Department on Disability Services (DDS)

- Rehabilitation Services Administration (RSA)
  - RSA provides services for eligible persons with physical or mental impairments.
  - The Services are designed to enable people to prepare for, obtain, maintain, or regain employment.

- Developmental Disabilities Administration (DDA)
  - DDA is the coordinating agency for services and supports for adults with intellectual and developmental disabilities.
Definition of Intellectual Disability

- Intellectual disability is a disability characterized by significant limitations both in intellectual functioning and in adaptive behavior, which covers many everyday social and practical skills. This disability originates before the age of 18.
- **Intellectual functioning**—also called intelligence—refers to general mental capacity, such as learning, reasoning, problem solving, and so on.
- One criterion to measure intellectual functioning is an IQ test. Generally, an IQ test score of around 70 or as high as 75 indicates a limitation in intellectual functioning.
- Standardized tests can also determine limitations in **adaptive behavior**, which comprises three skill types:
  - Conceptual skills—language and literacy; money, time, and number concepts; and self-direction.
  - Social skills—interpersonal skills, social responsibility, self-esteem, gullibility, naïveté (i.e., wariness), social problem solving, and the ability to follow rules/obey laws and to avoid being victimized.
  - Practical skills—activities of daily living (personal care), occupational skills, healthcare, travel/transportation, schedules/routines, safety, use of money, use of the telephone.
Eligibility requirements for services through DDA

- Proof of District residency;
- Complete the application;
- Proof of a diagnosis of intellectual disabilities
  - Psychological evaluation, based on one or more standardized test, that documents an IQ score of 69 or below, was diagnosed and/or manifested before the age of 18, and that impairment in cognitive and adaptive functioning.
Eligibility is determined

- Service Coordinator is assigned to help coordinate and link the individual to resources and services. Develop an Individual Support Plan (ISP) that outlines supports and services for the individual.

- Service
  - Home and Community Based Services Waiver is a Medicaid program (HCBS Waiver).
    - Person centered community based program
    - Developed to prevent and/or transition individuals from institutional setting.
    - Individuals must meet the eligibility requirement to enroll in the HCBS Waiver program.
Eligibility requirements for HCBS Waiver

- DC Residence

- Have and/or eligible for DC Medicaid

- 18 years or older

- Diagnosed with an intellectual disability

- Meet the level of care criteria
Respite Services

- Respite is a service offered through the HCBS Waiver Program.
- Respite service consist of services provided to a person on a short-term basis because of the absence or need for relief of the primary caregiver.
- Two types of Respite Services
  - Hourly Respite
  - Daily Respite
Hourly Respite

- Provided in Person’s home or the residence of the family or in a community setting approved by the primary caregiver.
- Hourly respite services may be provided by an adult family member, such as a sibling, aunt, uncle, etc.
- The family must be hired by the Respite Provider identified to provide the service and meet the hiring requirement of the provider.
- Hourly respite is authorized for 720 hours. The equivalent of the days per year.
Daily Respite.

• Provided out of the home.

• The respite location must be approved by DDA.

• Authorized for up to 30 days per year.
Hourly and Daily Respite Services

- Respite services provider shall ensure the person receives hand-on supports including
  - Assistance with preparing meals;
  - Assistance with grooming and personal hygiene;
  - Monitoring health and physical condition, and assistance with medication administration
  - Opportunity for social, recreation, and religious activities in the community.
Contact Information

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Questions