

Valuing the Invaluable: Putting a Dollar Value to Family Caregiving

In 2013, about **40 million** family caregivers in the United States provided an estimated **37 billion hours** of care. The estimated value of their unpaid service was approximately **\$470 billion**.

HOW DOES FAMILY CAREGIVING COMPARE? 2013–2014 in billions

Walmart Annual Sales \$477

Family Caregiving estimated value \$470

Combined Annual Sales \$469

Apple, IBM, Hewlett Packard and Microsoft

Total Medicaid Expenditures \$449



TIME COMMITMENT



Caregivers spend an average of **18 hours per week** providing care to a family member.

60% Family caregivers caring for an adult while employed full or part time.

Provide **21+ hours** of family care per week while working a job. **22%**

FINANCIAL COMMITMENT



68%

Family caregivers who say they have to use their own money to help provide care to their relative.

39%

felt financially strained.

EMOTIONAL COMMITMENT

55%

Caregivers who felt overwhelmed by the amount of care needed for a family member.



WORK COMMITMENT

1 in 4 workers age 25+ are family caregivers.



72% workers 40+ that say allowing work flexibility for caregiving would help improve work/life balance.