

NH Lifespan Respite Provider Curriculum

Lifespan Respite Tier I	
Age-Specific Care	Using a mix of didactic information, vignettes, and experiential exercises, this course will familiarize you with not only the typical path of "human development" in mental health focused on birth through adulthood, but will also include additional material on the richness of the experience later in life. This course will cover issues relevant to all age groups and gives additional emphasis on factors related to geriatric psychology. The course is appropriate for entry and intermediate level clinicians.
**Blood-borne Pathogens	Hospital-acquired infections (HAIs) are a serious public issue and it is vital for health care workers to understand how to prevent infection. Approximately 1.7 million Americans will have a HAI every year with 100,000 deaths resulting from those infections. 37 states require reporting of HAIs, either publically or to state agencies. This course is designed for any health care worker and will provide you with the knowledge you need to be armed against the powerful and deadly diseases: blood-borne pathogens. The information in this course is appropriate for any health care worker who would like to learn more about how to prevent the spread of blood-borne pathogens. You will learn how blood-borne pathogens are spread in healthcare settings as well as specific prevention strategies, including safe injection practices and what to do with biohazardous waste and contaminated laundry. So, even if you are familiar with good hygiene, by the end of this course, you will gain a whole new understanding of how to effectively prevent transmission of diseases caused by blood-borne pathogens in health care settings.
**Client/Patient Rights	The importance of ethical care, informed consent, and advanced directives are widely underestimated in health care settings. The more familiar you are with these vital aspects of clinical practice, the better equipped you will be at providing higher quality patient care. This course covers the fundamentals of ethical care, the informed consent process, and various types of advance directives in medical and behavioral health care settings. Interactive exercises and vignettes will give you the opportunity to apply the concepts you learn in this course. After completing this course, you will be able to provide your clients a higher standard of care by offering them ethical and well-informed treatment.
**Confidentiality and HIPAA	Consumers entrust professionals with very personal information and the government has enacted stringent laws to protect the information consumers reveal. The consequences of revealing personal consumer information, even inadvertently, can be severe. This course is designed to provide basic information regarding the principles of confidentiality along with specific information related to the Health Insurance Portability and Accountability Act (HIPAA) governing privacy and security. In this training, you will learn what confidentiality is and what HIPAA requires of mental health professionals like you. This course will specifically define what personal health information is, the ways in which this information must be protected, and best practices for maintaining client confidentiality. A variety of practice questions throughout the course will give you an opportunity to think critically about the topics covered and apply what you have learned. This course is designed for mental health professionals at all levels. NOTE: This course is not intended as legal advice for any individual provider or situation. If you need more comprehensive information, please review the resources listed in the references section of this course and consult with your company's legal and compliance team.
**Cultural Diversity	Human services organizations and their staff provide services for a wide variety of individuals from highly diverse backgrounds. This course gives you a clear overview of the various components of cultural competence along with concrete examples of how they apply to providing mental health and other human services. By taking this training, you will be better prepared to work effectively with the culturally diverse individuals that your organization serves.
Client/Patient Safety: Reducing Medical Errors	Each and every individual who works in a healthcare organization is responsible for the safety of the consumers s/he cares for. Leadership must include patient safety in their overall performance management strategy, and maintaining a safe environment should be a front-burner issue for managers, direct care, and administrative staff alike. However, client/patient safety takes careful planning and constant vigilance. In this course, you will learn the importance of maintaining a culture of safety, and explore some best practices and national patient safety goals that will help improve client safety within your organization. You will also explore sentinel events as well as how to use root cause analysis to

