ARCH Update

Lifespan Respite Grantee and Partner Learning Symposium

October 18, 2013
ARCH Resources and Tools

- Fact Sheets
- Guidebooks and Manuals
- Webinars
- Conference Calls
- State Lifespan Respite Summits
- Individual Phone/Email Technical Assistance
- ARCH Quick News Updates
- National Respite Locator Service
Finding Respite Providers or Programs

How do I choose a respite provider or adult day care program?

For guidance in selecting a respite provider or program, read the ABCs of Respite before you get started. Use respite frequently and as early in your caregiving experience as possible.

Where can I find respite providers or programs for a child, adult or older person with a specific condition in my state?

For a list of respite programs in your state, click here.

Where else can I find respite providers or answers to other questions about respite in my area (e.g., how to start a respite program; licensing or regulatory issues; provider training opportunities)?

Minnesota Lifespan Respite Program

Contact:
Kari Benson
Minnesota Board on Aging
540 Cedar Street
St Paul, MN 55104
651-348-2250
Kari.benson@state.mn.us

Program Description, click here.

If your state has a State Respite Coalition, it will be listed here: (See Lifespan Respite Contact above).

Additional Information

Other than respite, what other supports and services are available and how do I find out if the person in my care might be eligible for them?

Minnesota Help provides a resource database that contains information on the community services individuals and communities need to sustain and improve their daily lives. Click here.

Family Care Navigator, hosted by the Family Caregiver Alliance, is a comprehensive state-by-state searchable data base that provides a list of government and private services and supports for family caregivers and care recipients. Click here.

National Dissemination Center for Children with Disabilities provides a state-by-state searchable data base of state government and private organizations serving children with disabilities. Click here.

National Resource Center for Participant Directed Services: If the person with this condition is eligible for Medicaid, they may qualify for financial assistance that can be used to purchase necessary home and community-based services and supports, including payment to the family caregiver or to pay for respite. Such programs are sometimes known as cash & counseling, consumer or participant-directed programs, or other names selected by the state. Check out the Center’s program map for a list of programs and contact information.

Easter Seals: Many local affiliates of Easter Seals

Respite Funding and Eligibility

How can I pay for respite services? Am I or the person I care for eligible for respite services provided by any state or federal program?

1) Family Caregiver Support Program:
Respite is one of the supports offered through the State’s Family Caregiver Support Program. Individuals eligible for respite care under this program are:

- Family caregivers providing care for individuals age 60 or older;
- Family caregivers providing care for individuals with Alzheimer disease and related disorders, regardless of age; or
- Grandparents and other relatives caring for children under age 18; or
- Grandparents and other relatives caring for adults age 18-65, with disabilities, to whom they are related by blood, marriage, or adoption.
- Tribal Organizations can set a lower age than 60 for members to be considered as elders eligible for services.

Family Care Navigator, hosted by the Family Caregiver Alliance, is a state-by-state searchable data base, provides eligibility and contact information for the Family Caregiver Support Program in each state. Click here.

2) Medicaid Waivers that pay for Respite:

Medicaid waivers provide the largest federal source of funding assistance for respite. Each State develops their own waiver eligibility criteria and conditions for specific populations. Waivers are subject to federal approval. To see if your state has a Medicaid waiver that you or your family member may qualify for, click here for your state's Medicaid Waivers program.

Keep in mind that many states maintain waiting lists for Medicaid Waiver services. It is not an automatic entitlement, as is the regular Medicaid State Plan program, although some states may be converting their Medicaid waivers to state plan benefits.

3) Other Possible Public Funding Sources and Eligibility Information:

Minnesota Public Funding Chart

If you do not qualify for funding under the Family Caregiver Support Program or any of the Medicaid Waivers described above, check this table for other possible state funding sources.

Many states fund respite programs with state or federal funds, either alone or in partnership with private organizations. Such programs are generally designed to serve one or more specific populations, such as the aging, infants and toddlers, adults of color with physical or developmental disabilities, children with special health care needs, adults with mental health conditions; kinship care providers; children in state custody or foster parents. Funding for these programs is generally limited and may depend on annual appropriations. Programs may be de-funded or eliminated altogether in times of fiscal crisis. This information obtained here was gathered from the Internet, from phone interviews or e-mail communication. Information has been verified to the extent possible, but because of frequent legislative and programmatic changes, you should check the state website or call the state agency to confirm that the information is up to date. If you find the information to be incorrect or incomplete, please alert Jill Ragan.

4) If the person you are caring for is a veteran and you are the family caregiver in need of support, call the Caregiver Support Line at 1-855-260-3274 or click here to visit the VA Caregiver Support website.
New and Expected Products

- Public State Funding Tables, 2013 Update
- Fact Sheets
  - Respite for Medically Fragile Children
  - Respite for Individuals with Intellectual and Development Disabilities
State Respite Coalition Fact Sheets

- Last updated in 2011
- Distinguish from Lifespan Respite grant activities tables
- Process for getting the information
STATE FACT SHEET

NORTH CAROLINA RESPITE CARE COALITION

Start-Up Process

- The NCRCC began in 1996 as a follow up to that year’s National Respite Conference hosted by ARCH. A grassroots group of providers and family members took the knowledge and excitement about respite programs and coalitions and returned to NC with a dedicated purpose.

Structure

- The NCRCC is housed at a statewide nonprofit agency that functions as its fiscal agent. There is a board of directors and local leadership roles for each of three regions and chapters.

Staff

- A paid part-time Director and Coordinator manage the coalition while also serving in other capacities at the nonprofit agency.

Funding

- The NCRCC staff positions are funded by Easter Seals UCP North Carolina and VA, where the coalition is housed.

- Membership dues are paid on an annual basis and those dollars assist with supporting meetings and some supports for family members to travel and attend events.

- Fundraising through a silent auction at the state respite conference have supported respite for a number of families who had no other resources.

Membership

- Over 100 individuals actively participate statewide in the NCRCC. This participation covers three regions of the state and is growing with the inclusion of chapters.

Meetings and Communication

- Meetings are held in the regions on a quarterly basis. Local chapters meet between the quarterly meetings. There are two state meetings each year.
ARCH Focus

- Performance Measurement and Data Collection
- Sustainability TA
- Promoting Respite Research
New Topics

- Respite for Veterans
  - In consultation with Veterans' Health Administration
- Respite for Individuals with Alzheimer’s
  - In collaboration with ACL/AoA activities for completion under the National Alzheimer’s Project Act
What are your TA Needs

Top Three

- Respite for a Specific Population
- Public Messaging
- Respite Registries
- Respite Provider Training
- Performance Measurement
- Service Delivery Options (e.g. voucher, volunteer, faith-based)
- Coalition Building

Formats

- Fact Sheets
- Guidebooks
- Webinars
- Conference Calls
- State Lifespan Respite Summits
- Individual Phone/Email TA
Any Questions?