

FY 2017

Central Area Work Plan, NE Respite Network

Agency: Central Nebraska Community Action Partnership, Inc.

2017 Goal of the Nebraska Respite Network Central Service Area is to increase awareness across the service area in regards to available programs and funding for respite, while partnering with federal, state and local agencies to address barriers to family caregivers.

#1. Provider recruitment, retention, and training.

Major Outcome (What)	Objective (Why)	Strategies & Activity (Who & How)	Outcome Measurements & Evaluations (#'s & Who &/or Where)	Completion date (When)
Build upon existing respite infrastructure to identify previously un-served & underserved families by training significant number of providers we will be able to more easily match families with trained providers.	Track and address the needs of family members with severe behaviors, specific disabilities, chronic illnesses, geographically isolated, language and/or cultural barriers.	Collaborate with Region 4 behavioral services, developmental disability agency, and other agencies and train providers in specific areas of need and provide REST trainings.	Increase individual providers by 10 with trainings specific to the Central Region.	Increase well-trained providers in Central Service Area throughout FY 2017
Demonstrate collaboration with an institution of higher learning to recruit, train, and retain students as respite providers.	Collaboration with an institution of higher learning, University of Nebraska – Kearney in Kearney Hastings College in Hastings Central Community College in Grand Island, Hastings and Kearney Midland Community College Broken Bow	Respite Coordinator, Department Chair at institution, State Respite Program Coordinator, Department Director	Partner with 3 institutions to recruit, train, and retain respite providers.	Increase of providers in Central Service Area throughout Q1, Q2, Q3, Q4

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<p>Increase Network provider completion of cross-system available training opportunities available local, state, and national provider training resources.</p>	<p>Provide/post training videos on Facebook, and provide links on emails, newsletters, and social media.</p>	<p>Respite Coordinator/CNC AP staff/Advisory members</p>	<p>Place one training video notices of different subject on a monthly basis to the Respite calendar.</p>	<p>Track number/percentage of how many people view video or information on Facebook. Ongoing Q1,Q2,Q3,Q4</p>
<p>Demonstrate efforts to encourage licensed foster parents and active Medicaid providers to also provide respite care.</p>	<p>Collaboratively work with Building Blocks, Region 3, Boys Town, South Central Behavioral Services, and other agencies.</p>	<p>Respite Coordinator, foster parents, providers and agencies partnering with: Building Blocks that covers Grand Island and Burwell area, South Central Behavioral Service- Hastings, Boys Town – Grand Island, and Region 3 - Kearney .</p>	<p>Two (2) presentations will be conducted to agencies. REST training will be conducted for Foster parents with a minimum of five (5) participants. Meeting with South Central Behavioral Services and Building Blocks to reach out to families that may not know of CNCAP services.</p>	<p>Increase network approved providers; Q1,Q2,Q3,Q4</p>
<p>Encourage retention with respite providers.</p>	<p>Engage in regular activity with respite providers to encourage retention.</p>	<p>Respite Coordinator, Providers</p>	<p>Increase and or retain network providers with monthly involvement with Respite Coordinator and staff.</p>	<p>Q1,Q2,Q3,Q4</p>
<p>Solicit input from Advisory Committee, network & Lifespan Respite Subsidy providers, family</p>	<p>Develop a survey to send out to partners for input</p>	<p>Respite Coordinator, Advisory</p>	<p>Receive and tally input regarding delivery of long-term support and services. Produce a baseline.</p>	<p>Results will be compiled and</p>

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caregivers, and system partners on Nebraska's Long Term Services and Supports (LTSS).		Committee, Providers, Family Caregivers, CNCAP staff		submitted to DHHS.LTSS Redising@Nebraska.gov by November 2016
Increase the number of volunteer providers and Network organizations contributing respite data for the Respite Dashboard.	To increase the number of volunteer providers and Network organizations contributing data directly to the Respite Data Dashboard.	Respite Coordinator, Community Agencies	Partner with CCFL to provide information as needed thus strengthening the amount of hits this site produces.	Ongoing Q1,Q2,Q3,Q4
Increase the number of REST trained providers.	To increase the number of REST trained providers and of those who complete the training. In return to increase the number of providing respite within 60 days of completing the training.	REST training will be offered in the Central Service area.	Three (3) REST training will be offered with in the service area and a minimum of five (5) people attending. In-Kind will be noted on eLR when recording trainings.	Q1,Q4

#2. Promote the exchange of information and coordination among state and local governments, community lifespan respite services programs, agencies serving individuals unable to care for themselves, families, and respite care advocates to encourage efficient provision of respite services and reduce duplication of effort.

Engage with the local and state agencies to ensure efficient respite services information will be shared in a way that can get the word out to	Identify family caregivers who are grandparents providing the majority of care to children aged 17 or	Respite Coordinator, CNCAP staff, Nebraska State	Newsletters and Surveys will be handed out at events in both English and Spanish.	16 Sr Centers 18 School
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agencies to reduce duplication of effort.	younger related to them by blood, marriage, or adoption to inform of respite resources.	Fair, CSFP, school counselors		Counselors Q1,2,3,4 (16 SR Centers 18 School Counselors Total by Q4)
Increase awareness of respite resources and how to access programs across systems by training local service coordination and public education staff in the DHHS Divisions of Developmental Disabilities, Children & Families Services, Behavioral Health, Medicaid, & Long-Term Care and Public Health	Collaborate with agencies by attending meetings to increase awareness of Respite resources.	Respite Coordinator, State and local agencies	Presentations, networking, meetings with state and local agencies.	Q1,2,3,4
Review current respite resources available across Nebraska program funding streams and submit recommendations regarding the use of culturally and linguistically relevant outreach materials, services and supports.	Check that all materials that can be are being reproduced in other languages so we can be more culturally diverse. Reproduction of materials in other languages as they become identified.	Provide respite brochures in English and Spanish at all presentations. Develop brochures in other languages as they are needed in the Central Area.	Presentation, health fair and trade show participants will be asked to register for door prizes by completing a short questionnaire showing the different cultures participating.	Q1,2,3,4
Convene meetings and conduct trainings with county juvenile court and juvenile probation staff.	To continue working with the Sherman County Prevention Collation as they progress with the CYI program. Promoting the need for foster care, respite care and working with those juveniles who are currently in the court system.	Respite Coordinator, Juvenile court system, BHS, DHHS	Attend meeting pertaining to juvenile court, probation and protection safety recommending resources available through respite.	Q 1,2,3,4
Engage the rural towns in the Central service area as they host	To engage the students understanding of the	By coding the brochures we	One (1) presentation at a library either public or college and producing a	Q 1,4 (brochures)

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summer reading classes for children and continue engaging schools as they continue enhancing the learning of students.	Respite program and enhance the understanding for parents as well.	place at the library we will be able to track when a letter or call comes into the office from these areas that we don't hold presentations.	spreadsheet to track brochures across the Central area gathered from various library locations and presentations held.	Q1(presentation)
Encourage active local advisory committee participation with the statewide NE Caregiver Coalition for improved representation of local Network issues, communication.	Have one member of the Central Advisory Committee attend the NE Caregiver Coalition either in person or by phone and report back at the next advisory meeting.	Advisory Member, NE Caregiver Coalition, Central Advisory Committee	Committee minutes will show attendance, advisory minutes will show information shared	Q1,2,3,4

#3. Employer Engagement Activities are expected to increase awareness of employee caregiver issues and provide respite resources to employers. Describe plans to build upon FY2016 activities and lessons learned.

Continue to increase awareness to employers about respite service through portfolio/NE/Respite Cups of materials designed to inform business and provide resources to assist employees to better meet their personal responsibilities as caregivers.	Target employers with wellness programs to improve access to quality respite resources.	Collaborate with one of the six (Loup Basin Health Dept. Central District Health Dept. Two Rivers Public Dept., and South Heartland District Health Dept.) to encourage and continue to enhance the well-being of their community businesses about the importance of respite.	Visit one employer quarterly, complete spreadsheet to show contacts and number of recipients.	Q1,Q2,Q3,Q4
Bring family caregiving issues and solutions to new business or corporations	Include business and corporations in respite newsletters.	Respite coordinator, CNCAP staff and local business.	3 new businesses per month will be visited with information to present to their employees about the importance of respite for their families.	Q1,2,3,4

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	Refer them to like NE Respite Facebook page		Shown on the Business Outreach in eLR	
Engage a minimum of one business in a respite volunteer event or REST provider training	One business member will engage in a respite event or training	Respite Coordinator, CNCAP staff, local business	In-Kind donations from attending business and meeting minutes	Q1,Q2,Q3,Q4

#4. Sustainability Funding.

Identify and analyze unmet family caregiver access to existing respite funding sources by reason and source, as available.	Utilize eLR system to identify and analyze family's subsidy eligibility of respite services and reason others were denied.	Program Coordinator, CNCAP staff, DHHS	The annual Caregiver survey will be presented to families for their input.	Reports will be uploaded into eLR by June 30, 2017
Item 2: Identify potential public or private sources of sustainable local Network funding for lifespan respite activities other than DHHS Tobacco Cash Settlement contracted funds.				
Identify potential public or private sources of sustainable local Network funding for lifespan respite	Work with CNCAP grant writer to apply for funding available through private resources	Program Coordinator, CNCAP staff	CNCAP staff will meet monthly to review, identify potential public funding or private sources.	Q1,2,3,4
Combine or leverage funds or other resources such as administrative support, space, goods or services, volunteers, marketing, pro-bono professional or legal support from community members, employer	Increase in-kind donations from various community members, employers,	Program coordinator, CNCAP staff, community members, agencies	Regular quarterly reporting of fund usages to advisory members and Grant funders. Report in-kind services monthly on eLR	Q1,2,3,4

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support, organizational support for targeted activities, food for events, etc.	originations for targeted activities, food for events when possible.			
Apply independently or collaboratively for local, state, or national grant(s) Senior Corps National & Community Program, AmeriCorps, Foster Grandparents, College Work Study or service learning experience, High School community service volunteer, or other sources of volunteer support for respite activities.	Work with CNCAP grant writer on staff to search and apply for one grant.	Program Coordinator, CNCAP staff	CNCAP will meet on an ongoing basis to review potential grant funding.	Q1,2,3,4