organizations	Title II, Domestic Volunteer Service Act of 1973, as amended, P.L. 93-113; as amended through P.L. 111-13, 2009	Older volunteers serve children, adults, and the aging population	No-cost volunteer services provided to consumers

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
AmeriCorps	Formula grants when applicable to Governor- appointed State Service Commissions	National and Community Service Act of 1990; as amended through P.L. 111-13, 2009	Beneficiaries identified with an application for assistance	No-cost volunteer services provided to consumers
Aging and Disability Resource Centers	Competitive grants to State Agency or instrumentality of the State	Titles II and IV of the Older Americans Act (OAA), as amended by the Older Americans Act Amendments of 2006, P.L. 109-365.	Aging population and persons with disabilities, including family caregivers	ADRCs play a central role in Lifespan Respite systems as mandated primary stakeholders. Information and referral to LTSS. No specific funds for respite
National Family Caregiver Support Program	Formula grant to states, Indian Tribal Organizations; public or nonprofit Native Hawaiian organizations	Older Americans Act, Title III-E and VI-C (Native American Caregiver Support Program)	Family caregivers; grandparents and older individuals who are relative caregivers; American Indian and Native Hawaiian family caregivers; grandparents and older individuals who are relative caregivers	Payments to respite care providers or consumer direction
Programs for the Aging				
Supportive Services and Senior Centers	Formula grant to states	Older Americans Act, Title III, Part B	Individuals age 60 and over with economic and social need	Payments to providers of services that result in “indirect” respite care
Alzheimer’s Disease Supportive Services Program	Discretionary grant to states	Public Health Service Act, Title III, Section 398	Individuals with Alzheimer’s Disease and their family caregivers	Payments to respite care Providers to support caregiver participation in program

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
Programs for American Indians				
Indian Child Welfare Act Grants	Discretionary grant to Tribes	Indian Child Welfare Act	American Indian children and families	Payments to respite care providers
Social and Economic Development Strategies	Discretionary grant to Tribes	Native American Programs Act	American Indians, Alaska Natives, Native Hawaiians, Native American Pacific Islanders	Payments to providers of services that result in “indirect” respite care
Special Program for Aging American Indians	Discretionary grant to projects	Older Americans Act, Title VI	Older American Indians, Alaska Natives, and Native Hawaiians	Payments to providers of services that result in “indirect” respite care
Programs for Military Families				
TRICARE ECHO	Supplemental health insurance	National Defense Authorization Act for FY 2002, P.L. 107-107	Military families with an exceptional family member	Payments to respite care providers
Respite for Injured Service Members	Extended TRICARE respite benefits	National Defense Authorization Act for FY 2008, P.L. 110-181, Subtitle C, Sec. 1633.	Injured active duty service members, including National Guard/Reserve who have a serious injury	Payments to respite providers at no cost to family and no cap
Exceptional Family Member Respite Program	Entitlement to individuals		Military families with a family member who has special needs/disabilities	Payments to respite care providers; varies by branch of military service
Armed Services YMCA Respite Child Care	Entitlement to individuals		Military families at participating YMCAs	Free membership and respite child care

Program	Type of Assistance & Eligible Entity	Authorizing Legislation	Beneficiaries (may vary by state)	Payments to or Support for Respite Services
Programs for Veterans				
Veterans Affairs Health Care – Geriatrics and Extended Care	Entitlement to individuals	Millennium Health Care and Benefits Act	Veterans of all eras	Provides respite care through VA medical centers, community settings, or in-home
Aid-and-Attendance and Housebound Benefit	Entitlement to individuals	—	Veterans with medical needs or mental or physical disability or surviving spouses	Unrestricted payments to individuals; can be used for respite
Volunteer Caregiver Support Network	—	—	Family caregivers of seriously injured veterans with polytrauma, traumatic brain injury (TBI), and/or spinal cord injury (SCI)	Voluntary respite services
Veteran-Directed Home and Community Based Services	Discretionary grant to Aging and Disability networks, including Centers on Independent Living	—	Veterans at risk of placement in a nursing home	Payments to respite care providers or consumer directed
VA Program of Comprehensive Assistance for Family Caregivers	Stipends to family caregivers, mental health services, health coverage and respite	Caregivers and Veterans Omnibus Health Services Act	Family caregivers of veterans receiving medical discharge for a serious injury incurred or aggravated in the line of duty on or after September 11, 2001	Respite must be medically and age-appropriate, and include in-home care.

Source: ARCH National Respite Network and Resource Center (2015). *Federal Funding and Support Opportunities for Respite: Building Blocks for Lifespan Respite Systems, 2015*. Chapel Hill, NC: Author.