

# Emergency Care Planning for Caregivers

**Who would support your loved one if you were suddenly unavailable or unable?**

LSS Caregiver Support & Respite helps caregivers put a plan in place in case a crisis or emergency happens.

## Services Include:

- An in-depth assessment of your unique needs and help creating a plan
- Family / support team meetings
- Follow-up every 90 days to review the plan
- Referrals to additional resources

## How to Get Started

Contact Tara Giese, Caregiver Support & Respite Program Director, to learn more about how this service can work for you.

Appointments are available:



in person or by phone



by video chat

Services are temporarily available at no cost.

*This service was developed with generous funding from the Department of Human Service's Live Well at Home grant. It is supported by the Minnesota Department of Veterans Affairs (MDVA) and the Great Plains Senior Services Collaborative.*



**CONTACT US TODAY**

Call Tara Giese at

**1.800.488.4146**

TOLL FREE

Email: [Tara.Giese@lssmn.org](mailto:Tara.Giese@lssmn.org)

[lssmn.org/caregiversupport](https://lssmn.org/caregiversupport)

