

## Montana Lifespan Respite (LSR) Coalition

The Montana LSR Coalition is a group of individuals from agencies, state departments and non-profits, caregivers, and others interested in improving the quality of life of family caregivers and those that need support.

### Mission Statement

To establish a statewide, coordinated system of easily accessible, quality, and affordable respite care services for Montana's family caregivers of individuals regardless of special needs.



### Vision Statement

To provide all family caregivers access to a quality community-based respite care service that is affordable and flexible to meet their needs.

## Lifespan Respite:

- ✓ For all ages.
- ✓ For families and individuals who identify a critical need for relief, regardless of age, income, race, ethnicity, special need or situation.
- ✓ For maintaining caregiver health, decreasing family stress, reducing risk of abuse and neglect, and out-of-home placement.

### For more information contact:

DEAP  
2200 Box Elder  
Miles City, MT 59301  
Phone: 406-234-6034  
1-800-224-6034  
or  
for respite assistance  
1-800-551-3191  
Mon – Fri 8AM to 5PM



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## Montana Lifespan Respite Voucher Program

**It's OK to need it.**



## What is Respite?

- ➔ Respite is a temporary break for family and individual caregivers.
- ➔ Respite may include in-home care, companionship or outings.

## How does the Montana Lifespan Respite Voucher Program work?

- ➔ The respite voucher program is an opportunity for family and individual caregivers with limited resources to obtain assistance and get a break from their caregiving responsibilities.
- ➔ Funding is available based on a sliding fee scale according to income.

## How do I apply?

- ➔ Complete an application and submit with all the required information. Applications can be filled out online at [www.respite.mt.gov](http://www.respite.mt.gov) or call 1-800-551-3191 to have an application mailed to you.

## What happens next?

- ➔ You will receive a phone call within five working days to let you know if you have been approved for funding and the voucher process will be explained.
- ➔ If approved, you will receive a respite packet in the mail and will have 90 days to use the approved respite amount.

## Who provides the respite?

- ➔ You may go through an agency that employs respite providers, hire a private respite provider or you may use a combination of both. The respite provider cannot live in the same household as the care recipient and must be at least 18 years of age.

## How do I find an agency that employs respite providers where I live?

- ➔ Review the searchable database on the respite website, [www.respite.mt.gov](http://www.respite.mt.gov) where you can search for agencies that employ respite providers as well as other resources available in your area.

## What if I need help with the paperwork or finding resources?

- ➔ You may call 1-800-551-3191 or  
(406) 234 – 6034  
Mon – Fri 8AM to 5PM



**It's OK to need it, it's OK to want it, and it's OK to get it!**