**What Do You Want to Sustain?**

**VISION AND DESIRED RESULTS**

To promote, support and enhance access to quality respite care options throughout Massachusetts that enhance the lives of individuals and families with special needs; so that every individual, caregiver, or family needing respite services will have access to a seamless, statewide system that provides quality, individualized respite services that meet their needs.

- Develop a website that has a webmaster
- Policy Recommendations
- Best Practices
- Awareness Campaigns (business community, providers, caregivers, colleagues, legislative)
- Organizational Infrastructure
- Fundraising (for MLRC and services)
- Advocacy
- TA to other agencies/training
- Curricula
- Regular and ongoing contributors to statewide call centers and I&R centers
- The coalition will be sustaining and independent

**CONDITIONS AND CAUSES**

- Community/stakeholders lack of awareness of respite and MLRC
- Services fragmented and silo'ed
- Caregiving and respite are not priorities
- Lack of funding
- Lack of clearinghouse for best practices
- No standards for respite or respite workers in Massachusetts
- Lack of independent funding sources
- Lack of independent identity of MLRC
- Lack of resources with growing number of consumers
- Lack of information regarding caregiver issues
- Lack of training for workforce

**STRATEGIES**

- Organizational infrastructure
- Coalition sustaining and independent
- Awareness
- Policy Recommendations
- Best Practices
- Fundraising
- Advocacy
- TA with other agencies
- Contribute to statewide I&R

**How Will You Measure Your Progress?**

**INDICATORS**

1. The MLRC is self-sustaining
2. Respite is a key component of long term care service system
3. An increased number of consumers will be accessing respite services
4. Respite services are recognized at a policy level
5. Through information sharing among state and private agencies and family caregivers, respite information and referral will be readily available to family caregivers

**PERFORMANCE MEASURES**

**INDICATOR 1:**
- The MLRC will complete a sustainability plan by September 15, 2014
- The MLRC will convene a Board of Directors by September 30, 2014
- The MLRC will identify and decide on an organization design by December 31, 2014.
- During Months 1-3, the MLRC will begin implementing strategic financing process
- During Months 1-6, the MLRC will establish three regional coalitions throughout the state.
- By July 1, 2015, the MLRC will raise $__________.

**INDICATOR 2:**
- The MLRC will produce and distribute one PSA by November 1, 2014
- The MLRC will develop an updated MLRC brochure by September 1, 2014
- The MLRC will attend 10 meetings/conferences per year to distribute materials
- The MLRC will establish a relationship with an academic partner who will agree to conduct research that would document increased wellness for caregivers and the decreased likelihood of institutionalization, neglect and mistreatment of care recipients by June 30, 2015

**INDICATOR 3:**
- The MLRC will contribute to the ADRC Options Counselor database by meeting with regional ADRC staff once per year
- The MLRC will advocate for respite provider information to be added to 1 to 2 existing provider directories
- Two MLRC staff will be trained to implement the REST trainings
- The MLRC will submit The Respite Project curriculum for trademarking by December 31, 2014

**INDICATOR 4:**
- The MLRC will identify and visit 3 state legislative supporters of respite by October 1, 2014

**INDICATOR 5:**
- The MLRC will sponsor the CARE Conference annually for family caregivers
- The MLRC will sponsor a Respite Summit for providers to highlight best respite practices annually
- The MLRC will offer training to regional coalition leadership on system navigation annually
- The MLRC will refine existing tools for respite data collection by June 31, 2015