Lifespan Respite Program
Sustainability in the Commonwealth of Virginia

Lifespan Respite Care Grantee and Partner
Learning Symposium
2014
Nashville, TN

Get in Tune with Respite
“The long and winding road that leads to your door will never disappear.”  

The Long and Winding Road,  
Paul McCartney

Road Map  
Tool Kit from The Finance Project  

Who is going to “drive the bus” down the Yellow Brick Road to the Land of Sustainability?  
A Committee!

Composed of DARS Staff, Members of the Virginia Caregiver Coalition and a Family Caregiver!
“Together we stand, divided we fall, Come on now people let's get on the ball and work together... “
Let’s Work Together, Canned Heat

Sustainability Committee

Vision Statement: Caregivers of individuals of any age or disability should be valued and supported.

Goal Statement: Strengthen and expand the availability and delivery of quality lifespan respite support for caregivers who provide unpaid care to individuals of any age, disability or special need.
SUSTAINABILITY SELF-ASSESSMENT TOOL

Project manager completed and circulated for committee’s comments

Major decision: The Sustainability Project was going to take longer than the time determined by the Finance Project
“Help me
I think I'm falling...” Help Me, Joni Mitchell

Series of Phone Calls from The Finance Project:
- Technical assistance to explain tool kit modules
- Confirmation that the sustainability project was going to be a long-term activity
- Inspiration to establish specific objectives to accomplish our vision and goal for sustaining Virginia’s Lifespan Respite Care Program

10/15/2014
“So put me on a highway, And show me a sign, And take it to the limit one more time...” Take It to the Limit, Eagles

Objectives:

- Renewal of the Lifespan Respite Care Voucher Program.
- Sustaining the Virginia Family Caregiver Solution Center. [www.virginianavigator.org/vf](http://www.virginianavigator.org/vf)
- Expanding the Virginia Caregiver Coalition to include professionals and family caregivers who provide care to individuals of all ages and disabilities.
• Participation in the activities of the ARCH Lifespan Respite Care Program.
• Strengthening advocacy efforts for Lifespan Respite Care in the Commonwealth.
• Establishing volunteer respite groups throughout the Commonwealth.
“My friends are gonna be there too
I'm on the highway to hell...” **Highway to Hell, ACDC**

The Logic Model
Integral part of the road map to sustainability

- Define existing conditions
- Objective and activities
- Outcomes
“I can see clearly now the rain is gone.
I can see all obstacles in my way...”

I Can See Clearly Now, Jimmy Cliff and Johnny Nash

Building Long-Term Sustainability in State Lifespan Respite Programs Grant Opportunity

- Contributions of DARS Lifespan Respite Care Sustainability Committee, Lifespan Respite Care Program Coordinator, Lifespan Voucher Committee and DARS Grant Writer and Finance Project Technical Assistance
- Logic model plan for sustainability

10/15/2014
“It might seem crazy what I'm about to say
Sunshine she's here,... “ The Happy Song
Pharrell Williams

Plan for obtaining goal and implementing objectives

- Three year implementation plan
- Activities clearly outlined
- Participant responsibilities defined
- Outcomes can be evaluated
“Tomorrow will be too late, it's now or never...” It’s Now or Never, Elvis Presley

Building Long-term Sustainability in State Lifespan Respite Programs Grant

Implementation of the grant activities began September 1, 2014

1. Reopening voucher program
2. Adapting on-line respite provider training
3. Forming VCC Committees to partner with DARS on grant activities
4. Revisiting Finance Project Tool Kit
“Well, there’s thirteen hundred and fifty-two guitar pickers in Nashville…” Nashville Cats, John Sebastian, The Lovin’ Spoonful

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