

**Lifespan Respite Grantee/Partner State Updates**  
**Lifespan Respite Grantee/Partner Learning Symposium**  
**October 10, 2014**

| State          | Activities Accomplished or Planned   | Contact email  |
|----------------|--|--|
| Alabama        | <ul style="list-style-type: none"> <li>• Caregiver education</li> <li>• Faith-based Initiatives with toolkit</li> <li>• Model Voucher Respite Program</li> <li>• Sharing the Care Community Initiatives with toolkit (community engagement and awareness)</li> <li>• Respite funds increase by State Legislature</li> <li>• Caregiver Speakers Bureau (includes AL Lifespan Respite Network staff and other coalition members to provide training and TA for caregivers)</li> <li>• Creating a caregiver café during the work day to provide caregiver tools</li> <li>• Train ADRC staff on caregiver issues, resources and appropriate referrals</li> <li>• Mini-grants to reach gap populations</li> </ul> | Cheryl Smith <a href="mailto:cmith@ucphuntsville.org">cmith@ucphuntsville.org</a><br>Java Bennett <a href="mailto:jbennett@ucphuntsville.org">jbennett@ucphuntsville.org</a><br>Melissa Terry <a href="mailto:mterry@ucphuntsville.org">mterry@ucphuntsville.org</a><br><br>Toolkits and other information can be downloaded at AL Lifespan Respite Network website<br><a href="http://www.alabamarespite.org/">http://www.alabamarespite.org/</a> |
| Arizona        | <ul style="list-style-type: none"> <li>• Statewide, toll-free Caregiver Resource Line</li> <li>• Respite Voucher Programs</li> <li>• Online Respite Locator</li> <li>• Coalition becomes non-profit entity</li> <li>• AZ Caregiver Coalition Advocacy -- Day at the Legislature in support of AZ Lifespan Respite Program</li> <li>• Training and recruitment of volunteers for caregiver resource line</li> </ul>   | David Besst <a href="mailto:dbesst@azdes.gov">dbesst@azdes.gov</a><br>Elizabeth Harris <a href="mailto:eharris2@azdes.gov">eharris2@azdes.gov</a>  |
| Arkansas (new) | <ul style="list-style-type: none"> <li>• Lifespan Respite Summit (2013)</li> <li>• Coalition Logo</li> <li>• Arkansas Lifespan Respite Awareness Day at the Capitol with proclamation (10/29/2014)</li> </ul>  | Susie Keesling<br><a href="mailto:Susie.keesling@dhs.arkansas.gov">Susie.keesling@dhs.arkansas.gov</a>   |
| Colorado       | <ul style="list-style-type: none"> <li>• Disbursed mini-grants to agencies for respite</li> <li>• Conducted respite trainings across the state</li> <li>• State General Fund allocation for respite grants, outreach and training (\$150,000 in 2013, \$250,000 in 2014)</li> <li>• Formation of three regional coalitions which meet quarterly</li> </ul>   | Peggy Spaulding<br><a href="mailto:Peggy.spaulding@state.co.us">Peggy.spaulding@state.co.us</a><br>Meghan Baskett<br><a href="mailto:mbaskett@eastersealscolorado.org">mbaskett@eastersealscolorado.org</a><br>303-233-1666x257<br>Val Saiz <a href="mailto:saizhm@comcast.net">saizhm@comcast.net</a>   |

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|                      | <ul style="list-style-type: none"> <li>Website: <a href="http://www.coloradorespitecoalition.org">www.coloradorespitecoalition.org</a></li> <li>Employer Engagement activities over the next three years</li> <li>New trainings for employers, educators and policymakers</li> </ul>  |   |
| District of Columbia | <ul style="list-style-type: none"> <li>Flex Spending Accounts</li> <li>Every other week online caregiver chats</li> <li>Starting a Lifespan Respite volunteer system</li> <li>Lifespan Respite student intern</li> <li>Lifespan Respite website, <a href="http://dcoa.dc.gov/book/respice-care-and-caregiver-support/lifespan-respice-care-online-support-center">http://dcoa.dc.gov/book/respice-care-and-caregiver-support/lifespan-respice-care-online-support-center</a></li> <li>Lifespan Respite summits/trainings</li> </ul>   | Linda Irizarry <a href="mailto:linda.irizarry@dc.gov">linda.irizarry@dc.gov</a>   |
| Idaho                | <ul style="list-style-type: none"> <li>Statewide Caregiver Needs Assessment Survey Instrument, implementation and results</li> <li>Enhance and increased composition of statewide respite coalition</li> <li>Established partner to provide web-based and phone single point of entry for respite (site not yet developed)</li> <li>Developing priorities to include an web-based single point of entry</li> <li>Coming soon: Emergency respite (developing pilot with kincare population)</li> <li>Developing a pathway to information on respite through 211 care line</li> <li>Building coalition/relationships</li> </ul> | Pam Catt-Oliason <a href="mailto:pam.catt-oliason@aging.idaho.gov">pam.catt-oliason@aging.idaho.gov</a><br>Stephanie Bender-Kitz <a href="mailto:stephanie@fiaboise.org">stephanie@fiaboise.org</a> |
| Illinois             | <ul style="list-style-type: none"> <li>Received a Grant from state Department on Children and Family Services to offer emergency respite</li> <li>Coalition is transitioning and restructuring</li> <li>Partnering with Illinois Dept. on Aging, Dept. of Health and BIP</li> <li>Working on sustainability plan</li> </ul>   | Respite Coalition<br>Tina Yurik <a href="mailto:tyurik@clearbrook.org">tyurik@clearbrook.org</a><br>Maggie Lyons <a href="mailto:maggielyons@hotmail.com">maggielyons@hotmail.com</a>               |
| Iowa                 | <ul style="list-style-type: none"> <li>Engaging policy “deciders” in conversation about expanding/embedding respite in state systems</li> <li>Planning a caregiver conference</li> <li>Sustainability Planning (one of 8 ARCH exemplar states)</li> <li>Identifying new members for the coalition and developing and Advisory Board of key players</li> </ul>   | Kelsy Zantingh <a href="mailto:respice@thearcofiowa.org">respice@thearcofiowa.org</a><br>Ruth Thompson <a href="mailto:ruth.thompson@iowa.gov">ruth.thompson@iowa.gov</a>                           |

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| Kansas        | <ul style="list-style-type: none"> <li>• Direct care professional training and credentialing program in collaboration with colleges</li> <li>• Public awareness campaign</li> <li>• One-stop shop resources</li> <li>• Volunteer training</li> </ul>   | Gina Ervay <a href="mailto:gervay@rockoinc.org">gervay@rockoinc.org</a>  |
| Massachusetts | <ul style="list-style-type: none"> <li>• Hosted national respite conference in 2013</li> <li>• Sustainability and strategic planning (one of 8 ARCH exemplar states)</li> <li>• Develop and increase number of respite regional councils</li> <li>• Continue developing audio and video PSA for distribution</li> <li>• Issued ten mini-grants and developed evaluation process</li> <li>• Will issue second round of mini-grants in 2014 and refining process based on lessons learned</li> <li>• Developed <a href="http://www.massrespit.org">www.massrespit.org</a> website at outset of first grant - continuing to refine and enhance the site over time</li> <li>• Launched massrespit directory companion site with searchable listings of respite workers</li> <li>• Hosted CARE Conferences - free conference for family caregivers</li> <li>• Respite Project - Internship Project with higher education - replication of mode in four regions of the state</li> <li>• Will conduct outreach to collaborate with employers</li> <li>• Will train 100 volunteers with REST curriculum</li> </ul> | Amy Nazaire and Joan Rafferty<br><a href="mailto:info@massrespit.org">info@massrespit.org</a><br>Linda Ungerleider<br><a href="mailto:ulinda@gmail.com">ulinda@gmail.com</a> |
| Montana       | <ul style="list-style-type: none"> <li>• Created a website and logo - <a href="http://www.dphhs.mt.gov/respit/">http://www.dphhs.mt.gov/respit/</a></li> <li>• Had a video and PSA made</li> <li>• Will be setting up a respite voucher system</li> <li>• Under the new grant, will work with state university to create pre and post survey for service delivery</li> <li>• Partnership with ADRCs- asking them to use the caregiver strain index as a tool</li> <li>• Started a facebook page</li> </ul>   | Vicki Clear <a href="mailto:vclear@deapmt.org">vclear@deapmt.org</a><br>Kerrie Reidelbach <a href="mailto:kreidelbach@mt.gov">kreidelbach@mt.gov</a>                         |
| Nebraska      | <ul style="list-style-type: none"> <li>• Employer Engagement</li> <li>• Cross-Agency respite utilization research across funding sources, disability populations and special needs</li> </ul>  | Sharon Johnson<br><a href="mailto:Sharon.j.johnson@nebraska.gov">Sharon.j.johnson@nebraska.gov</a>   |

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|                | <ul style="list-style-type: none"> <li>Formal Sustainability Planning/ Training at state and local levels (one of 8 ARCH exemplar states)</li> </ul>   |   |
| Nevada         | <ul style="list-style-type: none"> <li>Respite modules (training/awareness) for partners and caregivers on NV virtual resource center website</li> <li>With new grant, will create volunteer program for respite</li> <li>With new grant will partner with RCI to implement Care Consultations for caregivers in rural and frontier Nevada</li> </ul>  | Jeff Duncan <a href="mailto:jsduncan@adsd.nv.gov">jsduncan@adsd.nv.gov</a>  |
| North Carolina | <ul style="list-style-type: none"> <li>Direct Service voucher program</li> <li>Money Follows the Person and Lifespan Respite grant combined grants to innovative providers</li> <li>Information packets and internal training materials to company employee assistance programs</li> <li>Web-based on demand interactive training modules for professionals encountering caregivers in health care/human service settings</li> <li>With new grant, will develop a strategic plan for state Lifespan Respite</li> <li>With new grant, will develop a business plan for NC Respite Care Coalition</li> </ul>           | Alicia Blater<br><a href="mailto:alicia.blater@dhhs.nc.gov">alicia.blater@dhhs.nc.gov</a><br>Linda Kendall Fields<br><a href="mailto:lkfields17@gmail.com">lkfields17@gmail.com</a><br>Dawn Oakey Gartman<br><a href="mailto:dgartman@centralina.org">dgartman@centralina.org</a> |
| Oklahoma       | <ul style="list-style-type: none"> <li>Transitioning respite and another entity that will be able to sustain continuation with grant funds</li> <li>Using new grant to help sustain existing grant efforts and providing funds for new see grant applications</li> <li>Continued outreach effort statewide - made presentations to Native American Tribes, caregiver support groups, hospital and rehab case managers, etc.</li> </ul>   | Al Ruble <a href="mailto:Al.Ruble@okdhs.org">Al.Ruble@okdhs.org</a>   |
| Pennsylvania   | <ul style="list-style-type: none"> <li>Created a logic model and sustainability plan from 1) University of Excellence Scope of Work summarizing data collection/utilization and research and 2) Finance Project work group efforts (one of 8 ARCH exemplar states)</li> <li>Dedicated caregiver respite resource web page created from research/organization id. Pages supported by ADRC.</li> <li>Creation of volunteer resources in the faith and grassroots communities through support from the Dept. of Health Title V MCH Block Grant to implement volunteer respite programs and train volunteers.</li> </ul> | MaryJo Caruso<br><a href="mailto:maryjoa@thewatsoninstitute.org">maryjoa@thewatsoninstitute.org</a>   |

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| South Carolina | <ul style="list-style-type: none"> <li>• Statewide Lifespan Respite Summit - June 2014 to re-invigorate state plan for “Respite Vision 2020”</li> <li>• Developed Voucher plan/program and worked to get legislative allotment for vouchers (\$2 million!)</li> <li>• Work with Long Term Care Task Force to infuse respite in workforce development, access and availability, funding and sustainability</li> <li>• With new grant, will create on-line training for SC Department of Disabilities and Special Needs.</li> </ul> | Kathy Mayfield Smith<br><a href="mailto:smithkm@sc.edu">smithkm@sc.edu</a><br>Susan Robinson<br><a href="mailto:susan@screspitecoalition.org">susan@screspitecoalition.org</a>                                      |
| Tennessee      | <ul style="list-style-type: none"> <li>• Respite Resource Database</li> <li>• Developing relationship with other respite providers to be part of a collaboration of groups across the state</li> <li>• Create statewide strategic plan for respite and caregiver services</li> <li>• Expand family-directed respite voucher program and increase number of diverse funding sources</li> <li>• Find new and innovative ways to use volunteers for respite</li> </ul>   | Jennifer Abernathy<br><a href="mailto:jennifer.abernathy@tnerespite.org">jennifer.abernathy@tnerespite.org</a><br>Tabitha Satterfield<br><a href="mailto:Tabitha.satterfield@tn.gov">Tabitha.satterfield@tn.gov</a> |
| Texas          | <ul style="list-style-type: none"> <li>• Conducted Statewide Lifespan Respite Summit in June 2014</li> <li>• Developing strategic plan</li> <li>• Publishing ad in newsletters/journals of TX health professionals (nurses, family physicians, etc.)</li> </ul>   | Joyce Pohlman<br><a href="mailto:Joyce.pohlman@dads.state.tx.us">Joyce.pohlman@dads.state.tx.us</a>   |
| Virginia       | <ul style="list-style-type: none"> <li>• Connected caregivers to state and local ADRC Advisory Boards (members of the VA Caregiver Coalition)</li> <li>• Established the online <a href="#">Virginia Caregiver Solution Center</a></li> <li>• Completed a pilot statewide voucher program and began a new program</li> </ul>  | Ellen Nau<br><a href="mailto:Ellen.nau@dars.virginia.gov">Ellen.nau@dars.virginia.gov</a>   |
| Washington     | <ul style="list-style-type: none"> <li>• Respite Voucher Pilot Project to accommodate robust State training requirements (by statute) - utilizes provider agencies by contract</li> <li>• Respite Summit, Oct 2014</li> <li>• Website, <a href="http://www.lifespanrespiteWA.org">www.lifespanrespiteWA.org</a></li> <li>• Statewide collaboration of 450 organizations/members</li> </ul>  | Linda Porter<br><a href="mailto:lporter@wa.easterseals.com">lporter@wa.easterseals.com</a>  |