The North Carolina Respite Care Coalition
SPECIAL THANK YOU

• AARP
• NC Council of Community Programs
• ARCH National Respite Network & Resource Center
• NC Division of Aging & Adult Services
• Linda Kendall-Fields
• NCRCC Board of Directors & volunteers
NCRCC Board Members

WESTERN CHAPTER
- Cindy Miles (12/31/2016)
- Ginger Hill (12/31/2016)
- VACANT

CENTRAL CHAPTER
- Dawn Gartman (12/31/2016)
- Lavern R. Weathers (12/31/2016)
- Suzanne Gilroy (12/31/2016)
- Jackie Negley (12/31/2017)

EASTERN CHAPTER
- Olive Hollinger (12/31/2016)
- Tonya Cedars (12/31/2017)
- Bridget O’Connell (12/31/2017)
OUR “Elevator Speech”

- The North Carolina Respite Care Coalition is a non-profit grassroots network of parents, family caregivers, providers, and representatives from organizations whose priority is to expand and enhance respite services available to families throughout the lifespan.
Mission Statement

• The mission of the North Carolina Respite Care Coalition is to promote and support a statewide quality intergenerational respite care system.
Vision Statement

• Throughout North Carolina there is an established sustainable network that meets the respite needs of families, caregivers, and individuals across the lifespan.
Value Statement

• Respite care enhances the quality of life for the caregiver, their loved one and their community through timely, temporary care. Providing the balance to maintain a healthy approach to caregiving supports families across the lifespan. The NCRCC unites providers, caregivers and communities in growing quality lifespan respite care in North Carolina.
Benchmarks from the Past

• Formed in 1997
• Originally with the support and under the umbrella of Easter Seals UCP.
• Founding director, Phyllis Stephenson.
• Began by holding meetings, sponsoring conferences, and networking in order to provide information, advocacy, and education.
Notable Early Contributions

• In 2008, through the Federal Lifespan Respite Grant, NCRCC partnered with the NC Division of Aging and Adult Services (NC DAAS) in an effort to expand and enhance respite.
  – Produced and distributed a volunteer respite training manual
  – Promoted the state’s “Just One More” initiative to add or enhance a respite program in each NC county
  – Compiled statewide database of NC respite programs
  – Began work to highlight the issue of cultural diversity that can result in barriers to respite
Transition Begins in 2013

- Founding director accepted new career opportunity and was unable to continue in leadership role with NCRCC
- NCRCC became completely independent of Easter Seals UCP
- Board begins strategic planning process to determine next steps
WE BEGAN BY POLISHING OUR IMAGE

THEN

NOW

NCRCC

North Carolina Respite Care Coalition
New Interactive Website
Who Are We?

The North Carolina Respite Care Coalition is a grassroots network of parents, family caregivers and professionals in the field of respite care as well as government funding representatives and others from across the state who have an investment in family support services.

The coalition began in 1997 with a small group of people interested in forming a network and making respite care known and available to all in our state who need it. Today NCRCC operates as a 501(c)(3) not-for-profit corporation. Respite care can be needed at any time by anyone, across the lifespan. From parents who need care for their child while they are hospitalized to a spouse who needs relief from the constant care of an Alzheimer’s patient, there are many instances in which respite care can help a stressful situation.

Respite care can be provided in many ways by volunteers, in the faith community and by human service agencies. The NCRCC would like all these resources to be known and available. The coalition would like to increase funding for this care and look for new ways to provide it.

NCRCC Mission

The mission of the North Carolina Respite Care Coalition is to promote and support a statewide quality intergenerational respite care system.

NCRCC Vision

Throughout North Carolina there is an established sustainable network that meets the respite needs of families, caregivers, and individuals across the lifespan.

NCRCC Value Statement

Respite care enhances the quality of life for the caregiver, their loved one and their community through timely, temporary care. Providing the balance to maintain a healthy approach to caregiving supports families across the lifespan.
NEW INTERACTIVE WEBSITE

Join NCRCC Now

Name *

Email address *

Mailing Address

Phone Number

City

State

Zip Code

Check as many as apply:
- Professional affiliated with an organization which serves families who use/need respite
- Professional affiliated with a respite service provider
- Family caregiver
- Former caregiver concerned about respite

Agency:

Title:

Are you human?

Send

Why Join North Carolina Respite Care Coalition?

As members of the NCRCC you become part of a statewide network, which serves as a coordinated information resource source for caregivers, families, and professionals. Committed to being part of the solution, our members will help shape public policy through advocacy and activities to empower families/consumers of respite care and the professionals that serve them.

Membership in the North Carolina Respite Care Coalition offers opportunities for:

- Collaboration
- Advocacy
- Access to resources
- Education/Training/Professional Development
- Updates nationally and locally
- Increased public awareness
- Timely announcements about funding and grant opportunities
- Platform for the exchange of ideas and best practices

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Email: cindy@regions.org
THEN and NOW

• In 2007, the NCRCC could award respite funds to only 13 families.

• In February of 2013 the Coalition launched a statewide Respite Voucher program, which funded 72 respite vouchers valued at $500 each.

• In May of 2015 the Coalition launched another statewide Respite Voucher program, with funding for 80 respite vouchers.
2013 Vouchers – Federal Lifespan Respite Grant

• Statewide – serving the lifespan
• Applications initiated by referring agencies
• Eligibility – referring agency provided assurances that the applicant family was:
  – On a waiting list for respite services
  – Ineligible for any other respite funding source but was unable to pay privately OR
  – Had exhausted all other sources of respite funding.
Respite Throughout the Lifespan

- Under 10
- Teens
- Twenties
- Forties
- Fifties
- Sixties
- Seventies
- Eighties
- Nineties
- 100-Plus
Demographics

- Youngest care recipients: a pair of two-year-old twins
- Oldest care recipient: 110 years old
- 17 care recipients under age 10 (nine from one family – GRG/Relative Caregiver)
- 7 care recipients 100+ years of age
Dear Cindy Miles,

Thank you so much for the grant money you gave us for respite for my mom, my sister and I have been caring for our mom since September 2009. Mom has alzheimers disease and can’t be left alone a minute. Thank you so much.

We got some much needed rest. I was wondering if there is grant money for respite available in October 2013. If there is could you send me an application.

Thanks.
Teresa
P.O. Box 1
Alexander, N.C. 28701
Dear Cindy,

We want to thank you and the NCRCC for this wonderful opportunity for respite. It allowed my husband and me an opportunity to get together with friends as a couple and to spend time out of town without having to worry about him. It did recharge our batteries and our marriage.

The $500 was very much appreciated.

Mary & Bob
Heige wanted to show this picture so you all can put faces with their names. Aren't the boys cute!

Dear Mr. Metheny,

The Glencar Twins, their little brother, their mother, and I wanted to thank you and the NCRC for the grant funds. Gavin has started talking more and OT evaluations documented that he does much better in therapy when his mother is able to participate without Ellie. Gavin has a 1-2 minute attention span and Ellie has a 30 second attention span.

The NCRC has already made a huge positive difference in this family. Thanks again.

CJ Seyer
Other Recent Accomplishments

• Membership drive – 177 members strong today!
• IRS recognition of charitable status
• Member and stakeholder survey
• Revised NCRCC Mission and Vision Statements and refined our membership benefits to reflect stakeholder input
• Developed “Elevator Speech” to help explain who we are
• Presented “Sustaining the Respite Coalition When Leadership Changes” at 16th annual National Lifespan Respite Conference
• Virtual Annual Meeting in December 2014; elected new slate of Board members.
Refined Membership Benefits

- Collaboration
- Advocacy
- Access to resources
- Updates nationally and locally
- Increased public awareness
- Funding and grant opportunities
- Platform for the exchange of ideas and best practices
- Affiliate Logo for members’ use
What Does the Future Hold?
Partial “TO DO” List

- Continue to participate in and support statewide Lifespan Respite Advisory Team
- Contribute to statewide planning efforts
- Develop business plan for sustainability of NCRCC
- Create leadership development opportunities
- Explore respite “brokerage” opportunities
- Continue to build membership
- Increase collaborative partnerships with relevant stakeholders
- Strengthen and grow respite services in our state for families throughout the lifespan
You can help us shape our future!

Become a member of NCRCC today.
Thank You!