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Workgroup Aim, Concept and Process

Aim

- To identify a set of data elements and data collection protocols that will be a future requirement of all Lifespan Respite Grantees.

Concept

- To achieve our aim, active participation of Lifespan Respite grantees, ARCH staff, and ACL staff will help ensure appropriate data are collected to demonstrate effectiveness and that the expectations for data collection are reasonable and achievable for all grantees.

Process

- Through a series of web-meetings, conference calls, and email exchanges, the team will draft, review, and finalize data collection protocols to be field-tested in the late spring of 2018.
Logic Model from Measuring Systems Change & Consumer Outcomes: Developing Performance Metrics for State Lifespan Respite Programs
**Long-Term Goal:** Statewide, coordinated system of stakeholders in the private and public sectors work together to ensure that high quality respite services are available and accessible to all caregivers in our state, regardless of the age or special needs of the care recipient. Through our activities, we will achieve the goals identified in our proposal and document the achievement in semi-annual reports.

### Activities
- Establish and maintain a statewide respite advisory council.
- Develop a public awareness campaign that includes PSAs, written and web-based materials, and social media outreach.
- Develop and distribute directories of respite resources to all providers and caregiver associations in the state. Keep directories updated.
- Sponsor annual training events.
- Support development of respite resources in underserved areas.

### Resources
- **Existing resources include:**
  - Lifespan respite grant award.
  - $20,000 cash contribution for web-design and public awareness campaign.
  - Donated office space and office supplies are committed to the project for the first three years.
  - An existing caregiver advisory team and a core work-team of public agencies who have committed to serve on the Lifespan Respite Advisory Board.

### Outcomes
1. A statewide system of community-based respite is developed and maintained.
   - 1.1 A minimum of 10 organizations and 5 caregiver-advisors actively guide planning and maintenance of the Lifespan Respite Program.
   - 1.2 Each county has a Lifespan Respite advisory team comprised of caregiver-advisors and at least 1 public and 1 private organization.
   - 1.3 There is a 10% annual increase in financial and in-kind contributions.
2. Access to respite information is increased.
   - 2.1 A respite awareness campaign is disseminated statewide.
   - 2.2 There is an increase in awareness of the Lifespan Respite Program by caregivers, providers, and referral sources.
   - 2.3 Comprehensive directories of respite providers and other respite resources are accessed on the web and through organizations that support caregivers.
3. The State’s capacity to provide respite services appropriate to individual caregiver’s needs is increased.
   - 3.1 Professionals have the knowledge and resources to assist caregivers to access appropriate respite services.
   - 3.2 Key leaders and respite stakeholders report an increase in caregiver access to respite across the lifespan and for all conditions and disabilities.
   - 3.3 Providers receive the training necessary to provide appropriate respite.
4. Respite resources are used efficiently and appropriately.
   - 4.1 The time between caregivers’ request for service and respite service delivery is decreased.
   - 4.2 The number of steps required for a caregiver to receive respite services is decreased.

### Indicators
**Data Sources**
- Coordination/Collaboration Tracking Form
- MOU Fulfillment of Agreement Matrix
- Lifespan Respite Program’s financial records

### Assumptions:
The goal of the Lifespan Respite Care program is to improve the delivery and quality of respite services by supporting, expanding, and streamlining coordinated systems of community-based respite for family caregivers of children or adults regardless of special need. To meet this goal, partnerships across a broad range of systems must be in place. An existing group of stakeholders from both the public and private sectors and a caregiver advisory team have signed letters of commitment to work together to plan and implement a statewide lifespan respite system to ensure high quality respite services are available and accessible to all caregivers in our state.
2015 Focus Group Recommendations

- Focus on Systems Change.
- Measure Level of System Integration.
- Accommodate Diversity in Lifespan Respite Grant Implementation.
- Enhance Communication among Federal Agencies that Support Respite.
- Outcome Measurement Should be Easily Achievable.
- Take into Account Grantee Resources
Outcome

1. Grantees achieve the goals identified in their proposal.

Indicators

1.1 By the end of the funding period, grantees meet the goals and objectives identified in their proposal.

1.2 Semi-annually, grantees document progress towards the achievement of their outcomes.

Possible Data Sources: Administrative records/semi-annual reports

Measurement Resources: ARCH Sample Tool

Workgroup Discussion

Keeping in mind that today we are working on only one outcome at this time . . .

Are the outcome and its indicators realistic? What should we change? Delete? Add?

Are you collecting data on similar indicators?

What are your suggestions on Data Collection and reporting?

*Feel free to share tools and examples of data collection resources in between calls*
Our Next Call

- Thursday January 11, 2018 noon (ET)/ 11a (CT)/ 10a (MT)/ 9a (PT) for 90 minutes

- Content: review and discussion of remaining systems change outcomes

- Feel free to share tools and examples of data collection resources in between calls