2013 Oklahoma Lifespan Respite Grantees
Awarded In 2014

- **Day Break of Grove**
  Day Break of Grove is a mobile adult day care in three rural, isolated Oklahoma communities. The mobile service is being provided a minimum of 3 ½ hours per week per community. Currently, Grove, Seneca-Cayuga, and Jay are being served with the hopes of expanding into another community that demonstrates the need for respite services and willingness to provide additional resources. The program offers light physical exercise, cognitive enhancement activities, entertainment, and a nutritious meal for the care receiver while the caregiver seeks uninterrupted respite. This resourceful respite service is the only opportunity many caregivers have to get a break from their caregiving efforts.

- **Single Parent Support Network**
  This organization’s mission is to empower single parents to lead successful families and build strong communities. One of their most notable events they host is known as “Queen For The Day”. They have had two “Queen For The Day” events so far, one held in Mustang and the other in Midwest City. The grant funding focuses on supporting grandparents raising grandchildren. These creative days of respite include child care, educational programs, encouragement, and much needed pampering for some amazing grandparents that give so much of themselves every day.

- **Kingfisher Community Collaborative**
  The purpose of the collaborative is to support current community based respite efforts while at the same time supporting the development of new respite programs in hard hit rural counties that are considered ‘child care poor’ and have no current respite programs for children with special needs. This opportunity gives exhausted caregivers an opportunity for respite when the caregivers have no means of family or friends willing to provide care for their child with special needs. The collaborative is providing much needed respite at no charge once a month for a 3 hour session to eligible caregivers in Tulsa, Enid, Mustang, and Shawnee. Two new communities are being pursued to provide additional respite in Watonga and Kingfisher.
• **Daily Living Centers**
  Daily Living Centers provide adult day services in four locations in Edmond, Oklahoma City, and Bethany. The allocated grant funding expands adult day services into overnight respite services for caregivers. This gives caregivers the opportunity to have an extended time of respite, up to three nights. The funding can also be used to provide gift cards to caregivers that may need immediate services and who don’t have the personal funds to pay the private pay rate for attendance. They, then, can experience the adult day services and see if it’s right for them. The gift cards cover up to five days at the adult day facilities. This is sure to lessen some of the daily stressors caregivers encounter.

• **OU Sooner SUCCESS**
  DHS and OU Sooner SUCCESS have entered into a contractual agreement to transition the Lifespan Respite Grant Voucher Program from DHS Aging Service to the OU Sooner SUCCESS. **The Lifespan Respite Grant Voucher Program provides respite services for caregivers who do not qualify for other respite programs.** The grant funding provides $400 vouchers every 3 months to caregivers for respite relief. OU Sooner SUCCESS is also partnering with those providing educational opportunities for caregivers to use educational vouchers to attend the trainings. The respite vouchers are essential for many caregivers to continue their heroic efforts.

For additional information:
Nadine Walter
Lifespan Respite Grant Manager
nadine.walter@okdhs.org

---

This grant is supported, in part, by grant number 90LR0032 from the U.S. Administration for Community Living, Department of Health and Human Services, Washington, D.C. 20201. Grantees undertaking projects under government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official Administration for Community Living policy.