

FAMILY CRISIS ORIENTED PERSONAL SCALES, F-COPES

Author:	McCubbin HI; Olson DH; Larsen AS.
Date:	1991
Construct:	Child and Family Health, Parenting a child with Special Needs, Formal and Informal Sources of Support, Parent and Family Resiliency
Standardized:	Yes
Instrument Type(s):	Self-administered survey
Uses of Information:	To identify problem solving and behavioral strategies used by families when faced with problems or crises. Can be used to as a pre-post test to measure change over time.
Environment:	Any setting that is free of distractions
Description:	This scale has 30 items that describe a variety of coping behaviors that individuals may use in times of stress or crisis. The respondent rates the items on a 1-5 scale with 1, "Strongly disagree", and 5, "Strongly Agree".
References:	Family crisis orientated personal evaluation scales [F COPES] (1987, 1991). McCubbin HI; Olson DH; Larsen AS. Corcoran K & Fischer J (2000). Measures for clinical practice: A sourcebook. 3rd Ed. (2vols.) NY, Free Pr. V. 1, Pg. 294-297
Cost:	\$5.00 This is a one-time copyright fee.
Availability of Test Manual:	Not specified
Contact Information:	To obtain permission to use the scales, contact: Family Stress Coping and Health Project 1300 Linden Drive University of Wisconsin-Madison Madison, WI 53706 (608)262-5070
Instructions:	Respondents rate to what degree they agree or disagree with each of 30 coping behaviors.
Administrator:	Self administered
Qualification:	N/A
Training Required:	N/A
Administration Time:	10-15 minutes



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Respondents:	Family members
Scales/Item Options:	5-point scale that measure 5 factors. Items include: <ol style="list-style-type: none">1. Sharing our difficulties with relatives.2. Seeking encouragement and support from friends.3. Knowing we have the power to solve major problems.
Scoring:	Scores are added up for a total Score in each of the following factor-areas: <ol style="list-style-type: none">1. Acquiring social support2. Reframing3. Seeking Spiritual Support4. Mobilizing to acquire and accept help5. Passive appraisal. Some items are reverse scored.
Languages:	English
Psychometric Properties:	Overall reliability of the F-COPES using Cronbach's Alpha has been estimated as ranging from .77-.86. Individual subscales had alpha's ranging from .63- .83. Overall test-retest reliability is .81 with individual scales ranging from .61-.95

